

## CIRCULAR



ARKA JAIN  
University  
Jharkhand



### Centre for Capacity Building and Human Resource Development (CCHRD)

Circular

Date: 28-01-2026

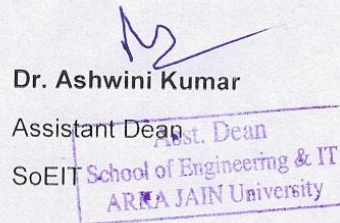
Ref. no: AJU/CCHRD/2026/08

**Subject: Skill Based Training on Beyond Books: Life Skills for Students**

This is to notify that *School of Engineering and IT* and *Centre for Capacity Building and Human Resource Development (CCHRD)* will organize a skill based training on **Beyond Books: Life Skills for Students** on 30<sup>th</sup> January, 2026 at room no. 339, Block C. It is mandatory for 4<sup>th</sup> and 6<sup>th</sup> semester students of B. Tech. The resource person will be Ms. Shikha Bhatnagar.



**Dr. Charu Wadhwa**  
Assistant Director  
CCHRD



**Dr. Ashwini Kumar**  
Assistant Dean  
SoEIT

Cc to:

1. Vice-Chancellor
2. Registrar
3. Joint Registrar
4. Director
5. Director Campus
6. Dean, Students' Welfare
7. All Deans and HoDs

## SKILL BASED TRAINING ON BEYOND BOOKS: LIFE SKILLS FOR STUDENTS

<b>Date of Event</b>	<b>30<sup>th</sup> January 2026</b>
<b>Name of the Event</b>	<b>Beyond Books: Life Skills for Students</b>
<b>Type of the Event</b>	<b>Skill based Training</b>
<b>Conducted by</b>	<b>Centre for Capacity Building and Human Resource Development (CCHRD) and School of Engineering &amp; IT</b>
<b>Resource Persons</b>	<b>Ms. Shikha Bhatnagar</b>
<b>No. of Participants</b>	<b>13</b>

**OBJECTIVE:** The event was aimed at developing essential life skills beyond the academic curriculum. The program focused on enhancing students' self-awareness, emotional intelligence, communication, and interpersonal skills. It sought to equip students with problem-solving, decision-making, and stress-management abilities. Another objective was to foster adaptability, resilience, and a positive mindset among students. The training also aimed to prepare students for personal, social, and professional challenges.

**DETAILS:** The training program was conducted through interactive and experiential learning methods. Sessions included discussions, activities, role plays, real-life scenarios, and reflective exercises to promote active participation. Key areas covered were effective communication, time management, emotional regulation, teamwork, leadership, and goal setting. Practical examples and student-centric activities were used to ensure better understanding and application. The sessions encouraged open interaction and self-expression among participants.

**OUTCOME:** The program resulted in improved self-confidence, communication, and interpersonal effectiveness among students. Participants demonstrated better emotional awareness, stress-handling abilities, and decision-making skills. Students gained clarity about personal goals and developed a more positive and responsible approach toward life and career planning. The training enhanced teamwork, adaptability, and problem-solving skills. Overall, the program contributed significantly to students' holistic development and life readiness.

POSTER OF THE EVENT



**ARKA JAIN**  
**University**  
Jharkhand



School of Engineering and IT  
in association with  
Centre for Capacity Building and Human Resource  
Development  
presents

# Beyond Books: Life Skills for Students

Resource Person: Ms. Shikha Bhatnagar

For B. Tech 6<sup>th</sup> and 8<sup>th</sup> semester students  
(Mechanical Engineering and Computer Science  
and Engineering)

**Date: 30<sup>th</sup> January, 2026**

**Time: 10:30 - 11:30 AM**

**Venue: Room 339, Block C**

**Convenors:**

**Dr. Ashwini Kumar (Assistant Dean, SoEIT)**  
**Dr. Charu Wadhwa (Assistant Director, CCHRD)**

## PHOTOS OF THE EVENT



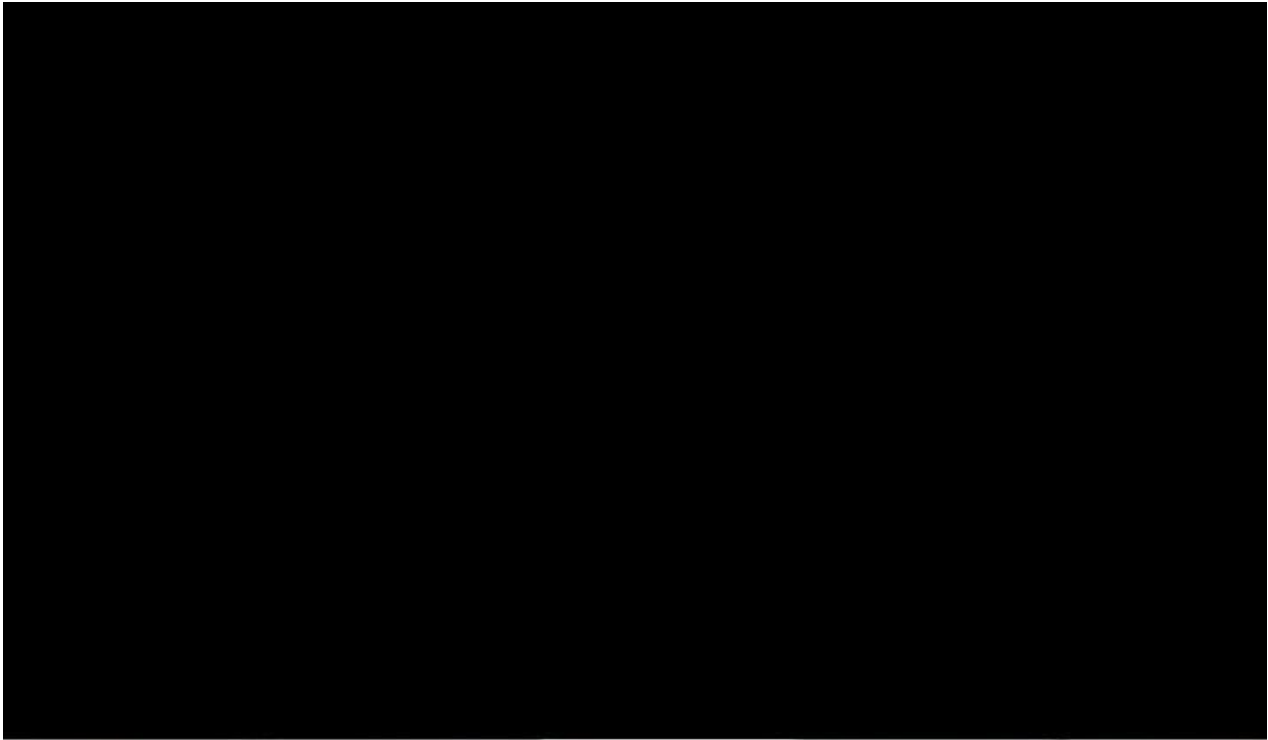
**FIG 1: Ms. Shikha Bhatnagar receiving a plat pot from a faculty member**



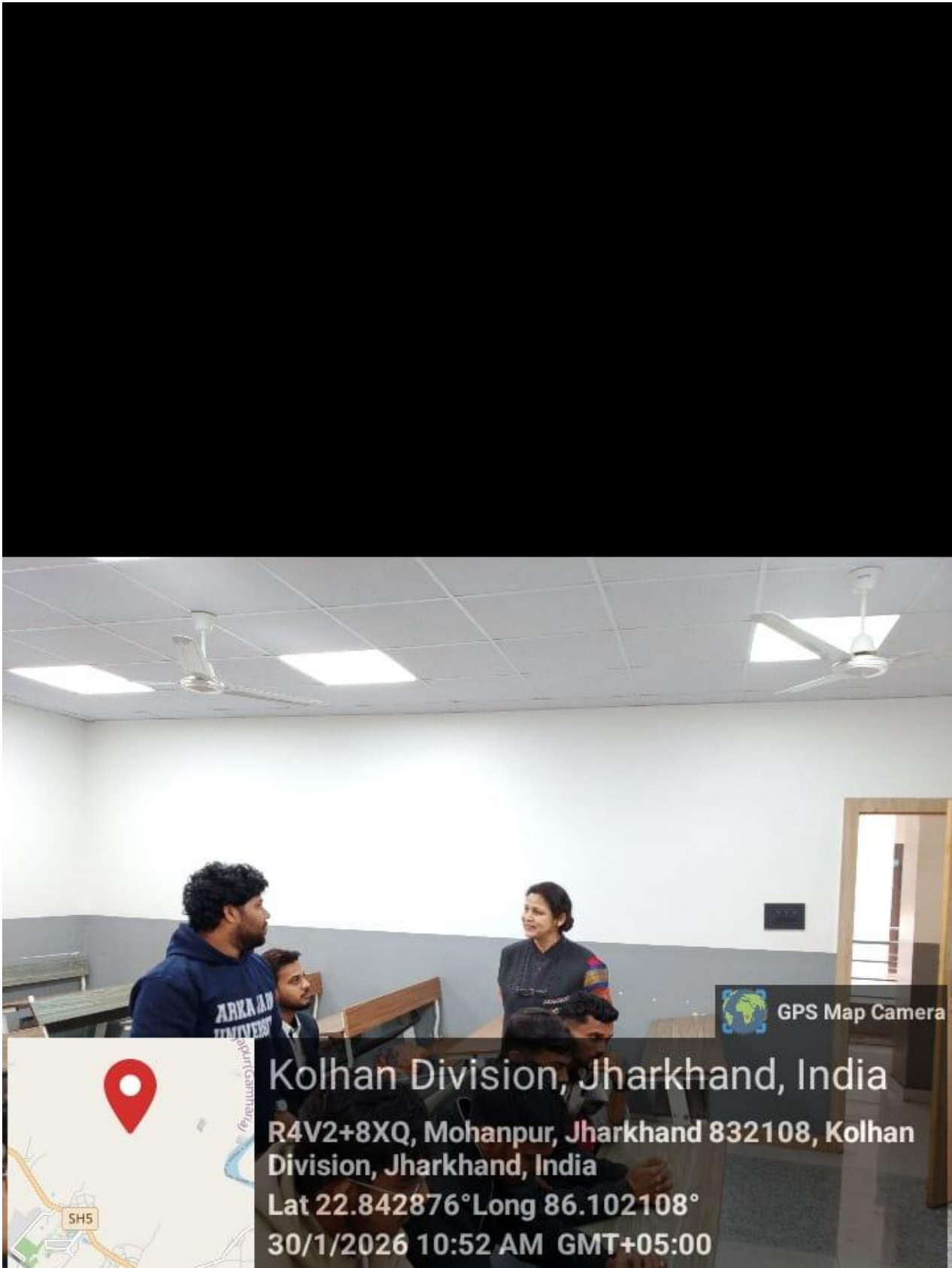
**FIG 2: An interactive session by Ms. Shikha Bhatnagar**



**FIG 3: Ms. Shikha Bhatnagar clearing doubts of the students**



**FIG 4: One-to-one conversation between students and Ms. Shikha Bhatnagar**



**FIG 5: Students interacting with Ms. Shikha Bhatnagar**

