



CIRCULAR



NOTICE SCHOOL OF NURSING

Ref. No: AJU/SON/114/25

Date: 10/06/2025

We are pleased to announce that the School of Nursing in association with Student Nurses Association of India (SNAI) & Samaritan The Nursing Club is going to celebrate International Yoga Day 2025, Theme: "Yoga for One Earth, One Health". This celebration aims to promote the benefits of yoga for physical and mental well-being.

Date: 21-06-2025

Time: 10:00 am onwards

Venue: Aryabhatta Block, JEH Auditorium

We look forward to your active participation in making this celebration a success and

promoting a healthier lifestyle through yoga.

Prof. Ginu Anie Joseph

School of Nursing

School of Nursing

ARKA JAIN University

Event Coordinators

ARKProf ISh II pavdrsity

Vice Principal

Prof. Shilpa J (Vice Principal)

Mrs. Priyanka Tudu (Assistant Professor)

Copy to:

PS to Vice Chancellor

PS to Director DSW and Campus

Director Office of the Registrar

IQA Cell

Dean/PC of University Campus

In charge website

Office Record

ERP Coordinator





INTERNATIONAL YOGA DAY 2025

Date of Event	21.06.2025	
Name of the Event	International Yoga Day 2025	
Type of the Event Observance Day(Skill Development)		
Conducted by School of Nursing		
No. Of Participants	19	

OBJECTIVE:

To raise global awareness about the numerous benefits of practicing yoga, encompassing physical, mental, and spiritual well-being & to promote yoga as a holistic approach to health and wellness, encouraging individuals worldwide to adopt it as a way of life.

DETAILS:

The School of Nursing, ARKA JAIN University successfully organized and celebrated International Yoga Day 2025, Theme: "Yoga for One Earth, One Health" on 21st June 2025, from 10:00 AM onwards at the JEH Auditorium, Block Aryabhatta. The event witnessed enthusiastic participation from students, faculty, and staff members. The program commenced with a Lamp Lightening & welcome address followed by a brief speech on the importance and origin of International Yoga Day by Prof. Shilpa J (Vice Principal) School of Nursing. The event began with a warm welcome and introduction to the day's theme. Ms. Pritika Das, a 3rd semester B.Sc. Nursing student, delivered a well-prepared presentation on the theme "Yoga for One Earth, One Health", highlighting the interconnectedness of personal and environmental health. This was followed by an energetic and well-coordinated yoga demonstration performed by B.Sc. Nursing 3rd semester students, under the expert guidance of Prof. Shilpa J, Yoga Trainer. Various yoga postures, breathing techniques (pranayama), and meditation practices were demonstrated. The Program was conducted under the guidance of Prof. Ginu Anie Joseph (Principal) & Prof. Shilpa J (Vice Principal) School of Nursing.

TAKEAWAY (OUTCOMES):

Students gained practical experience and theoretical understanding of yoga's role in personal and global wellness. The event fostered a spirit of unity, discipline, and mindfulness among all participants.





POSTER OF THE EVENT



















SCHOOL OF NURSING

SAMARITAN THE NURSING CLUB & SNAI (STUDENT NURSES ASSOCIATION OF INDIA)

Organizes

International Yoga Day, 2025

21 June

CONVENER:

Prof. Ginu Anie Joseph Principal

CO-CONVENER:

Prof. Shilpa J Vice Principal

COORDINATOR:

Prof. Shilpa J Vice Principal

Priyanka Tudu Asst. Proffessor



THEME:-"YOGA FOR ONE EARTH, ONE HEALTH"

ON DATE:-21ST JUNE 2025 | VENUE:- ARYABHATTA BLOCK (JEH AUDITORIUM)





PHOTOS OF THE EVENT



Fig.1- Lamp Lighting Ceremony.



Fig. 2- Inaugural of the Event.





PHOTOS OF THE EVENT



Fig. 3-Theme Presentation by Ms. Pritika Das a 3rd semester B.Sc. Nursing student.



Fig. 4- Students Performing the Yoga





PHOTOS OF THE EVENT



Fig. 5- Students Performing the Yoga





LIST OF PARTICIPANTS



SCHOOL OF NURSING

International Yoga Day 2025

Theme -"Yoga for One Earth, One Health".

Da	- 21	100	120	125
Dal	te-21	/UO	121	143

1. Diryarshy Raj 2. Baby Mahto 3. Painta Das 4. Sheh Lall 4. Sheh Lall 5. Afrana Dutta 6. Dirya Patro 7. Sudasshan Mahato 8. Bishal Mahato 9. Pruyorshu Kumay 10. Darnyant Nayar 11. Rohin Hansde 12. Saya Kori Mahat 12. Saya Kori Mahat 12. Saya Kori Mahat 13. Pup Patro 14. Shehil Kumay 15. Puhishek Km. Yaslav 16. Lipika Paul 17. Abhishek Km. Yaslav 18. Shital Kumai 19. Bansha Grope 19. Bansha Grope 20. 21. 22. 23. 24. 25. 26.		L	TIPE	
2. Baby Mahro 3. Patrice has 4. Sheh Lall 5. Afarma Dutta 6. Dixa Patro 7. Sultasshan Mahato 8. Bishal Mahato 9. Privyorshu Humox, A Jul 23123 Bongury Mayer 10. Barryant Mayer 11. Rohin Hansdo 12. Daya Kori mandi 13. Puip Patau 14. Shehul Kumaru 15. Abhishek Kn. Yadav AJUl 232023 16. Lipika Paul 17. Abhishek Kn. Yadav AJUl 232023 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.	10000	NAME OF THE PARTICIPANTS	ENROLLMENT NO	SIGNATURE
3. Pairtie Das 4. Sneh Lall 4. Sneh Lall 5. Afanna Dutta 6. Diya Patro 7. Suddisshan Mahato ATU 232022 Afouna 8. Bishal Mahato ATU 232022 Afouna 9. Privyanshu Kumay ATU 2318 +0 Patro 10. Darryani Nayax ATU 23124 Rohini 11. Rohin Hansa ASU 232125 Darryani Nayax 12. Saja keri madi ASU 232124 Rohini 13. Pija fatau ASU 232087 Pija 14. Afouna Kumay ASU 232087 Pija 15. Paince Luyrar ASU 232087 Pija 16. Lipika Paw ASU 232023 Dirika 17. Abinishek Kr. Yadav ATU 232026 Athiotek 18. Shital Kumai ASU 232138 Shital 19. Bansha Gope AJU 231850 Romins 19. Bansha Gope AJU 231850 Romins 20. 21. 22. 23. 24. 25.		Disyanchy Rai	AJU1231784	Dryanny
3. Paithe Das 4. Sneh Lell Asol 232009 5. Afanna Dutta 6. Diya Patro 7. Suddesshan Mahato AJU 232020 8. Rishal Mahato AJU 2312145 8. Rishal Mahato AJU 2312000 9. Priyanshu Kumay, AJU 2318 to Patro 10. Ramyanh Nayax AJU 232125 11. Rohin Hansdo ASO 232124 Rohini 12. Saja kosi madi ASU 232124 Rohini 13. Pupa fatau ASU 232087 14. Apuluk Kumay AJU 232087 15. Rishal Kumay AJU 232087 16. Lipika Paw AJU 232023 Rishal 17. Abhishek Kin Yadav AJU 232023 Rishal 18. Shital Kumaii AJU 232086 19. Raysha Grope AJU 232138 Shital 19. Raysha Grope AJU 231850 Raysha 20. 21. 22. 23. 24. 25. 26. 27. 28.	77.5	Baby og anto	AJU/232038	Kaby
5. Againa Dutta 6. Dixa Patro 7. Suitasshan Mahato 8. Bishal Mahato 9. Peryansah Nayak 10. Agamyanti Nayak 11. Rohan Hansdo 12. Saja koi mandi 13. Pinja fatar 14. Shirika Kumaru 15. Prince Kumaru 16. Lipika Paul 17. Abnishek Kon Yadav 18. Shital Kumari 19. Bansha Grope 21. 22. 23. 24. 25. 26. 27. 28. 29.		Pritipa Das	A50/23/987	Rustina
6. Diya Patro 7. Sudushan Mahato AJU 231745 Sudashan 8. Bishal Mahato AJU 231745 Sudashan 9. Pruyansh Nayak AJU 2318 to Party 10. Damyant Nayak AJU 2318 to Party 11. Rohin Hansdo R30 232124 Rohin 12. Saya koi madi AJU 23087 Puja 13. Puja fatacu AJU 23087 Puja 14. Sheuti Kumacu AJU 231686 Sheuti 15. Raince kumacu AJU 2320150 Mai 16. Lipika Paul AJU 232023 Tirikar 17. Abhishek Kon Yadav AJU 232026 Aphiolek 18. Shital Kumani AJU 232026 Aphiolek 19. Bansha Gope AJU 281850 Bansha 19. Bansha Gope AJU 281850 Bansha 20. 21. 22. 23. 24. 25. 26. 27. 28.		Sneh Lall	A501 232009	Signi.
9. Priyarshu Kumor, Ajul 2318 to Party 10. Darrynk Nayak Ajul 232123 Danyak Nayak 11. Rohin Hansdo Riol 232124 Rohini 12. Darja koi mandi Ajul 232087 Rohini 13. Pula Patau Ajul 232087 Puja 14. Sheuti Kumau Ajul 2320137 Physical 15. Rainer Leynau Ajul 232023 There 16. Lipika Paul Ajul 232023 There 17. Abhishek Kr. Yadav Ajul 232026 Athiolek 18. Shital Kumari Ajul 232026 Athiolek 18. Shital Kumari Ajul 232135 Smital 19. Bansha Giope Ajul 281850 Bansha 20. 21. 22. 23. 24. 25. 26. 27. 28.		Aparina Dutta	AJU 2320 22	
9. Priyarshu Kumor, Ajul 2318 to Party 10. Darrynk Nayak Ajul 232123 Danyak Nayak 11. Rohin Hansdo Riol 232124 Rohini 12. Darja koi mandi Ajul 232087 Rohini 13. Pula Patau Ajul 232087 Puja 14. Sheuti Kumau Ajul 2320137 Physical 15. Rainer Leynau Ajul 232023 There 16. Lipika Paul Ajul 232023 There 17. Abhishek Kr. Yadav Ajul 232026 Athiolek 18. Shital Kumari Ajul 232026 Athiolek 18. Shital Kumari Ajul 232135 Smital 19. Bansha Giope Ajul 281850 Bansha 20. 21. 22. 23. 24. 25. 26. 27. 28.		Dixa Patro	A50/232131	Dig.
9. Priyarshu Kumor, Ajul 2318 to Party 10. Darrynk Nayak Ajul 232123 Danyak Nayak 11. Rohin Hansdo Riol 232124 Rohini 12. Darja koi mandi Ajul 232087 Rohini 13. Pula Patau Ajul 232087 Puja 14. Sheuti Kumau Ajul 2320137 Physical 15. Rainer Leynau Ajul 232023 There 16. Lipika Paul Ajul 232023 There 17. Abhishek Kr. Yadav Ajul 232026 Athiolek 18. Shital Kumari Ajul 232026 Athiolek 18. Shital Kumari Ajul 232135 Smital 19. Bansha Giope Ajul 281850 Bansha 20. 21. 22. 23. 24. 25. 26. 27. 28.		Sudasshan Mahato	AJU1231745	Seoclasshan
10. Darrynt Nayak 11. Robin Hansda 12. Daga koi madi 13. Pup Patau 14. Shuuti Kurnau 15. Raine Leyrau 16. Lipika Paul 17. Abhishek Kr. Yadav 18. Shital Kurnari 19. Bansha Gtope 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Bishal mahab		Outo
11. Rohin Hansdo 12. Saja koj madi 13. Puja latare 14. Sheweli Kumaru 15. Puiner laynar 16. Lipika Paul 17. Abhishek Kn. Yadav 18. Shitel Kumari 19. Barsha Grope 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Peryonshu Kumor,		Pany
12. Sarja koj mandi 13. Prip Patare 14. Sheweli Kurnare 15. Prince Kryner 16. Lipika Paul 17. Abhishek Kn. Yadav 18. Shital Kurnari 19. Barsha Grope 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Damyanti Nayak		Dangary Wayar
13. Pup fatar 14. Shouli Kumari 15. Puiner Krynar 16. Lipika Paul 17. Abhishek Kn. Yadav 18. Shital Kumari 19. Barsha Grope 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.	1000000	Rohini Hansda	AJU 232124	Rohinj
13. Pup fatar 14. Shouli Kumari 15. Puiner Krynar 16. Lipika Paul 17. Abhishek Kn. Yadav 18. Shital Kumari 19. Barsha Grope 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.	-2(0)(2)(1)	Daja koi mandi	A50/232122	Sarjy
17. Abin'shek Kr. Yadav AJU 232026 Abbirlet. 18. Shital Kurrani AJU 23213B Suital 19. Barsha Glope AJU 281850 Barsha 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.			AJU/232087	Puja
17. Abinishek Kr. Yadav AJU 232026 Abbirdek. 18. Shital Kumani AJU 23213B Smital 19. Bansha Grope AJU 281850 Bansha 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Shewell Kumare		Streeti .
17. Abin'shek Kr. Yadav AJU 232026 Abbirlet. 18. Shital Kurrani AJU 23213B Suital 19. Barsha Glope AJU 281850 Barsha 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Painer Curror		m
18. Shital Kumani ADU 1232135 Shital 19. Bansha Grope AJU 281850 Comples 20. 21. 22. 23. 24. 25. 26. 27. 28. 29.		Lipika Pawl		alpika
19. Bansha Grope 20. 21. 22. 23. 24. 25. 26. 27. 28.				
20.				Smital
21. 22. 23. 24. 25. 26. 27. 28. 29.		Barsha Grope	AJU 231850	Bouchs
22. 23. 24. 25. 26. 27. 28. 29.			1	
23. 24. 25. 26. 27. 28. 29.				
24. 25. 26. 27. 28. 29.				
25. 26. 27. 28. 29.				
26. 27. 28. 29.				
27. 28. 29.				
28. 29.				
29.			Action to the second	
	29.			
30.	30.			

SIGNATURE OF THE EVENT CO-ORDINATOR

SIGNATURE OF THE PRINCIPAL School of Nursing