



## **CIRCULAR**





### NOTICE

### SCHOOL OF NURSING

Ref. No: AJU/SON/206/25

Date: 02/09 /2025

It is our immense privileged to announce that the School of Nursing in association with Student Nurses Association of India (SNAI) & Samaritan The Nursing Club, and NSS AJU, under the flagship program of Unnat Bharat Abhiyan (UBA), cell is going to celebrate World Heart Day- 2025, Theme-"Don't Miss a Beat" on 25/09/2025 at Harisundarpur village, which will be commencing from 10am onwards.

This theme encourages individuals to remain vigilant about their heart health, emphasizing the importance of not overlooking early warning signs, delaying check-ups, or neglecting healthy habits, as every heartbeat is significant and preventable deaths from cardiovascular disease can be reduced.

All are invited to grace the occasion on this significant day

Vice-Principal
VICE PRINCIPAL
School of Nilpaing
ARKA JAIN University

Principal
Prof. Ginu Anie Joseph
School of Nursing
ARKA JAIN University

Event Coordinator: Ms. Priti Chandrakar (Assistant Professer)
Mrs. Sagarika Barik (Nursing Tutor)
Copy to

PS to Vice Chancellor
PS to Pro – Vice Chancellor
PS to Director
Office of Registrar
IQAC
Class Coordinator
In-Charge Website
Office Record
ERP Co-ordinator





### **WORLD HEART DAY**

Date of Event	25.09.2025
Name of the Event	World Heart Day
Type of the Event	Extension activity/ Commemorative day
Conducted by	School of Nursing
No. of Participants	43

## **OBJECTIVE:**

Educate people about heart health and cardiovascular diseases, emphasizing the importance of prevention, detection, and management and Encourage individuals to adopt heart-healthy habits, such as regular exercise, balanced diets, and stress management.

### **DETAILS:**

The School of Nursing, ARKA JAIN University organized an event on World Heart Day 2025 in association with the Student Nurses Association and Samaritan – The Nursing Club and NSS AJU, under the flagship of Unnat Bharat Abhiyan. The theme for World Heart Day 2025 is "Don't Miss a Beat," emphasizing the importance of consistency in maintaining heart health and preventing cardiovascular diseases. The event was conducted on 25th September 2025 at Harisundarpur Village commencing at 10:00 AM onwards. The program began with a welcome note to the village people of Harisundarpur followed by an explanation about the importance of Heart. Nursing students presented posters on the theme "Don't Miss a Beat" and conducted a camp, check the Blood Pressure of people those who have participated in this event. By the help of Role play Nursing Students aware the people about the causes, sign & symptom and management and prevention of heart disease. The session concluded with a summary of the day's activities. Overall, the program went successfully, which was conducted under the supervision of (Principal) Professor Mrs Ginu Anie Joseph and Prof. Shilpa J (Vice Principal) with the authorization of Pro Chancellor Professor Dr. Angad Tiwari.

## **TAKEAWAY (OUTCOMES):**

The student's aware people about heart health and cardiovascular diseases, emphasizing the importance of prevention, detection, and management and - Inspiring people to take control of their heart health through informed choices and proactive steps.





### POSTER OF THE EVENT

















## **SCHOOL OF NURSING**

## **ORGANIZES**

# WORLD HEART DAY 2025

In association with student nurses association of india (SNAI) &Samaritan - the nursing club and NSS AJU under the flagship program of Unnat Bharat Abhiyan (UBA) cell.

THEME :- "DON'T MISS A BEAT"

VENUE-HARISUNDARPUR VIII DATE-25/09/25 TIME- 10AM

CONVENER:- PROF. GINU ANIE JOSEPH (PRINCIPAL) CO- CONVENER: - PROF. SHILPA J.( VICE PRINCIPAL)

**EVENT COORDINATOR:-**MS. PRITI CHANDRAKAR( ASSISTANT PROFESSOR) MS. SAGARIKA BARIK (NURSING TUTOR)





## PHOTOS OF THE EVENT



Fig.1: Students check blood pressure



Fig.2: Students educate people by role play





## PHOTOS OF THE EVENT



Fig.3: Students educate people by using poster and role play



Fig.4: Group Photo session on World Heart's Day.





## **LIST OF PARTICIPANTS**



# ARKA JAIN University



LIST OF PARTICIPANTS WORLD HEART DAY-2025 Dade-25/9/25

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S.N	NAME OF THE PARTICIPANTS	ENROLLMENT NUMBER	SIGNATURE
1	Suhani Ku Maui	AJU1212266	Suhani Kumay
2	Khusboo Kymari	AJ4/24/23C	Khushoa kumaroi
3	Jitendra Kumar	AJU/240200	- Duy.
4	Sachin Kumar	AJU/242240	Soelin
- 5	Navlesh Kr. Singh	AJ U/242238	Naviesh fx. Singh
6	Namy Sinha	AJU/ 242209	Dany.
7	Donum kr vorma	120/242224	Baula
8	Alphay Kr. Vanney	ATV1242244	Abling pe vann
9)	Md Shabbir Ahmad	AJU/242217	md Shabber Ahmad
10	Debashare Mahato	AJU/242191	Debashee.
11	Manish demar	AJU/240043	Mail leva
12	Amshu Kumani	AJV1242193	Amshu Kumazi
13	Sori Jan Store,	AJ6/242220	Sritur
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SIGNATURE OF THE EVENT COORDINATOR

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SIGNATURE PRINCIPAL School of Nursing