

CIRCULAR



NOTICE SCHOOL OF NURSING

Ref. No: AJU/SON/155/26

Date: 24/03/2026

We are pleased to inform that the **School of Nursing** is organizing an **interactive session on Play Therapy, Types and Value of Play & Selection of Play Materials** to be conducted by Prof. Shilpa J, as part of the **Child Health Nursing-I** curriculum on **18th April 2025** from **2:30 PM to 3:30 PM** in **Room No. 131** for **B.Sc. Nursing 5th Semester** students (Session 2023–2027).

The session will be delivered using a **Game-Based Learning Approach**, designed as an **engaging and experiential learning activity** to enhance students' understanding of play therapy techniques in pediatric nursing care. This method aims to bridge theoretical knowledge with practical application by promoting active participation, critical thinking, and collaborative learning among students.

All students are instructed to attend the session in proper uniform and actively participate in the activities. Your enthusiastic involvement will contribute to making this learning experience effective and meaningful.


Vice Principal
School of Nursing
ARKA JAIN University


Principal
School of Nursing
ARKA JAIN University

Event Coordinators:
Prof. Shilpa J (Vice Principal)

Copy to:

PS to Vice Chancellor
PS to Pro Vice Chancellor
PS to Director
Director Campus/DSW
Office of the Registrar
IQA Cell
Dean/PC of University Campus
In charge website
Office Record
ERP Coordinator

INTERACTIVE SESSION ON PLAY THERAPY, TYPES AND VALUES OF PLAY & SELECTION OF PLAY MATERIALS

Date of Event	18.04.2026
Name of the Event	Interactive Session on Play Therapy, Types and Values of Play & Selection of Play Materials
Type of the Event	Game based interactive Learning Activity
Conducted by	School of Nursing, ARKA JAIN University
No. of Participants	22

OBJECTIVE:

To conduct an interactive session for 5th Semester B.Sc. Nursing students on Play Therapy, Types and Values of Play, and Selection of Play Materials, aimed at enhancing their understanding and practical skills in promoting holistic child development and therapeutic care.

DETAILS:

The School of Nursing, ARKA JAIN University, organized an Interactive Session on Play Therapy under the subject Child Health Nursing-I for Vth Semester B.Sc. Nursing students, conducted in a lively and engaging, game-based learning environment. The session was guided by Prof. Shilpa J., Vice Principal and Unit In-Charge. The programme followed a play-based, experiential, and student-centered approach, where a wide variety of play materials were demonstrated and explored. Students actively participated with great enthusiasm and interest, engaging in different play activities, and were given the opportunity to see, touch, and feel various toys, enhancing their understanding of their therapeutic value. The session emphasized the importance, types, and values of play, along with the selection of appropriate play materials according to the child's age and developmental needs. Students showed high levels of involvement, curiosity, and enjoyment throughout the session, reflecting effective learning through play. This interactive approach significantly contributed to improving students' practical knowledge, communication skills, and understanding of play therapy in pediatric care, reinforcing the role of play in promoting holistic child development. The success of the session highlights the institution's commitment to innovative, skill-based, and experiential nursing education.

TAKEAWAY (OUTCOMES):

The session proved highly beneficial, enhancing students' practical understanding of play therapy through an interactive, game-based approach, reinforcing the importance of play in promoting emotional well-being, developmental growth, and child-centered care.

Poster of the Event

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SCHOOL OF NURSING ORGANISES
Interactive Session on
PLAY THERAPY
— on —
★ **TYPES AND VALUES OF PLAY** ★
&
★ **SELECTION OF PLAY MATERIALS** ★

DATE 18th April, 2026 | **TIME** 2:30 PM – 3:30 PM | **VENUE** Room No. 131, Block A Aryabhata

★ **B.Sc. NURSING | SEMESTER V** ★
SESSION: 2023–2027

CONVENOR
Prof. Ginu Anie Joseph
Principal
School of Nursing

CO-CONVENOR
Prof. Shilpa J
Vice Principal &
Course Incharge
School of Nursing

FACULTY COORDINATOR
Prof. Shilpa J
(Course Incharge)
School of Nursing

Let's Heal, Help & Hope — Through Play!

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Photos of the Event



Fig 1: - Prof. Shilpa J conducting an interactive play therapy session, demonstrating the use of play materials to students for enhancing child development and therapeutic communication skills.



Fig 2: - Prof. Shilpa J highlighting the importance of play and the value of play therapy for children in hospital settings, demonstrating how play materials can support emotional well-being, reduce anxiety, and promote holistic child development during hospitalization.



Fig 3: - Prof. Shilpa J teaching students the principles of selecting appropriate play materials according to the child's age, emphasizing safety, developmental needs, and the role of play in promoting growth and well-being.



Fig 4: - Prof. Shilpa J demonstrating teaching with play materials, showcasing a variety of different play items and explaining their use in child development and therapeutic care.



Fig 5: - Prof. Shilpa J conducting a session on the values of play, emphasizing its role in promoting physical, emotional, social, and cognitive development in children.



Fig 6: - Prof. Shilpa J showing an example of a rattle suitable for infants, explaining its importance in sensory stimulation, motor skill development, and early play engagement.



Fig 7: - Prof. Shilpa J engaging students in a play activity by providing different toys and play materials, encouraging hands-on learning and understanding of their role in child development and therapeutic care.



Fig 8: - Prof. Shilpa J concluding the play therapy session after actively engaging students, summarizing key concepts and reinforcing the importance of therapeutic play in promoting children's well-being.

List of Participants


**ARKA JAIN
University**
Jharkhand

**LIST OF PARTICIPANTS
PLAY THERAPY, TYPES & VALUE OF PLAY & SELECTION OF PLAY
MATERIALS**
SCHOOL OF NURSING, ARKA JAIN UNIVERSITY
Date: 18/04/2026

S. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	SHRUTI KUMARI	AJU/231686	Shruti
2.	SUDARSHAN MAHATO	AJU/231745	Sudarshan
3.	DIVYANSHU RAJ	AJU/231784	Divyanshu
4.	PRIYANSHU KUMAR	AJU/231840	Priyanshu
5.	BARSHA GOPE	AJU/231850	Barsha
6.	AMIT KUMAR MANDAL	AJU/231933	Amit
7.	SAHIL BEHRA	AJU/231945	Sahil Behra
8.	PRITIKA DAS	AJU/231987	Pritika Das
9.	SNEH LALL	AJU/232009	Sneh
10.	APARNA DUTTA	AJU/232022	Aparna Dutta
11.	LIPIKA PAUL	AJU/232023	Lipika
12.	ABHISHEK KUMAR YADAV	AJU/232026	Abhishek
13.	BABY MAHTO	AJU/232038	Baby
14.	PRINCE KUMAR	AJU/232068	Prince
15.	BISHAL KUMAR MAHATO	AJU/232070	Bishal
16.	PUJA PATAR	AJU/232087	Puja
17.	SANJU KUMAR MANDI	AJU/232122	Sanju Kumari Mande
18.	DAMYANTI NAYAK	AJU/232123	Damyanti Nayak
19.	ROHINI HANSDA	AJU/232124	Rohini Hansda
20.	DHANI BASKEY	AJU/232125	Dhani
21.	DIYA PATRO	AJU/232131	Diya Patro
22.	SHITAL KUMARI	AJU/232135	Shital Kumari

SIGNATURE OF THE EVENT COORDINATOR

 PRINCIPAL
 SIGNATURE OF THE PRINCIPAL
 ARKA JAIN UNIVERSITY