

CIRCULAR

ARKA JAIN
University
Jharkhand

NOTICE

SCHOOL OF NURSING

Ref No: AJU/SON/116/26

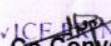
Date: 26/02/2026

This is to inform all students that the School of Nursing, ARKA JAIN University will observe **World Obesity Day – 2026** on **02 March 2026** at **Mohanpur Village** from **10:00 AM** onwards. The programme will be conducted under the theme **"8 Billion Reasons to Act on Obesity."** The event is being organized in association with the **Student Nurses' Association of India (SNAI)**, **NCC** and under the flagship of **Unnat Bharat Abhiyan (UBA)**, as an extension activity.

The programme aims to create awareness about obesity prevention, healthy lifestyle practices, balanced diet, and the importance of regular physical activity. The activities will include:

- Health education session
- Interactive session on lifestyle modification

All students are instructed to actively participate and to come in proper uniform and maintain discipline throughout the programme.


Vice-Chancellor
Co-Convenor
Prof. Shilpa J.
Vice Principal


Principal
Prof. Gini Anie Joseph
Principal
School of Nursing

Event Coordinators:

Ms. Rishali (Nursing Tutor) 
Ms. Priti Kumari (Nursing Tutor) 

Copy to:

PS to Vice Chancellor
PS to Pro Vice Chancellor
PS to Director
Office of the Registrar
IQA Cell
Dean/PC of University Campus
Office Record
Notice Board
In Charge website
ERP Co-ordinator

WORLD OBESITY DAY

Date of Event	02.03.2026
Name of the Event	World Obesity Day
Type of the Event	Extension Activity
Conducted by	School of Nursing , ARKA JAIN University
No. Of Participants	25

OBJECTIVE:

To educate the community on healthy dietary practices and regular exercise, promote early prevention of obesity-related complications such as diabetes, hypertension, and heart disease and encourage positive lifestyle modifications among individuals and families.

DETAILS:

The School of Nursing, Arka Jain University, celebrated World Obesity Day 2026 on 2nd March 2026 at Mohanpur Village under the theme “**8 Billion Reasons to Act on Obesity**” in association with **Student Nurses Association of India (SNAI)**, NCC and under the flagship of **Unnat Bharat Abhiyan (UBA)** as an extension activity conducted by the 5th Semester B.Sc. Nursing students as part of their community health and extension activity. In this Natives of the Mohanpur Village actively participated in the programme under the guidance of faculty members. The event aimed to create awareness among the rural community regarding the causes, risk factors, prevention, and management of obesity. Various activities such as health education sessions, interactive discussions, and awareness talks were conducted. Students explained the importance of maintaining a balanced diet, engaging in regular physical activity, avoiding junk food, and adopting a healthy lifestyle. Community members were encouraged to monitor their body weight and Body Mass Index (BMI) regularly to prevent lifestyle-related diseases.

TAKEAWAY (OUTCOMES):

The programme was conducted successfully with enthusiastic participation from students and positive response from the community. It served as an effective initiative to promote healthier lifestyles and preventive healthcare practices.

POSTER OF THE EVENT



SCHOOL OF NURSING

WORLD OBESITY DAY 2026

THEME: "8 BILLION REASONS TO ACT ON OBESITY"



CO- CONVENOR
PROF. SHILPA J
VICE PRINCIPAL
SCHOOL OF NURSING

CONVENOR
PROF. GINU ANIE JOSEPH
PRINCIPAL
SCHOOL OF NURSING

EVENT COORDINATOR:
MS. RISHALI (NURSING TUTOR)
MS. PRITI KUMARI (NURSING TUTOR)

DATE: 02/03/2026 TIME: 10:00 AM ONWARDS VENUE: MOHANPUR VILLAGE

PHOTOS OF THE EVENT



Fig.1- Students Giving Health Education



Fig.2- Students Explaining about Healthy lifestyles



Fig.3- Students Explaining about the complication of obesity



Fig.4- Students Giving Health Education



Fig.5- Group Photo with Faculty and students with community people

LIST OF PARTICIPANTS

ARKA JAIN
University
Jharkhand

LIST OF PARTICIPANTS
WORLD OBESITY DAY 2026
THEME: 8 billion Reasons to Act on Obesity
SCHOOL OF NURSING, ARKA JAIN UNIVERSITY
Date- 02/03/2026

SL.NO.	NAME OF THE PARTICIPANTS	ENROLMENT NO	SIGNATURE
1	Sneh Lou	AJU/232009	Sneh
2	Rohini Hansda	AJU/232124	Rohini
3	Baby Mahlo	AJU/232038	Baby
4	Damodar Nayak	AJU/232123	Damodar
5	Divya Patra	AJU/232131	Divya
6	Aparna Dutta	AJU/232022	Aparna
7	Lipika Patel	AJU/232022	Lipika
8	Pratima Das	AJU/231982	Pratima
9	Bishal Kumar Mahabo	AJU/232070	Bishal
10	Puycastur Kumar Das	AJU/231840	Puycastur
11	Bansha Gope	AJU/231850	Bansha
12	Riya Patra	AJU/232087	Riya
13	सिमा देवी		सिमा देवी
14	अमिता मंडेल		अमिता मंडेल
15	सानी देवी		सानी देवी
16	शकुन्ता देवी		शकुन्ता देवी
17	समीर देवी		समीर देवी
18	सिद्धा देवी		सिद्धा देवी
19	मोहिनी देवी		मोहिनी देवी
20	शकुन्ता देवी		शकुन्ता देवी
21	प्रिया देवी		प्रिया देवी
22	मलावती देवी		मलावती देवी
23	चन्द्रिका मंडेल		चन्द्रिका मंडेल
24	अश्विनी देवी		अश्विनी देवी
25	समीर देवी		समीर देवी

Debi *Rishi*
SIGNATURE OF THE EVENT COORDINATOR

Principal
School of Nursing
SIGNATURE OF THE HOD
ARKA JAIN UNIVERSITY