

CIRCULAR

ARKA JAIN
University
JharkhandNOTICE
SCHOOL OF NURSING

Ref. No: AJU/SON/162/26

Date: 24/03/2026

This is to inform all concerned students that the School of Nursing is organizing a **Practical Demonstration Session on Growth and Development of Adolescent** as part of Child Health Nursing I.

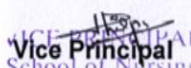
The session is designed as a **Demonstration-Based, Skill-Based, and Experiential Learning Activity**, aimed at enhancing students' understanding and clinical skills in growth parameters and developmental changes during **adolescence**.

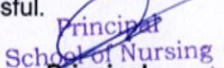
Target Audience: B.Sc. Nursing 5th Semester Students (Batch 2023–2027) posted in the Pediatric Wards

Date: 27th March 2026

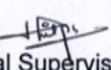
Venue: Mahatma Gandhi Memorial Medical College and Hospital

All students are strictly instructed to attend the session in proper clinical uniform and maintain discipline, professional behaviour, and hospital protocol during the demonstration. Active participation and Patient Interaction is mandatory and looking forward in making this session effective and successful.


Vice Principal
School of Nursing
ARKA JAIN University


Principal
School of Nursing
ARKA JAIN University

Event Coordinator:

Prof Shilpa J (Unit In-Charge) 
Ms Disha Bhattacharya (Clinical Supervisor) 

Copy to:

PS to Vice Chancellor
PS to Pro Vice Chancellor
PS to Director DSW and Campus
Office of the Registrar
IQAC Cell
Dean/PC of University Campus
In charge website
Office Record
ERP Coordinator

PRACTICAL DEMONSTRATION SESSION ON GROWTH AND DEVELOPMENT OF ADOLESCENT

Date of Event	02.04.2026
Name of the Event	Practical Demonstration Session on Growth and Development of Adolescent
Type of the Event	Experiential Learning Program
Conducted by	School of Nursing, ARKA JAIN University
No. of Participants	21

OBJECTIVE:

To educate parents, caregivers, and nursing personnel on assessing adolescent growth and development, promote awareness of appropriate assessment methods, and strengthen practical skills to support healthy physical, psychological, and social outcomes in adolescents.

DETAILS:

The School of Nursing, ARKA JAIN University, organized a session on Growth and Development Assessment of Adolescents on 2nd April 2026 at the Pediatric Ward of Mahatma Gandhi Memorial Medical College and Hospital, as adolescents were not available on the previously scheduled date of 27th March. The session was conducted by Vth Semester B.Sc. Nursing students under the subject of Child Health Nursing-I as part of their academic learning, under the guidance of Prof. Shilpa J., Vice Principal and Unit In-Charge, and under the supervision of Ms Disha Bhattacharyya, Clinical Supervisor. The programme followed a demonstration-based, skill-oriented, and experiential learning approach, where students effectively demonstrated techniques for assessing adolescent growth and development, highlighting the importance of accurate assessment and age-appropriate, client-centered care. The session actively engaged parents, caregivers, and staff nurses in an interactive learning environment. The session proved highly beneficial in enhancing the knowledge and practical skills of caregivers and nursing staff, with students demonstrating effective communication, teamwork, and professional competence while promoting awareness of optimal adolescent health outcomes. The success of the programme reflects the visionary leadership of our Principal, Prof. (Mrs) Ginu Anie Joseph, and the continuous support of our Honourable Chairman, Prof. Dr S. S. Razi, thereby strengthening hospital-oriented, skill-based, and experiential nursing education.

TAKEAWAY (OUTCOMES):

The session proved highly beneficial, enhancing practical understanding of adolescent growth and development through an interactive, demonstration-based approach, while reinforcing the importance of accurate assessment and age-appropriate, adolescent-centered care.

Poster of the Event











School of Nursing organises

Practical Demonstration Session on

Growth and Development

of Adolescent (13 years-19 years)

★ Monitoring Growth Today for a Healthier Tomorrow ★

SUBJECT: CHILD HEALTH NURSING – I

 **DATE: 02/04/2026**

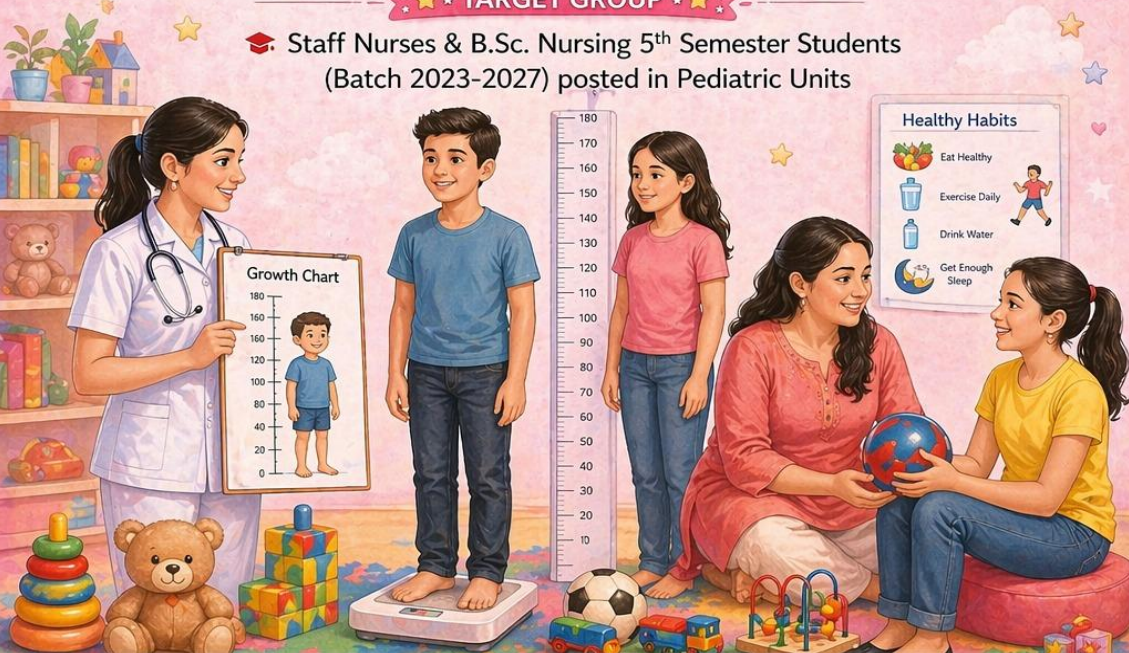
 **TIME: 11:00 AM – 12:00 PM**



VENUE: Mahatma Gandhi Memorial Medical College & Hospital,
Pediatric Ward

★★ TARGET GROUP ★★

📌 Staff Nurses & B.Sc. Nursing 5th Semester Students
(Batch 2023-2027) posted in Pediatric Units



 **CONVENOR**

Prof. Ginu Anie Joseph
Principal
School of Nursing

Every Child Grows with Care

 **EVENT COORDINATORS**

Prof. Shilpa J
(Unit In Charge)



Disha Bhattacharyya
(Clinical Supervisor)

 **0111304-57899** | www.arkajainuniversity.ac.in

Photos of the Event



Fig 1: Demonstrating how to check height of a adolescent



Fig 2: Demonstrating how to check height & weight of adolescent



Fig 3: Demonstrating how to check weight of adolescent

List of Participants

ARKA JAIN
University
JharkhandLIST OF PARTICIPANTS
PRACTICAL DEMONSTRATION SESSION ON GROWTH AND
DEVELOPMENT OF ADOLESCENTSCHOOL OF NURSING, ARKA JAIN UNIVERSITY
Date: 02/04/2026

S. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	SHRUTI KUMARI	AJU/231686	Shruti
2.	SUDARSHAN MAHATO	AJU/231745	Sudarshan
3.	DIVYANSHU RAJ	AJU/231784	Divyanshu
4.	PRIYANSHU KUMAR	AJU/231840	Priyanshu
5.	BARSHA GOPE	AJU/231850	Barsha
6.	AMIT KUMAR MANDAL	AJU/231933	Amit
7.	SAHIL BEHRA	AJU/231945	Sahil
8.	PRITIKA DAS	AJU/231987	Pritika
9.	SNEH LALL	AJU/232009	Sneh
10.	APARNA DUTTA	AJU/232022	ABSENT
11.	LIPIKA PAUL	AJU/232023	Lipika Paul
12.	ABHISHEK KUMAR YADAV	AJU/232026	Abhishek
13.	BABY MAHTO	AJU/232038	Baby
14.	PRINCE KUMAR	AJU/232068	Prince
15.	BISHAL KUMAR MAHATO	AJU/232070	Bishal
16.	PUJA PATAR	AJU/232087	Puja
17.	SANJU KUMAR MANDI	AJU/232122	Sanju Kumari Mande
18.	DAMYANTI NAYAK	AJU/232123	Damyanti Nayak
19.	ROHINI HANSDA	AJU/232124	Rohini Hansda
20.	DHANI BASKEY	AJU/232125	Dhani
21.	DIYA PATRO	AJU/232131	Diya
22.	SHITAL KUMARI	AJU/232135	Shital

SIGNATURE OF THE EVENT COORDINATOR

SIGNATURE OF THE PRINCIPAL

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY