

## CIRCULAR

ARKA JAIN  
University  
JharkhandNAAC  
GRADE A  
ACCREDITED UNIVERSITY

## SCHOOL OF ALLIED HEALTH SCIENCE

Department Of Optometry

## CIRCULAR

Ref No: AJU/SOHAS/341(I)/25

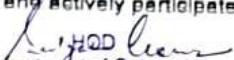
Date: 30-10-2025

It is to notify to all the students that The Department of Optometry is organizing a **Panel Discussion** on "Ocular Trauma" to mark the observance of **Eye Injury Prevention Month** by esteemed panelists from the reputed hospitals. This program aims to create awareness about the causes, prevention, and management of ocular injuries, and to enhance clinical understanding among Optometry students.

## Details of the Event:

- **Panelist:**
  - ❖ Mr. Raman Kumar- LJ Eye Institute, Ambala, Haryana
  - ❖ Mr. Krishna Gopal Panda- LVPEI, Bhubaneswar
- **Date:** 06<sup>th</sup> November 2025
- **Time:** 3:00pm to 4:00pm
- **Topic:** "Ocular Trauma: Prevention, Management, and Rehabilitation"

All students and faculty members of the Department of Optometry are requested to attend the session and actively participate in the discussion.

  
HOD  
Department of Optometry  
School of Allied Health Science  
Sarbojeet Goswami  
HOD & Assistant Professor  
Department of Optometry  
School of Allied Health Sciences

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IQAC  
Class Coordinators in charge  
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Office Record  
Student WhatsApp group

## PANEL DISCUSSION ON OCULAR TRAUMA: PREVENTION AND MANAGEMENT

<b>Date of Event</b>	<b>06.11.2025</b>
<b>Name of the Event</b>	<b>Panel Discussion on Ocular Trauma: Prevention and Management</b>
<b>Type of the Event</b>	<b>Professional skill development program</b>
<b>Conducted by</b>	<b>Ms. Bhavana, Department of Optometry, ARKA JAIN University collaborated with MoU Partners</b>
<b>No. Of Student's Participants</b>	<b>34</b>

### OBJECTIVE:

The primary objective of the *Panel Discussion on Ocular Trauma: Prevention and Management* was to enhance the clinical competence of optometry students by providing them with comprehensive insights into the identification, assessment, and management of ocular trauma cases. The program aimed to equip participants with a deeper understanding of various types of ocular injuries, their underlying mechanisms, and the immediate actions required in emergency scenarios. Another key objective was to emphasize the crucial role of optometrists in early detection, primary care, and referral pathways to prevent long-term visual complications. Through expert guidance from experienced clinicians, the event sought to strengthen students' diagnostic reasoning, improve their ability to make informed decisions under pressure, and promote evidence-based approaches in trauma care. Additionally, the session aimed to foster professional readiness by encouraging active participation, critical thinking, and the application of theoretical knowledge to real-world clinical situations, ultimately preparing students to deliver safer and more effective patient care.

### DETAILS:

The *Panel Discussion on Ocular Trauma: Prevention and Management* held on **06 November 2025** was an intensive and highly engaging academic program organized by the **Department of Optometry, ARKA JAIN University**, in collaboration with its MoU partner institutes. Coordinated by **Ms. Bhavana**, the event aimed to expose students to advanced clinical perspectives through the expertise of two distinguished professionals—**Mr. Krushna Gopal Panda, Associate Optometrist at the prestigious L V Prasad Eye Institute**, and **Mr. Raman Kumar, Optometry Head at L J Eye Institute, Ambala**. The event began with a formal introduction of the speakers, followed by a comprehensive overview of ocular trauma, its rising prevalence, and the role of primary eye-care professionals in reducing visual morbidity. Throughout the session, the speakers delved deeply into the classification of ocular injuries, differentiating between

blunt, penetrating, chemical, thermal, and non-accidental trauma, while also discussing common real-life causes observed in clinical practice.

The panelists presented a series of case studies illustrating emergency management strategies, diagnostic decision pathways, and the importance of timely referral to prevent permanent visual impairment. Students were guided through the interpretation of clinical signs, use of specialized diagnostic tools, and essential first-aid procedures critical during the initial moments of ocular injury. Special emphasis was given to the importance of patient counseling, preventive safety measures, and interprofessional collaboration in trauma care. The interactive format allowed students to ask questions, analyze scenarios, and refine their approach to handling trauma cases under expert supervision. The session concluded with a reflective discussion on common challenges faced in community and hospital settings, emerging advancements in ocular trauma management, and the evolving responsibilities of optometrists in a multidisciplinary eye-care environment. Overall, the event served as a comprehensive learning platform, significantly broadening the clinical understanding and professional confidence of the participating students.

### **TAKEAWAY (OUTCOMES):**

The panel discussion provided students with a comprehensive understanding of ocular trauma and significantly enhanced their clinical awareness and decision-making skills. Participants gained in-depth knowledge of the various types of ocular injuries, their causes, and the critical importance of early intervention in preventing long-term visual complications. Through real case examples presented by the speakers, students learned how to interpret clinical signs, prioritize management steps in emergency situations, and identify red-flag symptoms that require immediate referral. The session strengthened their confidence in handling trauma cases by exposing them to practical first-aid measures, diagnostic considerations, and structured treatment approaches.

The speakers' insights also emphasized the role of optometrists within a multidisciplinary eye-care team, helping students understand how effective communication and timely referrals contribute to better patient outcomes. Additionally, attendees recognized the value of preventive eye-care strategies, patient education, and the use of protective measures to reduce the incidence of ocular injuries. The interactive nature of the discussion encouraged critical thinking, collaboration, and active participation, leaving students more motivated and professionally prepared to manage ocular trauma in real-world clinical settings.

## POSTER OF THE EVENT

**JGI ARKA JAIN University Jharkhand** NAAC GRADE A ACCREDITED UNIVERSITY

MDRA India Today - MORA Best Universities Ranking 2024

RANKED 52ND BEST PRIVATE UNIVERSITY IN INDIA

ISO 9001:2015 CERTIFIED

SCHOOL OF ALLIED HEALTH SCIENCE  
DEPARTMENT OF OPTOMETRY

In association with MoU Partners

*Organises*

**PANEL DISCUSSION ON  
OCULAR TRAUMA :  
PREVENTION AND  
MANAGEMENT**

A PROFESSIONAL SKILL DEVELOPMENT PROGRAM

DATE : 06 NOV 25

 MR. RAMAN KUMAR  
Optometry Head  
L J Eye Institute, Ambala

 MR. KRUSHNA GOPAL  
Consultant Optometrist,  
LVPEI, Bhubaneswar

**Event Coordinator : Ms. Bhavana Kumari | Convener : Mr. Sarbojeet Goswami**



## PHOTOS OF THE EVENT

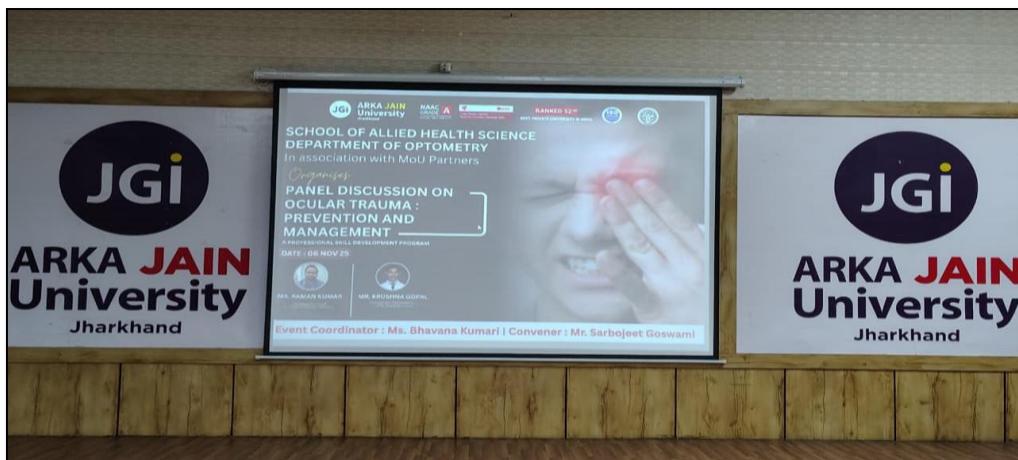


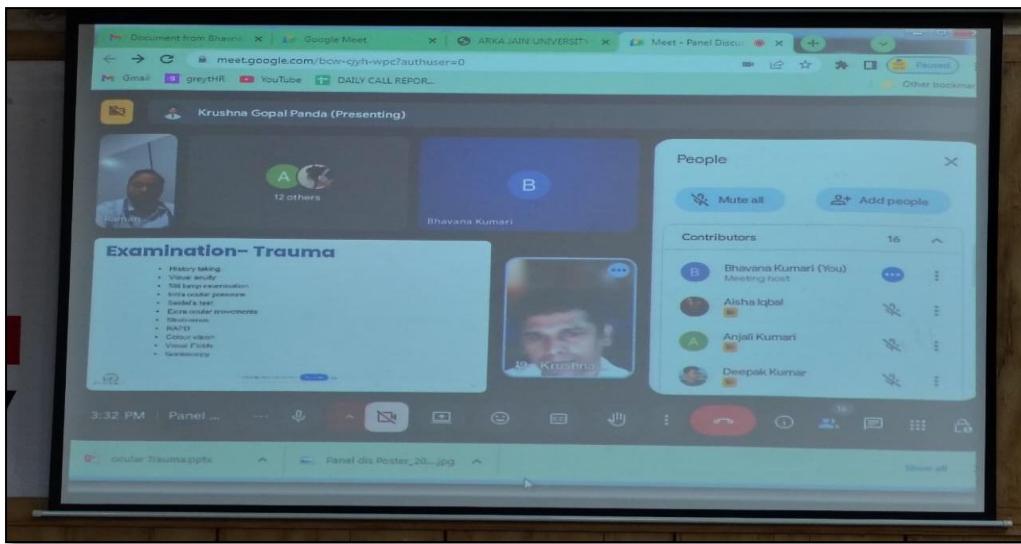
Fig 1. Panel discussion: Ocular Trauma- Prevention and Management



Fig 2. Glimpse of the Presentation



Fig 3 Glimpse of the Presentation



**Fig 4. Speakers for the day: Mr. Krushna Gopal Panda and Mr. Raman Kumar**



**Fig 5. Participants of the day**

## LIST OF STUDENTS

 ARKA JAIN University Jharkhand   NAAC GRADE A SCHOOL OF ALLIED HEALTH SCIENCE DEPARTMENT OF OPTOMETRY Attendance Form															
SL NO.	Name of the Candidate	Signature	Feedback						Attendance						
			How would you like this session/event?			The speaker explained the topic clearly		Would you like to attend this type of session/ event in future		D1	D2	D3	D4	D5	D6
1) Vibhavarpriya	U2		E	VG	G	A	P	YES	NO	YES	NO				
2) Subham Nandy	Subham			✓				✓		✓					
3) Anmol Maitra	Anmol			✓				✓		✓					
4) Anchitika Mishra	Anchitika			✓				✓		✓					
5) Sourabh Yadav	Sourabh			✓				✓		✓					
6) Milan Bag	Milan			✓				✓		✓					
7. Sadeq Khan	Sadeq			✓				✓		✓					
8. Riyal Shaema	Riyal			✓				✓		✓					
9. Radhika Mishra	Radhika			✓				✓		✓					
10. Aishu Chakar	Aishu			✓				✓		✓					
11. Tahseen Fatima	Tahseen			✓				✓		✓					

\* E=Excellent, VG=Very Good, G=Good, A=Average, P=Poor

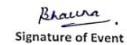
 Signature of Head

 Signature of Event Coordinator

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SL NO.	Name of the Candidate	Signature	Feedback						Attendance						
			How would you like this session/event?			The speaker explained the topic clearly		Would you like to attend this type of session/ event in future		D1	D2	D3	D4	D5	D6
12. Mithilesh Kumar Maitra	Mithilesh		E	VG	G	A	P	YES	NO	YES	NO				
13. Deepak Kumar	Deepak		✓					✓		✓					
14. Anvesh Vikrant	Anvesh		✓					✓		✓					
15. Badriye Ali	Badriye		✓					✓		✓					
16. Manish Kumar	Manish		✓					✓		✓					
17. Komal Kumar	Komal		✓					✓		✓					
18. Sabra Parveen	Sabra		✓					✓		✓					
19. Ditsa Bismark	Ditsa		✓					✓		✓					
20. Anushka Biswas	Anushka		✓					✓		✓					

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DEPARTMENT OF OPTOMETRY  
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Name of the Event: Panel Discussion - Ocular Trauma : Prevention & Management

Date of the Event: 06/11/25 TO  

SL NO.	Name of the Candidate	Signature	Feedback						Attendance						
			How would you like this session/event?		The speaker explained the topic clearly		Would you like to attend this type of session/ event in future		D1	D2	D3	D4	D5	D6	D7
	E	VG	G	A	P	YES	NO	YES	NO						
01	Sharmi Kumari	<i>Sharmi</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>					
02	Madhu Kumari	<i>Madhu</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
03	Aishma Kumari	<i>Aishma Kumari</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
04	Vashti Verma	<i>Vashti</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
05	Nimmi Kumari	<i>Nimmi Kumari</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
06	Pradya P. Kumari	<i>P. Kumari</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
07	Abhiksha Singh	<i>Abhiksha</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
08	Pandit Verma	<i>Pandit</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
09	Niraj Kr.	<i>Niraj</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
10	Sharmi Princy	<i>Sharmi</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			

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*[Signature]* *Bhaura*  
Signature of Head Signature of Event Coordinator

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	E	VG	G	A	P	YES	NO	YES	NO						
11	Fareen Faruq	<i>Fareen</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
12	Rabia Hussain	<i>Rabia Hussain</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
13	Rehema Faruq	<i>Rehema</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			
14	Shabnam Jamil	<i>Shabnam</i>	<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>			

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## FEEDBACK ANALYSIS

