CIRCULAR

ARKA JAIN University Jharkhand

NAAC GRADE A

SCHOOL OF ALLIED HEALTH SCIENCE

DEPARTMENT OF OPTOMETRY

CIRCULAR

Ref. No: AJU/SOHAS/119/2026 **Date: 08-04-2026**

It is to notify all the students that the Department of Optometry, School of Allied Health Science, is organizing a Skill Development Program titled "Vision Mastery Workshop: Scleral & Ortho-K Excellence."

All students are instructed to attend this workshop to enhance their clinical competencies in specialty contact lenses and gain valuable insights from our esteemed guest speakers. Students are requested to comply with the same and ensure active participation.

Event Details:
Date: 16th & 17th April 2026
Time: 10:00 am onwards
Venue: JEH Auditorium A-Block

Guest Speakers:
Mr. Gagan Sahni – Director, Silverline Laboratories, New Delhi, India
Mohd Tahseen Raza Khan – Professional Services, VisiXpert

Sarbojeet Goswami
HOD & Assistant professor
Department of Optometry
School of Allied Health Science

HOD
Department of Optometry
School of Allied Health Science

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Class Coordinators
Allotted Teachers
ERP Coordinator
Website Incharge
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VISION MASTERY WORKSHOP: SCLERAL & ORTHO-K EXCELLENCE

Date of Event	**16.04.2026 to 17.04.2026**
Name of the Event	**Vision Mastery Workshop: Scleral & Ortho-K Excellence**
Type of the Event	**Professional Skill Development Program**
Conducted by	**Ms. Parna Dhara, Department of Optometry, ARKA JAIN University in association with MoU partner Silverline Laboratories, New Delhi**
No. Of Participants	**55**

OBJECTIVE:

The workshop aimed to enhance clinical knowledge and practical skills in advanced contact lens practices, specifically focusing on scleral lenses and orthokeratology (Ortho-K). It was designed to provide participants with hands-on exposure, improve fitting techniques, and understand modern advancements in specialty contact lenses. The program also intended to bridge the gap between theoretical knowledge and real-world clinical application.

DETAILS:

Department of Optometry, School of Allied Health Science, ARKA Jain University, in association with MoU partner Silverline Laboratories, New Delhi successfully organized a two-day "Vision Mastery Workshop: Scleral & Ortho-K Excellence" on 16th and 17th April 2026 at the JEH Auditorium, A-Block. The workshop commenced at 10:00 AM, with the inaugural ceremony formally beginning at 11:30 AM. The event started with a ceremonial lamp lighting, symbolizing the pursuit of knowledge and academic excellence. The ceremony was graced by Dr. Angad Tiwari, Pro-Vice Chancellor, and Mr. Jabir Singh Dhanjal, Joint Registrar, along with esteemed faculty members of the Department of Optometry, ARKA Jain University. Their presence added significance to the occasion and encouraged participants to actively engage in the learning process. Several other participants joined from other organizations and institute of Jamshedpur and Ranchi. The workshop featured expert-led sessions by distinguished professionals in the field. **Mr. Gagan Sahni, Director of Silverline Laboratories, New Delhi**, shared his extensive experience and expertise in specialty contact lenses, focusing particularly on scleral lens design, fitting philosophies, and clinical applications. **Mr. Mohd Tahseen Raza Khan from Professional Services, VisiXpert,** delivered insightful sessions on orthokeratology (Ortho-K), highlighting its role in myopia control, patient selection, and practical fitting strategies. The academic sessions were carefully structured to include a blend of theoretical knowledge and practical exposure. Topics covered included advanced contact lens technologies, scleral lens fitting techniques, ortho-k principles, and recent

innovations in specialty lenses. The sessions also incorporated case-based discussions, allowing participants to analyze real-life clinical scenarios and develop problem-solving skills. Hands-on demonstrations were a key highlight of the workshop, where participants observed and learned essential procedures such as lens selection, fitting assessment, fluorescein evaluation, and troubleshooting of common complications. Emphasis was also placed on patient management, follow-up care, and ensuring optimal visual outcomes. The interactive nature of the workshop encouraged active participation, with attendees engaging in discussions, asking questions, and clarifying clinical doubts. The program proved to be highly beneficial for students, interns, and professionals, enhancing both their theoretical understanding and practical competence in specialty contact lens practice. Overall, the workshop was a comprehensive and enriching academic experience that successfully bridged the gap between classroom learning and clinical application in modern optometry practice.

TAKEAWAY (OUTCOMES):

The workshop enhanced participants' understanding of scleral and orthokeratology lens concepts while improving their clinical skills in specialty contact lens fitting. It provided valuable exposure to real-world case scenarios and helped develop effective problem-solving techniques. Additionally, it increased awareness of recent advancements in contact lens technology and strengthened practical knowledge essential for professional optometry practice.

POSTER OF THE EVENT

PHOTOS OF THE EVENT

Fig.1- Lamp Lighting Ceremony.

Fig. 2- Faculties, students & Practitioner attending the Program

Fig. 3- Mr. Gagan Shahani briefing about Scleral and ortho-k lens

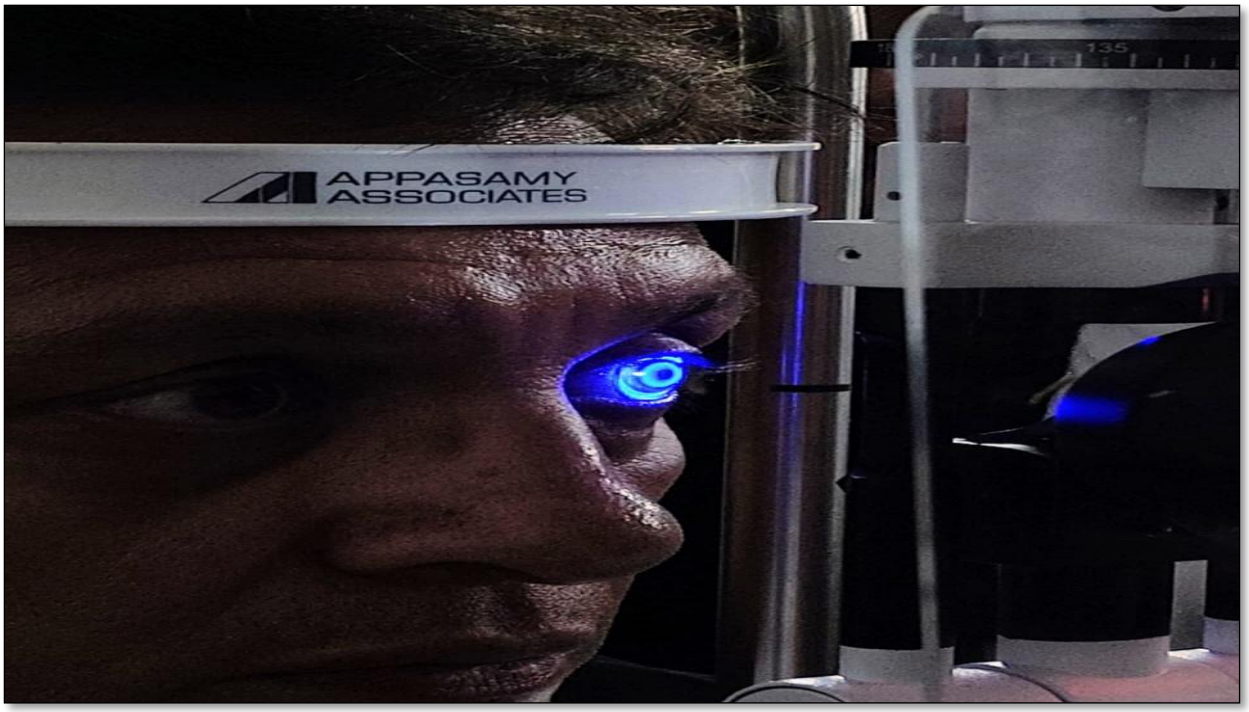

Fig. 4- Fitting assessment of ortho-k lens

LIST OF PARTICIPANTS

ARKA JAIN University Jharkhand | NAAC GRADE A

SCHOOL OF ALLIED HEALTH SCIENCE
DEPARTMENT OF OPTOMETRY
Attendance Form

Name of the Event: Vision Mastery workshop: Scleral & Ortho-K excellence

Date of the Event: 16th ~~April~~ April 2026 TO 17th April 2026

SL NO.	Name of the Candidate	Signature	Feedback: How would you like this session/event?					Feedback: The speaker explained the topic clearly		Feedback: Would you like to attend this type of session/ event in future		Attendance						
			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
1	Mantu kumar	Mantu		✓				✓		✓								
2	Akash kr soni	Akash		✓				✓		✓								
3	Rahul yadav	Rahul		✓				✓		✓								
4	GOURAV MAHALI	Gourav		✓				✓		✓								
5	Niraj Kumar	Niraj		✓				✓		✓								
6	Ishan Kishan	Ishan		✓				✓		✓								
7	Santhak Anand	Santhak		✓				✓		✓								
8	Raja Maharaj	Raja		✓				✓		✓								
9	Ayush kumar	Ayush		✓				✓		✓								

* E=Excellent, VG=Very Good, G=Good, A=Average, P=Poor

Signature of Head-HOD
Department of Optometry
School of Allied Health Science

Parna Dhara
Signature of Event Coordinator

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			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
10.	Nitu Kumari		✓					✓		✓								
11.	Riya Mandal		✓					✓		✓								
12.	Asif PTG		✓					✓		✓								

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			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
13.	Ankit Kushwaha	Ankit	✓					✓		✓								
14.	Ujjwal Jaiswal	Ujjwal	✓					✓		✓								
15.	Rishi Dev Rishabh	Rishabh	✓					✓		✓								
16.	Sandeep kr mahto	Sandeep	✓					✓		✓								
17.	Vivekanand Nupur Oraon		✓					✓		✓								
18.	Suman Kumari	Suman	✓					✓		✓								
19.	Sonali Mahato	Sonali	✓					✓		✓								
20.	Alankrit kr. Dubey	Alankrit	✓					✓		✓								
21.	Alok Kumar	alok kumar	✓					✓		✓								
22.	Kanak Deep	Kanak	✓					✓		✓								
23.	Himanshu Ranjan		✓					✓		✓								

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			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
24.	Shreya Suman	Shreya	✓					✓		✓								
25.	Khushi Raj	Khushi	✓					✓		✓								
26.	Nilakshi	Nilakshi	✓					✓		✓								
27.	Md Farhan Faizal	Farhan	✓					✓		✓								
28.	Mohammad Nadir	Md. Nadir	✓					✓		✓								
29.	Anisha Kumari	Anisha	✓					✓		✓								
30.	Sajida Parvin	[illegible]	✓					✓		✓								
31.	Muskan Kumari	Muskan	✓					✓		✓								
32.	Shristi Kumari Gupta	Shristi	✓					✓		✓								
33.	Musarrat Parveen	Musarrat	✓					✓		✓								
34.	Gagan Kumar	Gagan	✓					✓		✓								

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			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
35.	Varsha Verma	Varsha Verma						✓		✓								
36.	Anjali Kumari	Anjali Kumari						✓		✓								
37.	Bansri Bera	Bansri	✓					✓		✓								
38.	Shammi	Shammi	✓					✓		✓								
39.	Shivani	Shivani	✓					✓		✓								
40.	Madhu	Madhu	✓					✓		✓								
41.	Shantism	Shantism	✓					✓		✓								
42.	Iqbal	Iqbal	✓					✓		✓								
43.	Rehan	Rehan	✓					✓		✓								
44.	Yousuf	Yousuf	✓					✓		✓								

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24.	Shreya Suman	Shreya	✓					✓		✓								
25.	Khushi Raj	Khushi Raj	✓					✓		✓								
26.	Nilakshi	Nilakshi	✓					✓		✓								
27.	Md. Fazhan Fazal	Md Fazhan	✓					✓		✓								
28.	Mohammad Nadir	Md. Nadir	✓					✓		✓								
29.	Anrisha Kumari	Anrisha	✓					✓		✓								
30.	Sajida Praveen	[illegible]	✓					✓		✓								
31.	Muskan Kumari	Muskan	✓					✓		✓								
32.	Shristi Kumari Gupta	Shristi	✓					✓		✓								
33.	Musarrat Parveen	Musarrat	✓					✓		✓								
34.	Gagan Kumar	Gagan	✓					✓		✓								

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