



Ref. No.: AJU/SOR/2026/06

Date: 16/02/2026

**CIRCULAR**

It is hereby notified that the Department of Research is inviting articles for the **article writing competition 'AALEKH 2026'** as per the given details:

**Theme: 'Senior Citizens in India: Emerging Challenges and Pathways for Inclusive and Dignified Ageing'**

**Subthemes:**

1. Economic insecurity and pension adequacy
2. Healthcare accessibility and geriatric care challenges
3. Mental health and social isolation
4. Elder abuse and legal safeguards
5. Digital divide and cyber fraud targeting seniors
6. Urbanisation and breakdown of traditional family support
7. Gender dimensions of ageing
8. Role of NGOs, CSR, and community engagement
9. Age-friendly infrastructure and public policy reforms

**Guidelines for Submission:**

- Original articles with less than 10% similarity level will be accepted.
- Open for all the faculty members, research scholars and students of ARKA JAIN University
- Word Limit (including abstract): 3000 words (maximum)
- Abstract with a word-limit of 250 words and five key-words
- Font Size 12, Times New Roman; Single Spacing between the lines, Justified Alignment
- APA Referencing Style

**Other Information:**

- Certificate for the best article will be awarded in each category
- Selected articles will be published in a book with ISBN number
- Participation certificate will be issued to all the participants

The participant has to submit the soft copy of the article in word file and the similarity report by **16<sup>th</sup> March, 2026** by email to [dr.sonia@arkajainuniversity.ac.in](mailto:dr.sonia@arkajainuniversity.ac.in).

*Soni*

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**HOD**  
**Department of Research**

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