



**ARKA JAIN**  
University  
Jharkhand



### Circular

**Ref. No. AJU/AD/ENGG/100 A/2025-26**

**Date: 29.08.2025**

The School of Engineering & IT, ARKA JAIN University, in collaboration with the Institution's Innovation Council (IIC), Celebrates National Sports Day (NSD) on 30<sup>th</sup> Aug. 2025 to honor the birth anniversary of Major Dhyan Chand, the legendary hockey player. We invite all students to join and actively participate in events organized as follows: Tug of war, spoon ball race and three legged race.

**Last Date for Registration: On the spot registration in basketball court**

**List of events with Coordinators:**

Event Name	Coordinators
Tug of war	Mr. Abhijit Mandal, Dr. Chandraprabha Sahu
Spoon ball race	Md. Nasim Ansari, Md. Iqbal Ansari
Three legged race	Md. Iqbal Ansari, Dr. Amit Prakash Sen

**Convenor:**



**Dr. Ashwini Kumar**  
Assistant Dean

School of Engineering & IT  
Arka Jain University, Jharkhand

**Copy for information & necessary action please: -**

1. PS to Vice Chancellor
2. PS to Pro Vice-Chancellor
3. PS to Director
4. Office of the Registrar
5. Director Campus /DSW
6. Finance Officer
7. Dean/ HOD/ PC of the School/Department
8. All Officers

## NATIONAL SPORTS DAY - TUG OF WAR, THREE-LEGGED RACE, SPOON BALL RACE

Date of Event	30.08.2025
Name of the Event	National Sports Day - Tug of War, Three-legged race, spoon ball race
Type of the Event	Sports Event
Conducted by	School of Engineering & IT, AJU
Co-Ordinator	Dr. Chandra PrabhaSahu, Dr. Amit Prakash Sen, Md. Iqbal Ansari, Md. Nasim Ansari and Mr. Abhijeet Mandal
No. Of Participants	60

### Objective

- The main objectives of National Sports Day events are to promote the importance of sports and physical fitness for a healthy lifestyle, honor sporting icons like Major Dhyan Chand.
- The day also serves as a platform for the government to launch new sports initiatives, such as the Khelo India movement, and foster national unity and pride through sports.
- The objective of a sports day event is to promote physical fitness, an active lifestyle, and the values of sportsmanship, teamwork, and healthy competition

### Description

On June 30th, August 2025, National Sports Day events are celebrated to promote the importance of sports and physical fitness for a healthy lifestyle, honor sporting icons like Major Dhyan Chand, encourage participation in sports among the youth, recognize the achievements of outstanding athletes through national awards, and build a strong sports culture and infrastructure in the nation. On the occasion of National Sports Day, the School of Engineering and IT ARKA JAIN University and the Institution's Innovation Council (IIC) successfully organized a series of engaging sports activities, including Tug of War, Spoon Ball Race, and the Three-Legged Race.

**These events were conducted to celebrate the birth anniversary of the legendary hockey player, Major Dhyan Chand Ji, whose contributions to Indian sports continue to inspire generations.**

**As Major Dhyan Chand once said, "The true worth of a player lies not in the medals he has won, but in the spirit with which he plays the game."**

**In that spirit, the day was filled with energy, teamwork, and sportsmanship, reflecting the values that National Sports Day stands for.**

The School of Engineering & IT, in collaboration with the IIC, orchestrated a comprehensive sports activities. . Dr.Ashwini Kumar, the Convenor of the event, played an essential role with his active participation and leadership, significantly contributing to the program's success.

Faculty members from the School of Engineering are well encourage students and enthusiastic students played a vital and active role in ensuring the event's success. Their involvement was instrumental in the planning, coordination, and execution of the program.

The program was meticulously organized and coordinated by Dr.ChandraprabhaSahu Dr. Amit Prakash Sen, Md. Iqbal Ansari,Md. Nasim Ansari and Mr. Abhijeet Mandal, from the Department of Engineering at Arka Jain University, Held on an open ground, the event attracted numerous participants.

The Three-Leg Race is a fun and challenging competition where two participants pair up and have one of their legs tied together, effectively forming "three legs." The pair must then coordinate their movements and race toward the finish line. The key to success lies in teamwork, rhythm, and mutual understanding, as even a slight mismatch in pace can lead to stumbling or falling.

Typically conducted over a set distance, the Three-Leg Race tests coordination, communication, and balance, while also encouraging cooperation and trust between partners. The winning team is the pair that manages to cross the finish line first while maintaining synchronization and avoiding falls.

The spoon ball race is an engaging and entertaining competition where participants balance a ball on a spoon held in their mouth while running towards the finish line. The main goal is to complete the race without dropping the ball.

The race is typically set over a defined distance and tests participants' dexterity, coordination, and balance. Competitors must carefully manage the ball's balance on the spoon while maintaining speed and navigating the course.

The winner is the first person to cross the finish line while successfully keeping the ball on the spoon.

A Tug of War event is a competitive contest where two teams use their collective strength to pull a rope, trying to drag the opposing team across a center line. With ancient origins found in diverse cultures worldwide, tug of war is now a popular sport at various levels, from school events to international championships, requiring strength, stamina, and teamwork to win.

### Outcomes

1. **Awareness Campaigns:** Sports academies organize events, workshops, and competitions to highlight the importance of sports and physical activity in daily life.
2. **Youth Engagement:** Activities are designed to encourage youth to adopt active lifestyles, fostering discipline, teamwork, and perseverance.
3. **Government Initiatives:** The day serves as a platform for the government to launch and promote sports-related schemes and movements, such as the Khelo India initiative.



## PHOTO OF THE EVENT



**Fig 1: Participants standing for the spoon ball race**



**Fig 2: A race begin**





**Fig 3: Group photo before starting Tug of War**



**Fig 4: The war begin**





**Fig 5: Participants giving tough competition to each other**



**Fig 6: Participant coordinating with themselves**





**Fig 7: Participant listening the instruction for the game**



**Fig 8: Blancing the spoon ball with walk**



## LIST OF PARTICIPANTS

Sl. No.	Name of Participant	Enrolment Number	Program	Contact No.	Signature
	Deepak Kumar	AJU/251668	CSE	9060095869	Deepak
	Naitik Kumar	AJU/251517	CSE	9508782544	Naitik
	RATUL KUMAR	AJU/251178	M.E	6207318093	RATUL
	VIVEK KUMAR	AJU/251179	M.E	9555381248	Vivek
	Rohan Kumar	AJU/251530	M.E	9128816448	Rohan
	Pragana Bhatta	AJU/251682	M.E	8292495475	Pragana
	Sayon Bhowmik	AJU/251569	M.E	9031350877	Sayon
	Krishna	AJU/252313	M.E	9905782402	Krishna
	Aayn Maity	AJU/252320	M.E	9334715312	Aayn
	Mukul Kumar	AJU/251981	M.E	7209304730	mukul
	C. Siddharth	AJU/251757	EEE	7488558197	Siddharth
	C. Jyoti	AJU/251440	CS	7488558197	Jyoti

Sl. No.	Name of Participant	Enrolment Number	Program	Contact No.	Signature
1	KHWAJA ABDUL ZAMAN	250447	CSE	9006978842	(Signature)
2	Md. Rehan Uddin	250107	M.E	6204695063	Rehan
3	Anurag Kumar	251869	Mechatronics	6299129569	Anurag
4	Mukesh Rohrab	250632	M.E	9241330710	Mukesh
5	Sagar	251020	ME	6205608075	Sagar
6	Rishi	250406	ME	6200541622	Rishi
7	Md Taukir	250780	ME	8210408613	Taukir
8	Prince kr	251371	ME	7667284926	Prince
9	Abhishek	252214	CSE	8252318146	Abhishek
10	Rishi Jyoti	250709	ME	7980125166	Rishi Jyoti
11	Ankur mahato	252288	CSE	8797212620	Ankur mahato
12	K. Jaggi	250611	CSE	8580011384	Jaggi
13	Ujjwal	251423	CSE	9241034361	Ujjwal



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Sl. No.	Name of Participant	Enrolment Number	Program	Contact No.	S
1	Deeksh Kumar	AJU/251647	CSE	6299881443	J
2	Gurwansh Goswami	AJU/250570	CSE	9631893866	G
3	Anshu Mishra	AJU/250793	ME	9523572583	A
4	Ashish Raj	AJU/250360	CSE	9746886895	A
5	Salil Mishra	AJU/251311	ME	6201422315	S
6	Trilok Kumar	AJU/250407	ME	6205972854	T
7	Shubhamjita	AJU/252069	EEE	7766860697	S
8	Saiyid Rahim	AJU/250473	CSE	7061236530	L
9	Ashish	AJU/252571	EEE	8709407752	L
10	Ankit	AJU/251242	ME	7033847821	A