



NOTICE SCHOOL OF NURSING

Ref. No: AJU/SON/373/26

Date: 16/09/2026

This is to inform all that the **School of Nursing** in association with the **Centre for Capacity Building & Human Resource Development (CCHRD)** ARKA JAIN University, is organizing an **Expert Session** on the occasion of **World Heart Day 2026** on the topic **Healthy Heart: Understanding Heart Health and Prevention**. The session will be delivered by **Dr. Sanjay Shrivastava**, HOD, Medicine, **Tata Motors Hospital** and **Dr. Ayush Kumar**, General Physician, **Tata Motors Hospital** on 28/09/26 from 1:30pm onwards at Aryabhata, JEH Auditorium.

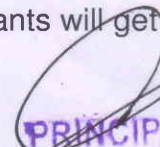
After the session the learner will be able to;

- Explain measures to promote and maintain a healthy heart.
- Identify major risk factors associated with cardiovascular diseases.
- Describe preventive measures for cardiovascular diseases.
- Analyse the impact of healthy lifestyle practices on cardiovascular health.
- Apply appropriate heart-healthy practices for the prevention of cardiovascular diseases.

All concerned faculty members and students are requested to attend the session and actively participate in this educational programme, participants will get certificate.


Co-Convener
Prof. Shilpa J
Vice Principal
School of Nursing
ARKA JAIN University


Convener
Dr. Charu Wadhwa
CCHRD, ASSISTANT DIRECTOR
ARKA JAIN University


Principal
School of Nursing
ARKA JAIN University
16/09/26

Event Coordinators

Mr. Rohit Paul Lakra (Nursing Tutor)

Ms. Neelu Rachna Toppo (Nursing Tutor)

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