

CIRCULAR

**ARKA JAIN**
University
Jharkhand

SCHOOL OF ALLIED HEALTH SCIENCE

Department of Optometry

CIRCULAR

Ref No: AJU/SOHAS/119/25

Date 30-04-2025

The Department of Optometry is pleased to announce an expert talk on **"The importance of Patient-Therapist Relationship"** aimed at enriching the communication, empathy and interpersonal skills of budding eye care professionals.

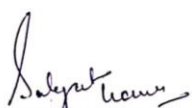
Date: - 02nd May 2025

Time: - 01:00pm

Venue: - B block (Susruta) Seminar Hall

Guest Speaker: - Ms Preeti Saini, University Counsellor

Attendance is mandatory for optometry students. Interested faculty members may join the session.


Sarbojeet Goswami
HOD & Assistant Professor
Department of Optometry
School of Health & Allied Science**Copy to**

Office of the Registrar
IQAC
Class Coordinators In charge
Website
Office Record
Student Whatsapp group

Vision Hub: An Expert Talk on the Importance of Patient-Therapist Relationship

Date of Event	02.05.2025
Name of the Event	Vision Hub: An Expert Talk on the Importance of Patient-Therapist Relationship
Type of the Event	A Professional Skill Development Program
Conducted by	Ms. Bhavana, DEPARTMENT OF OPTOMETRY in association with CCHRD, ARKA JAIN University
No. Of Students Participated	19

OBJECTIVE:

The objective of the event "*Vision Hub: An Expert Talk on the Importance of Patient-Therapist Relationship*" was to enhance students' awareness and understanding of the crucial role that communication, empathy, and trust play in effective patient care. By focusing on the psychological and emotional aspects of the therapist-patient relationship, the session aimed to equip optometry students with essential soft skills such as active listening, emotional intelligence, and interpersonal communication. The event sought to bridge the gap between theoretical knowledge and real-world clinical practice, preparing students to become not only skilled professionals but also compassionate and patient-centered healthcare providers. Additionally, it emphasized the importance of mental and emotional well-being, both for patients and practitioners, in delivering holistic healthcare services.

DETAILS:

The Department of Optometry in association with CCHRD at ARKA JAIN University organized a professional skill development program titled "Vision Hub: An Expert Talk on the Importance of Patient-Therapist Relationship" on 02 May 2025. The session featured Ms. Preeti Saini, the University Counsellor, as the esteemed resource person.

The primary focus of the session was to educate students on the significance of a strong and empathetic relationship between patients and healthcare providers. Ms. Priti provided deep insights into the psychological and emotional aspects of patient care, highlighting how effective communication, active listening, and empathy are crucial in building trust and improving therapeutic outcomes. Through interactive discussions and case-based scenarios, Ms. Priti helped students understand the complexities of patient behavior, emotional needs, and how therapists can respond constructively. The session also emphasized the importance of self-awareness and emotional intelligence for healthcare professionals.


Students actively engaged in the session, participating in Q&A rounds and sharing their perspectives, which contributed to a vibrant and reflective learning environment. The talk served as an eye-opener for many, encouraging them to approach patient care with greater compassion and professionalism. The event was a significant step toward developing essential soft skills among optometry students. It reinforced the idea that technical knowledge must go hand-in-hand with interpersonal sensitivity


to ensure holistic and effective patient care. Feedback from participants highlighted the session's relevance, practical value, and inspiring delivery by the resource person.


TAKEAWAY (OUTCOMES):

The session proved to be highly beneficial for the participating students. It successfully raised awareness about the significance of building strong, empathetic relationships with patients in clinical settings. Students gained valuable insights into the emotional and psychological aspects of patient interaction, which are often overlooked in traditional academic training. The session helped improve their communication skills, encouraged self-reflection, and highlighted the importance of emotional intelligence in healthcare. Many students expressed a deeper appreciation for the human side of patient care and reported feeling more confident about handling real-life interactions in a professional and compassionate manner. Overall, the event contributed meaningfully to the holistic development of future optometry professionals.


POSTER OF THE EVENT


**ARKA JAIN
University**
Jharkhand

**NAAC
GRADE A**
ACCREDITED UNIVERSITY

**India Today-MIRA
Best Universities 2024 Ranking**

RANKED 52ND
BEST PRIVATE UNIVERSITY IN INDIA


**ISO
20022018**



Department of Optometry
in association with CCHRD

Organizes


Vision Hub- An Expert Talk
**ADDRESSING THE CROSS
CUTTING ISSUE-
PROFESSIONAL ETHICS**
Patient- Therapist Relationship ———
A Professional Skill Development Program
2nd May, 2025 ———
Time : 01:00 pm Onwards
Venue : Block B, Seminar Hall





SPEAKER:
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Ms. Priti Saini
University Counsellor

Conveners: Mr. Sarbojeet Goswami, Dr. Charu Wadhwa
Event Coordinator : Ms. Bhavana Kumari

 **arkajainuniversity**

 **arkajainuniversity**

 **1800 - 1200 - 200**

PHOTOS OF THE EVENT



Dr. Charu Wadhwa, Assistant Director, CCHRD welcoming the resource person Ms. Preeti Wadhwa



Dr. Charu Wadhwa, Assistant Director, CCHRD addressing the students



Resource Person: Ms. Preeti Saini, University Counsellor

LIST OF PARTICIPANTS

SCHOOL OF ALLIED HEALTH SCIENCE
DEPARTMENT OF OPTOMETRY
Attendance Form

VISION HUB -
Name of the Event: Expert Talk - Importance of Patient-
Therapist Relationship

Date of the Event: 02-05-25 TO _____

SL NO.	Name of the Candidate	Signature	How would you like this session/event?					Feedback		Would you like to attend this type of session/ event in future		Attendance						
			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
01.	Mukul Kumar	<i>Mukul</i>		✓				✓		✓								
02.	Rani Kumari	<i>Rani</i>		✓				✓		✓								
03.	Nisay Kumar	<i>Nisay</i>		✓				✓		✓								
04.	Manish Kumar	<i>Manish</i>			✓			✓		✓								
05.	Milan Bag	<i>Milan</i>		✓				✓		✓								
06.	Pavansh Jadar	<i>Pavansh</i>		✓				✓		✓								
07.	Rishabh Mishra	<i>Rishabh</i>		✓				✓		✓								
08.	Aisha Iqbal	<i>Aisha</i>		✓				✓		✓								
09.	Tahira Fatma	<i>Tahira</i>		✓				✓		✓								

* E=Excellent, VG=Very Good, G=Good, A=Average, P=Poor

[Signature]
Signature of Head
HOD
Department of Optometry
School of Health & Allied Science

[Signature]
Signature of Event Coordinator

SCHOOL OF ALLIED HEALTH SCIENCE
DEPARTMENT OF OPTOMETRY
Attendance Form

VISION HUB - An Expert Talk - Importance of Patient-Therapist Relationship
Name of the Event: Importance of Patient-Therapist Relationship

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			E	VG	G	A	P	YES	NO	YES	NO	D1	D2	D3	D4	D5	D6	D7
01.	Deepak Kumar	<i>Deepak</i>	✓					✓		✓								
02.	Sapna Shrivastava	<i>Sapna</i>	✓					✓		✓								
03.	Riya Shrivastava	<i>Riya</i>	✓					✓		✓								
04.	Sadaf Khan	<i>Sadaf</i>	✓					✓		✓								
05.	Nithesh Kr.	<i>Nithesh</i>	✓					✓		✓								
06.	Anush Utkram	<i>Anush</i>	✓					✓		✓								
07.	Md Saddique Ali	<i>Saddique</i>	✓					✓		✓								
08.	Ditsa	<i>Ditsa</i>	✓					✓		✓								
09.	Anushka Biswas	<i>Anushka</i>	✓					✓		✓								
10.	Sabna Biswas	<i>Sabna</i>	✓					✓		✓								

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[Signature]
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School of Health & Allied Science

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Signature of Event Coordinator

FEEDBACK ANALYSIS

