



Annual Sports calendar (2025-26)

Sports Council, ARKA JAIN University

July 2025

1. Indoor Games Practice & Matches
2. 3-Day Workshop: *Comprehensive Sports Knowledge* (first week)
3. Practice Begins: Outdoor Events
4. Mind Relax Event: Online BGMI Game Competition (last week)

August 2025

1. Indoor Games Matches & collaboration with state
2. General Sports Practice: All major sports
3. Inter-dept. Friendly Matches (2nd and 3rd week)
4. Fitness Awareness Talk: *Diet & Conditioning for Athletes*

September 2025

1. University Fitness Test for Batch 2025: (first week)
2. Cricket Training & Match Series
3. Physical Fitness Workshop – Techniques & Assessment
4. Women's Sports Motivation Session

October 2025

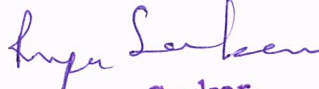
1. Sports Trials for Freshers: (13–31 Oct)
2. Outdoor Games Training
3. Introduction to New Sports
4. Fitness Talk

November 2025

1. Outdoor Sports Practice Begins: All Team Games
2. Exhibition Matches: Intra-university
3. Zumba Wellness Camp & Fitness Event

December 2025

1. Annual Sports Meet – *RUNBHOOMI* (2nd and 3rd week)
2. Inter-Department Football Match
3. Yoga & Recovery Techniques Workshop


Dr. Rupa Sarkar
Chairperson - Sports Council
ARKA JAIN University
Jharkhand

January 2026

1. Coach Confluence 2025
2. YUVA CUP 2024 Participation – Cricket
3. Indoor Athletics Try-outs
4. Powerlifting Training Camp

February 2026

1. Inter-College Event
2. Awareness of fitness for faculties and staff
3. Volleyball Tournament (Intra-University)
4. Fitness & Diet Workshop for Athletes

March 2026

1. Outdoor Sports Practice Continues
2. Community Outreach Program
3. Women's Football Friendly Series
4. Mental Wellness Through Sports – Seminar

April 2026

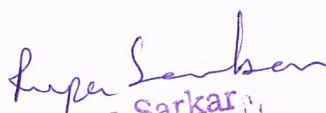
1. Jain Premier League – Women's Cricket (inter school & college)
2. Throwball & Handball Friendly Matches
3. Career Talk: Sports & Higher Education Opportunities
4. Drug Abuse Prevention- Seminar

May 2026

1. Jain Premier League – Boys's Cricket (inter school)
2. Badminton Practice & Competition
3. Sports Awareness Program
4. Sports Quiz with Theory & Practical Sessions

June 2026

1. Observe Olympic day, 2026
2. Bhrahmastra, Jain futsal champion league
3. Final Practical Sessions (Fitness & Games)
4. Monthly Sports Quiz + Awareness Campaign


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