

CIRCULAR

ARKA JAIN
University

Jharkhand

NOTICE

SCHOOL OF NURSING

Ref. No: AJU/SON/190/25

Date: 28/08/2025

It is our immense privileged to announce that School of Nursing in association with **Student Nurses Associated of India (SNAI)** and **Samaritan- the Nursing Club** under the flagship of **Unnat Bharat Abhiyan (UBA)** is going to organize the **"National Nutrition Week (NNW) 2025"** under the theme **"NUTRITIOUS FOOD FOR ALL, FROM CHILDREN TO THE ELDERLY"** on September 1st to 4th 2025 at Musarikudar Village, Harisundarpur and Mohanpur Village, Seraikela Kharsawan which will commence from 09:00 am onwards for the above mentioned days.

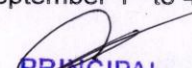
The agenda has been attached below

We invite all the Fraternity of **ARKA JAIN UNIVERSITY** from September 1st to 4th to participate & make the Event a grand success.

Co Convener –


VICE PRINCIPAL
School of Nursing
ARKA JAIN University

Prof. Shilpa J. (Vice Principal)


PRINCIPAL

School of Nursing

ARKA JAIN UNIVERSITY

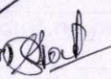
Prof. Ginu Anie Joseph

Principal

School of Nursing

Event Coordinator:-

Ms. Nimola Ekka (Nursing Tutor) 

Mrs. Subhashree Rout (Nursing Tutor) 

Copy to:

PS to Vice Chancellor

PS to Pro Vice Chancellor

PS to Director

Office of the Registrar

IQAC

Dean/PC of University Campus

In charge website

Office Record

ERP Co-ordinator

NATIONAL NUTRITION WEEK

Date of Event	01.09.2025 to 04.09.2025
Name of the Event	National Nutrition Week
Type of the Event	Extension activity
Conducted by	School of Nursing
No. of Participants	27

OBJECTIVE: To raise awareness about the critical importance of good nutrition for a healthy life, focusing on combating malnutrition, preventing lifestyle diseases, and promoting a balanced diet across all age groups.

DETAILS:

The School of Nursing, ARKA JAIN University organized an event on National Nutrition Week 2025 in association with the Student Nurses Association and Samaritan – The Nursing Club under the flagship of Unnat Bharat Abhiyan. The theme of the program was “Nutritious Food for All, from Children to the Elderly”. The event was conducted from September 1st to 4th, 2025 at Musarikudar Village, Harisundarpur University Campus Block A Room No: - 107 (Nutrition Lab) and Mohanpur Village, Seraikela Kharsawan, commencing at 9:00 AM onwards each day. On Day 1 (1st September 2025), the program began with a welcome note to the village people of Musarikudar. This was followed by an explanation about the importance of Nutrition Week and the theme for 2025. Nursing students presented posters on malnutrition and conducted growth monitoring check-ups for under-five children, which included measuring length/height, weight, mid-arm circumference, and BMI. The session concluded with a summary of the day’s activities. On Day 2 (2nd September 2025), the team welcomed the village people of Harisundarpur. An awareness talk was given on breastfeeding, complementary feeding, and weaning practices. A session on the prevention of anaemia through the intake of iron-rich food was also conducted. To make learning engaging, storytelling on super foods for children was organized. The activities for the day concluded with a summary. On Day 3 (3rd September 2025), the Nursing students of the 4th semester (Batch 2023–2027). Demonstrated the preparation of therapeutic diets and explained their importance in promoting health and recovery in (Nutrition Lab) Room No: - 10. On Day 4 (4th September 2025), the event commenced with a welcome note to the villagers of Mohanpur. A skit highlighting the issue of malnutrition and related diseases was performed. Nutrition counselling sessions were conducted for parents to promote healthy dietary practices for maintaining daily health. Overall, the program went successfully, which was conducted under the supervision of (Principal) Professor Mrs Ginu Anie Joseph and Prof. Shilpa J (Vice Principal) with the authorization of Pro Chancellor Professor Dr. Angad Tiwari.

TAKEAWAY (OUTCOMES): The students come to know about the serves as an important reminder of the power of healthy eating in shaping overall well-being and preventing diseases. By participating in the week's initiatives and adopting simple dietary changes at home, individuals can make nutrition a priority in their daily lives.

POSTER OF THE EVENT



ARKA JAIN
University
Jharkhand



RANKED 3rd
IN "TOP-15 EMERGING PRIVATE
UNIVERSITIES IN INDIA" CATEGORY



SCHOOL OF NURSING

organizes

NATIONAL NUTRITION
WEEK 2025

IN ASSOCIATION WITH STUDENTS NURSES
ASSOCIATED OF INDIA (SNAI) AND
SAMARITAN - THE NURSING CLUB UNDER
THE FLAGSHIP OF UNNAT BHARAT
ABHIYAN (UBA)

THEME:- Nutritious Food for all , from
children to the elderly

CONVENER :- PROF. GINU ANIE JOSEPH (PRINCIPAL)

CO- CONVENER :- PROF SHILPA J (VICE PRINCIPAL)

EVENT COORDINATOR :-

MRS. SUBHASHREE ROUT (NURSING TUTOR) AND MS NIMOLA EKKA
(NURSING TUTOR)

**DATE:- 1 TO 4TH
SEPTEMBER 2025**

TIME :- 9.00 AM



VENUE : Musarikudar , Harisundarpur , University campus
Block A Room no 107 (Nutrition Lab), Mohanpur village
Sareikela Kharsawan





Fig.1- Group Photo of Event in Musarikuder Village.



Fig.2- Growth monitoring check-ups for under-five children, which included measuring length/height, weight, mid-arm circumference, and BMI.



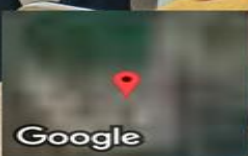
Fig.3 - A session on the prevention of anaemia through the intake of iron-rich food was also conducted.



Fig.4 - Group Photo of Event in Mohanpur Village.



Fig.5 - The Nursing students of the 4th semester (Batch 2023-2027). Demonstrated the preparation of therapeutic diets



Mohanpur, Jharkhand, India

312/a, Dist, Opposite. To Kerala Public School,
Gamharia, Mohanpur, Jharkhand 832108, India

Lat 22.843395° Long 86.102338°
03/09/2025 11:30 AM GMT +05:30

GPS Map Camera

Fig.6 - Students Explaining about their importance in promoting health and recovery in (Nutrition Lab) Room No: - 10.



Fig.7- A skit highlighting the issue of malnutrition and related diseases was performed.



Fig.8- Group Photo of Event in Harisundarpur Village.

LIST OF PARTICIPANTS

JGI ARKA JAIN University NAAC A

ARKA JAIN UNIVERSITY
NATIONAL NUTRITION WEEK 2025
VILLAGE-HARISUNDARPUR, SAREIKELA KHARSAWAN

Date-02/09/2025

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1	Himanshu Raj	AJU/242219	Himanshu
2	Rishabh Kumar	AJU/242236	Rishabh
3	Reeta Hembram	AJU/242245	Reeta
4	Ansh Kumar	AJU/242239	Ansh
5	Naulish Kumar	AJU/242238	Naulish
6	Dany Sinha	AJU/242209	Dany
7	Ashish Kumar	AJU/242240	Ashish
8	Asha Kishan Somen	AJU/242267	Asha
9	Suman Majhi	AJU/242219	Suman
10	Pooja Kumari	AJU/242211	Pooja
11	Suhani Kumari	AJU/242216	Suhani Kumari
12	Kavita Kumari	AJU/242235	Kavita

SIGNATURE OF THE EVENT CO-ORDINATOR

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY
SIGNATURE OF THE HOD

JGI ARKA JAIN University NAAC A

ARKA JAIN UNIVERSITY
NATIONAL NUTRITION WEEK 2025
VILLAGE-MOHANPUR, SAREIKELA KHARSAWAN

Date-04/09/2025

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1	Himanshu Raj	AJU/242219	Himanshu
2	Rishabh Kumar	AJU/242236	Rishabh
3	Reeta Hembram	AJU/242245	Reeta
4	Ashish Kumar	AJU/242240	Ashish
5	Naulish Kumar	AJU/242238	Naulish
6	Ansh Kumar	AJU/242239	Ansh
7	Dany Sinha	AJU/242209	Dany
8	Asha Kishan Somen	AJU/242267	Asha
9	Suman Majhi	AJU/242219	Suman
10	Pooja Kumari	AJU/242211	Pooja Kumari
11	Pratyakshi Das	AJU/242263	Pratyakshi Das
12	Kavita Kumari	AJU/242235	Kavita

SIGNATURE OF THE EVENT CO-ORDINATOR

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY
SIGNATURE OF THE HOD

ARKA JAIN UNIVERSITY
NATIONAL NUTRITION WEEK 2025
NUTRITION LAB

Date-03/09/2025

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1	Priganshu Kumar	AJU/231840	Priganshu
2	Parsha Gope	AJU/231850	Parsha
3	Amit Kumar Mandal	AJU/231933	Amit
4	Sahil Behera	AJU/231945	Sahil Behera
5	Poojika Das	AJU/231987	Poojika
6	Sneh Lall	AJU/232009	Sneh
7	Aparna Dutta	AJU/232022	Aparna
8	Baby Mahto	AJU/232038	Baby
9	Puja Patra	AJU/232089	Puja
10	Sanju Kumari Mahdi	AJU/232122	Sanju
11	Damnyanti Nayak	AJU/232123	Damnyanti
12	Rohini Hansda	AJU/232124	Rohini
13	Dhani Baskey	AJU/232125	Dhani
14	Diya Patra	AJU/232131	Diya
15	Shital Kumari	AJU/232135	Shital Kumari

SIGNATURE OF THE EVENT CO-ORDINATOR

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY
SIGNATURE OF THE HOD

ARKA JAIN UNIVERSITY
NATIONAL NUTRITION WEEK 2025
VILLAGE-MUSARI KUDAR, SAREIKELA KHARSAWAN

Date-01/09/2025

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Himanshu Rai	AJU/242217	Himanshu
2.	Khushboo Kumari	AJU/242236	Khushboo
3.	Reeta Hembram	AJU/242245	Reeta
4.	Ansh Kumar	AJU/242239	Ansh
5.	Nandesh Kumar Singh	AJU/242238	Nandesh
6.	Namya Sinha	AJU/242209	Namya
7.	Asha Kishan Somen	AJU/242267	Asha
8.	Suman Majhi	AJU/242219	Suman Majhi
9.	Pooja Kumari	AJU/242211	Pooja Kumari
10.	Poojeshi Das	AJU/242269	Poojeshi Das
11.	Suhani Kumari	AJU/242266	Suhani Kumari
12.	Kavita Kumari	AJU/242285	Kavita

SIGNATURE OF THE EVENT CO-ORDINATOR

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY
SIGNATURE OF THE HOD

अर्का जैन विश्वविद्यालय : गांवों में पहुंचे छात्र, ग्रामीणों को बताई “बच्चों से बुजुर्गों तक के लिए पौष्टिक भोजन” की आवश्यकता व महत्ता

🕒 parasjsr 🕒 September 4, 2025



जमशेदपुर : अर्का जैन विश्वविद्यालय के स्कूल ऑफ नर्सिंग ने राष्ट्रीय पोषण सप्ताह 2025 के तहत एक विशेष जागरूकता कार्यक्रम का आयोजन किया। यह कार्यक्रम उन्नत भारत अभियान के अंतर्गत स्टूडेंट नर्स एसोसिएशन और समैरिटन – द नर्सिंग क्लब के सहयोग से हुआ। कार्यक्रम का मुख्य विषय “बच्चों से लेकर बुजुर्गों तक के लिए पौष्टिक भोजन” था। यह आयोजन विश्वविद्यालय परिसर के पास मुसरीकुदर गांव, हरिसुंदरपुर और सरायकेला-खरसावां के मोहनपुर गांव में किया गया।

इस दौरान ग्रामीणों को स्वास्थ्य और पोषण के बारे में जागरूक करने के लिए विभिन्न गतिविधियों का संचालन किया गया। इनमें पोषण पर चर्चा, बच्चों की ग्रोथ जांच (ऊंचाई, वजन, बीएमआई), स्तनपान और पूरक आहार पर जानकारी, एनीमिया की रोकथाम विषय पर सत्र और बच्चों के लिए सुपरफूड्स पर कहानियों के माध्यम से शिक्षित करना शामिल था। इसके अलावा, कुपोषण पर एक नाटक का मंचन भी किया गया और माता-पिता को पोषण से जुड़ी सलाह दी गई।

सामाजिक जिम्मेदारी के प्रति विश्वविद्यालय की प्रतिबद्धता

कार्यक्रम के दौरान अर्का जैन विश्वविद्यालय के प्रति कुलपति प्रो. (डॉ.) अंगद तिवारी, स्कूल ऑफ नर्सिंग की प्राचार्या एनी जोसेफ और रजिस्ट्रार डॉ. अमित कुमार श्रीवास्तव ने इस पहल की सराहना की।

प्रो. (डॉ.) तिवारी ने कहा कि ऐसे कार्यक्रम ग्रामीण समुदायों तक स्वास्थ्य और पोषण संबंधी महत्वपूर्ण संदेश पहुंचाने में सहायक होते हैं।

डॉ. श्रीवास्तव ने इसे विश्वविद्यालय की सामाजिक जिम्मेदारी के प्रति प्रतिबद्धता का प्रतीक बताया। वहीं, प्राचार्या एनी जोसेफ ने कहा कि इस आयोजन से छात्रों के व्यावहारिक ज्ञान और सामाजिक जिम्मेदारी की भावना में वृद्धि हुई है।