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ARKA JAIN
University
Jharkhand



SCHOOL OF COMMERCE & MANAGEMENT

Department of Commerce

NOTICE

Ref No: AJU/SCoM/DoC/2026/095

Date: 01.04.2026

Department of Commerce, B.COM (H) in association with EmpathLab, is organizing a **5-Day Faculty Development Program (FDP)** titled "Building Social Awareness and Mental Well-being in Academic Ecosystems" for all the faculty members and research scholars.

Details:

Date – 06th April - 11th April 2026

Time – 06:00 PM onwards

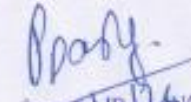
Mode – Online, Google Meet Platform

Registration Link: <https://forms.gle/rHSebAzpDy5oaR9x7>

Event Coordinator: Dr. Rama Singh

 Program Co-ordinator
School of Commerce & Management

Dr. Ankita Singh
Program Coordinator
B.COM (H)


Assistant Dean (UG)
School of Commerce and Management
Arka Jain University, Jharkhand

Dr. Pompi Das Sengupta
Asst. Dean (UG)
School of Commerce and Management

Copy for the information:

1. PS to the Vice-Chancellor
2. PS to the Director
3. PS to the Registrar
4. Controller of Examinations
5. In charge Web services for Website Updation
6. Notice Board
7. Guard File

FACULTY DEVELOPMENT PROGRAM (FDP) ON BUILDING SOCIAL AWARENESS & MENTAL WELL-BEING IN ACADEMIC ECOSYSTEM

Date of Event	06th April to 11th April 2026
Name of the Event	Faculty Development Program (FDP) on Building Social Awareness & Mental Well-being in Academic Ecosystem
Type of the Event	Faculty Development Program (FDP)
Event Co-ordinator	Dr. Rama Singh
Conducted by	Department of Commerce
No. Of Participant	20

OBJECTIVE

The primary objective of the Faculty Development Program was to enhance awareness among faculty members and research scholars regarding the importance of social responsibility and mental well-being within academic ecosystems. The program aimed to equip participants with practical strategies to foster a supportive, inclusive, and emotionally resilient educational environment. Additionally, it focused on aligning teaching practices with the principles of value-based education as per NEP guidelines, thereby improving the overall quality of academic engagement and student well-being.

DETAILS

The Department of Commerce, School of Commerce and Management, ARKA JAIN University, in association with EmpathLab, organized a 5-Day Faculty Development Program (FDP) titled "Building Social Awareness and Mental Well-being in Academic Ecosystems." The program was conducted from 06th April to 11th April 2026 in online mode via Google Meet, with sessions. The FDP was designed specifically for faculty members and research scholars, aiming to integrate value-based education principles as per NEP- into teaching-learning practices. The sessions covered critical themes such as emotional intelligence, mental health awareness, stress management, inclusive education and the role of educators in promoting social consciousness among students. Expert speakers and trainers from EmpathLab delivered interactive sessions, combining theoretical insights with practical activities.

Participants engaged in discussions, case-based learning, and reflective exercises that emphasized real-world application in academic settings. The program also encouraged active participation through collaborative learning and experience sharing among attendees.

5-Day Schedule along with Meeting Links:

Day & Date	Speaker	Topic	Meeting link
Day1- 06-04-2026	Ms. Komal Virvani (School Counselor & Certified Career Counselor, Dubai)	Understanding Psychological well-being	Meeting link
Day2- 07-04-2026	Ms. Upasana Shil (Registered Clinical Psychologist, Member – American Psychological Association)	Identification of Psychological signs and Symptoms- for Self and Students in the Academic Ecosystem	Meeting Link
Day3- 08-04-2026	Ms. Bavleen Sahota (Counselling Psychologist, Eclectic Approach)	Supporting Students: Practical Skills for Faculty	Meeting link
Day4- 09-04-2026	Ms. Kajree Korde (Assistant Professor, Vishwakarma University; Counseling Psychologist; Therapeutic Arts Facilitator)	Enhancing Faculty Well-being: Self-Care, Mindfulness & Relaxation	Meeting Link
Day5- 10-04-2026	Ms. Vaishnavi Saravanaprasad (Assistant Professor, SVKM's Mithibai College; Diploma in Counseling; Certified CBT & REBT practitioner)	Fostering a Supportive and Inclusive Academic Environment	Meeting Link

The event was convened by Dr. Pompe Das Sengupta (Assistant Dean, UG) and Dr. Ankita Singh (Program Coordinator), with Dr. Rama Singh (Associate Professor) serving as the Faculty Coordinator.

TAKEAWAYS

➤ Enhanced Knowledge

Participants gained a deeper understanding of mental health issues, emotional well-being, and their significance in academic environments. The program highlighted innovative approaches to incorporate social awareness and value-based education into classroom teaching, aligning with NEP objectives.

➤ Professional Development

The FDP provided an opportunity for faculty members to upgrade their pedagogical skills by integrating empathy-driven teaching methods. It enhanced their ability to address students' psychological and emotional needs effectively.

➤ Practical Exposure

Through interactive sessions, real-life case discussions, and experiential activities, participants developed practical strategies for managing stress, fostering inclusivity, and building a positive academic culture.

➤ Collaborative Learning & Networking

The program facilitated meaningful interaction among educators and experts, promoting knowledge sharing and professional networking. Participants exchanged ideas, best practices, and experiences, contributing to a richer learning experience.

Poster of the Event










Department of Commerce in Association with EmpathLab

Organizes

VALUE BASED EDUCATION AS PER NEP

FACULTY DEVELOPMENT PROGRAM ON BUILDING SOCIAL AWARENESS & MENTAL WELL-BEING IN ACADEMIC ECOSYSTEM

TARGET PARTICIPANTS: FACULTY MEMBERS & RESEARCH SCHOLARS

REGISTRATION FEE: RS 300

Date 06-11TH APRIL
Mode ONLINE
TIME 6PM ONWARDS

CONVENER:

DR. POMPI DAS SENGUPTA
ASST DEAN SCOM(UG)

DR. ANKITA SINGH
PROGRAM COORDINATOR

FACULTY COORDINATOR
DR. RAMA SINGH
ASSOCIATE PROFESSOR

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  arkajainuniversity
  1800-1200-200

Figure 1: Poster of FDP

Photos of the Event

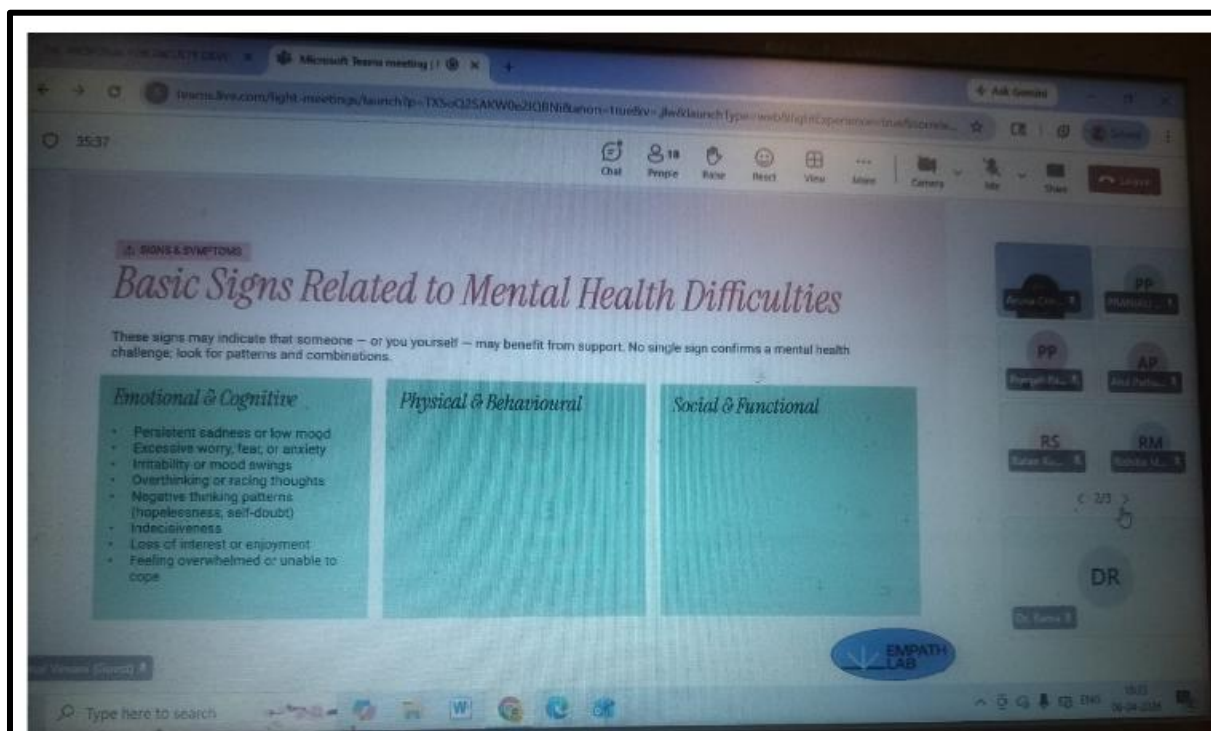


Figure 2: Photo during the session on Mental Health

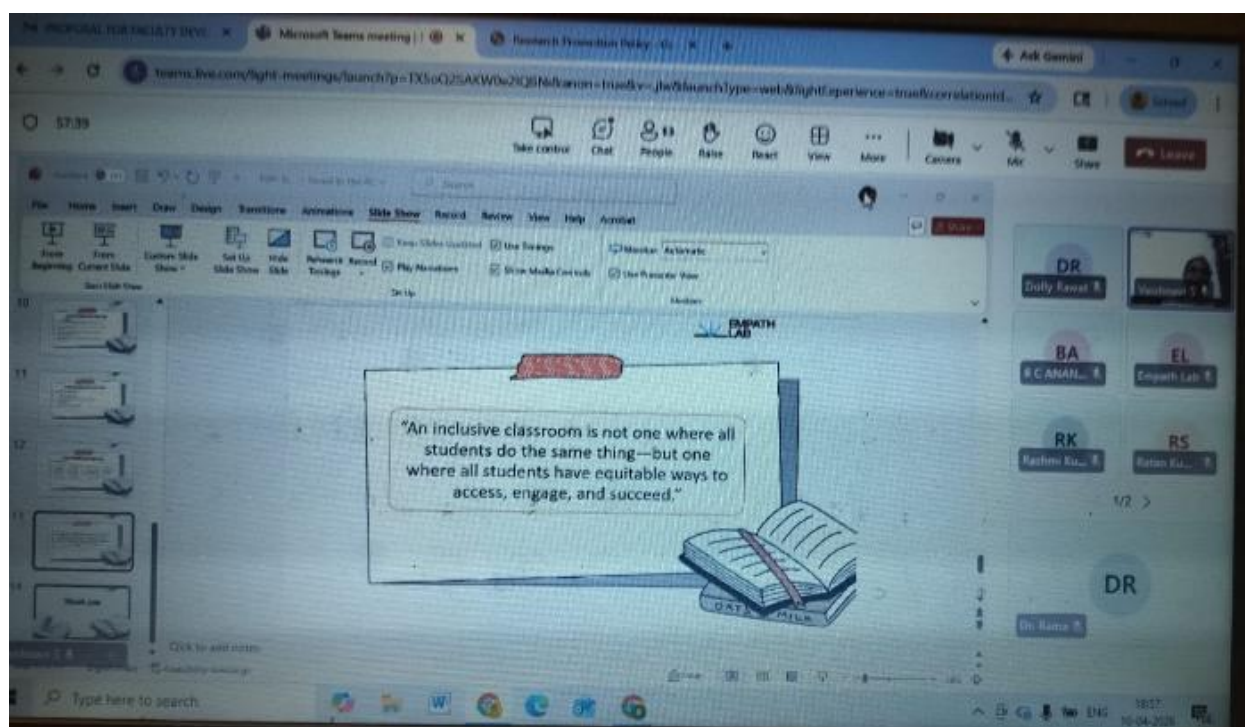


Figure 3: Photo during the session on Inclusivity in classroom

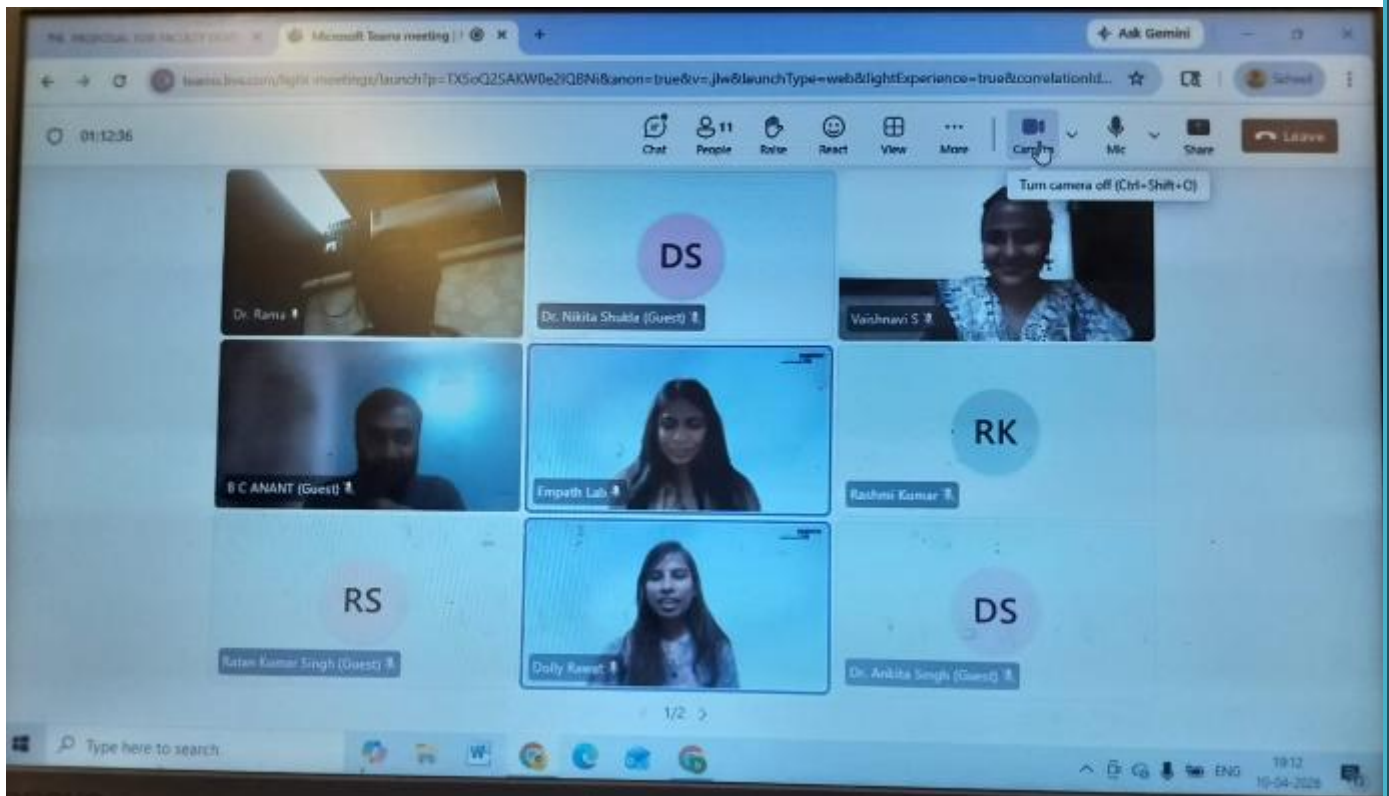


Figure 4: Q&A session during the FDP



Figure 5: Ms. Bavleen Sahota, Counselling Psychologist

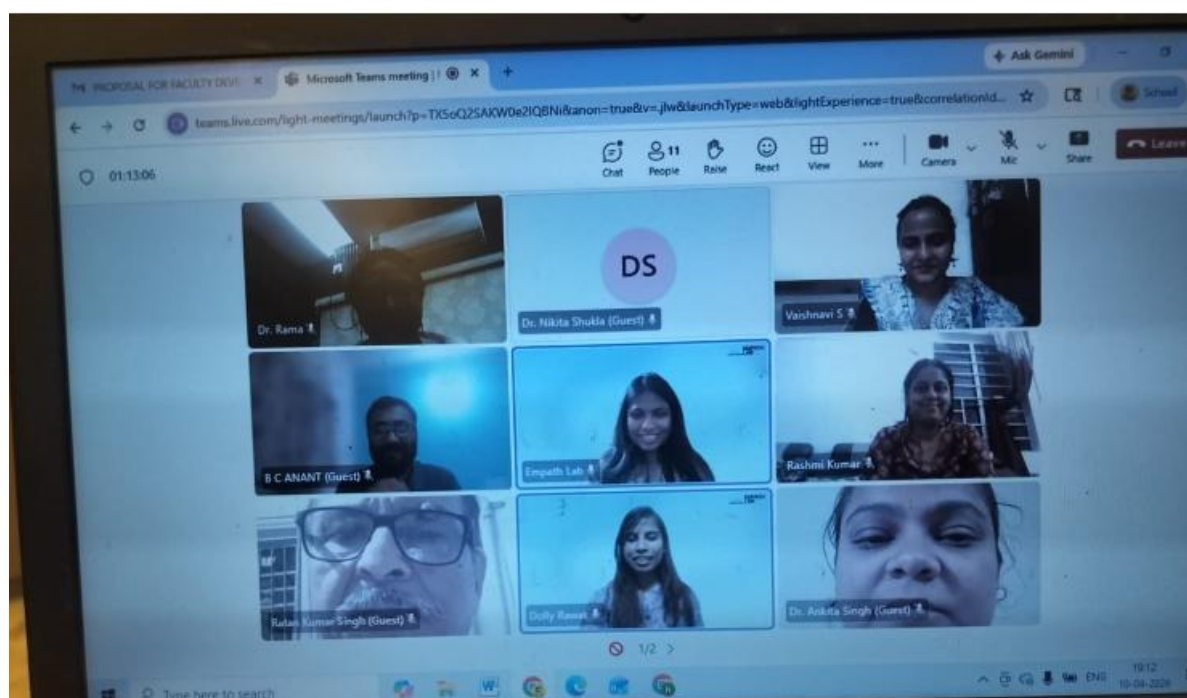


Figure 6: Faculty interaction during the FDP session

Attendance Sheet

 ARKA JAIN University Jharkhand 				
Department of Commerce				
Event Name: Value Based Education as per NEP - FDP on Building Social Awareness and Mental Well Being in Academic Ecosystem				
Duration - 06th - 11th April 2026				
Sl No.	Faculty Name	Employee ID	Department	Signature
1	Dr. Pooja Das Singh	ARKA/ATU/1427	MANAGEMENT	<i>Pooja</i>
2	Dr. Anurag Singh	ARKA/ATU/1003	COMMERCE	<i>Anurag</i>
3	Dr. Ramesh Singh	ARKA/ATU/1212	COMMERCE	<i>Ramesh</i>
4	Priyanka Bera	ARKA/ASU/1473	SCOM	<i>Priyanka</i>
5	Najish Shahid	ARKA/ASU/1199	SCOM	<i>Najish</i>
6	Dr. Anurag Singh	ARKA/ASU/1170	SCOM (MBA)	<i>Anurag</i>
7	Dr. Vivek Singh	ARKA/ASU/1882	COM	<i>Vivek</i>
8	Atul Pattnaik	ARKA/ASU/1103	Management	<i>Atul</i>
9	Rishika Modi	ARKA/ASU/1859	Management	<i>Rishika</i>
10	Rohan Kumar Jha	ARKA/ASU/1553	Management	<i>Rohan</i>
11	DR. PARTHA PRIYA DAS	ARKA/ASU/1556	MANAGEMENT	<i>Partha</i>
12	Dr. Sanjay Jha	ARKA/ASU/1131	Sanjay Jha	<i>Sanjay</i>
13	Monali Pandey	ARKA/ASU/1854	Management	<i>Monali</i>
14	Ratan Kumar Singh	ARKA/ATU/1042	SCOM	<i>Ratan</i>
15	B C ANANT	ARKA/ASU/1715	SCOM	<i>B C Anant</i>
16	Ujjwal Prakash	ARKA/ASU/1921	Management	<i>Ujjwal</i>
17	Dr. Rashmi Kumari	ARKA/ATU/1707	Management	<i>Dr. Rashmi</i>
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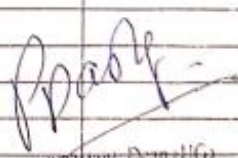

 Assistant Dean (CG)
 School of Commerce and Management
 Arka Jain University, Jharkhand

Figure 5-: List of Participants