

CIRCULAR

**ARKA JAIN**
University
Jharkhand

SCHOOL OF HUMANITIES

No. SIP2025/SoH014**Date: 28/08/2025**

CIRCULAR

All students of the Batch 2025 - Department of Fashion Design are hereby informed that One day Outbound – Team Building Training Program Activity is being organized by Centre for Capacity Building & Human Resource Development – CCHRD AJU on "Rediscovering Self Exploring Persona."

Date: Wednesday, 4th September 2025**Time: 8AM to 8PM****Venue: Hotel Kannelite, Sakchi, Jamshedpur.**

This is for all the students who have submitted the fee and registered themselves using the link provided.


(Ms. Usha Kiran Barla)

Program Coordinator – Department of Fashion Design

Program Co-ordinator
School of Humanities**By the order of Hon'ble Vice Chancellor****Copy to:**

- PS to Hon'ble Vice-Chancellor
- PStoDirector
- PS to Registrar
- AJU website
- AcademicCoordinator
- Officefile
- Noticeboard
- Studentsgroup (Email)
- Faculty Coordinators

Outbound Training Program under SIP2025

Date of Event	04.09.2025
Name of the Event	Outbound Training Program under SIP2025
Type of the Event	Participative Learning
Conducted by	Department of Fashion Design
No. Of Participants	4

INTRODUCTION:

The objective of the Outbound Training Program under SIP 2025 was to enhance teamwork, leadership, problem-solving, and interpersonal skills among students through experiential learning activities. The program aimed to provide a platform where participants could learn beyond the classroom setting, develop self-confidence, and foster collaboration, adaptability, and resilience essential for personal and professional growth.

OBJECTIVE:

The objective of the outbound training program is to help fresher students gain self-awareness, receive expert training in their domain, build connections with fellow students, and experience learning in an external environment, while also putting into practice key concepts like personality development, communication skills, and team building.

About the Event:

The program included a series of well-planned physical and mental challenges designed to engage participants and promote team dynamics. Some of the key activities were:..

1. **Ice-Breaking Session**-Fun introductions and interactive games to get participants comfortable.
2. **Team Challenges** - Obstacle Course, Human Knot Game, Trust Fall, Pipe & Marble Game (**Team coordination activity**)
3. **Adventure Activities** - Zip-lining, Trekking, Rope climbing
4. **Problem-Solving Games** - Scavenger Hunt, Blindfold Navigation Challenge, Build the Tallest Tower (Using limited materials)
5. **Campfire Session** - Story sharing, singing, and group reflections under the stars.

TAKEAWAY (OUTCOMES):

The outbound activity was a resounding success, meeting its intended objectives and leaving participants feeling refreshed, connected, and motivated. It reinforced the importance of teamwork and highlighted the power of collaboration in achieving common goals.

1. **Enhanced Teamwork and Collaboration:**
 - The activities promoted a sense of unity and trust among team members, which will positively impact workplace collaboration.
2. **Improved Communication Skills:**
 - Participants learned the importance of clear and effective communication, especially during high-pressure situations.
3. **Leadership Development:**
 - The leadership session provided valuable insights into managing teams and making decisions that benefit the group as a whole.
4. **Problem-Solving Abilities:**
 - The problem-solving challenges encouraged participants to think critically and work together to overcome obstacles.
5. **Increased Motivation and Morale:**
 - The fun and engaging activities boosted the morale of the participants, leading to a more motivated and enthusiastic team

POSTER OF THE EVENT



CENTRE FOR CAPACITY BUILDING AND HUMAN RESOURCE DEVELOPMENT

PRESENTS

Rediscovering Self: Exploring Persona

One-Day Outbound Training Program

Date: 4th September, 2025
Time: 8:00 AM to 8:00 PM
Venue: The Hotel Kannelite,
Sakchi, Jamshedpur



CONVENOR:
Dr. Charu Wadhwa
Assistant Director
CCHRD

COORDINATOR:
Ms. Tanvi Singh
Executive
CCHRD

PHOTOS OF THE EVENT



Fig1. Student Participation in Outdoor activity



Fig 2. Students in the Outdoor activity with the instructor



Fig 3. Students interacting with Peers



Fig 4. Students listening to the speaker at the Seminar Hall



Fig 5. Students build tower in group activity



Fig 6. Students lined up for an activity



Fig 7. Interactive session during program



Fig 8. Students Participate in problem solving game



Fig 9. Group photo



Fig 10 Session closing with National Anthem

LIST OF PARTICIPANTS



Centre for Capacity Building and Human Resource Development

Attendance Sheet: One-day Outbound Training Programme

Rediscovering Self: Exploring Persona

Venue: The Kannelite Hotel, Sakchi, Jamshedpur

Programme: BA.FASHION DESIGN

Batch Number (Mention if applicable): 2025

Name(s) of Faculty Coordinator(s): Dr. Manoj Pathak, Mr. Shyam Kumar

Date: 04/09/25

Sl. No.	Enrolment No.	Name of the Student	While Reporting at the Venue (around 08:00 AM) Signature of the Student	Before Lunch (around 12:00 PM) Signature of the Student	After Lunch (around 03:00 PM) Signature of the Student	While Departing from the Venue (around 08:00 PM) Signature of the Student
1	AJU/250772	Khushi kumari	Khushi	Khushi	✓	Khushi
2	AJU251510	Manisha minz	Manisha	Manisha	✓	Manisha
3	AJU/251191	Neeral Kaur				

4. AJU/250290 Sonali Sinha Sonali Sinha Sonali ✓ Sonali Sinha

Coordinator(s)

Assistant Director (CCHRD)