

CIRCULAR

**ARKA JAIN**
University
Jharkhand

NOTICE SCHOOL OF NURSING

Ref. No: AJU/SON/114/25**Date: 10/06/2025**

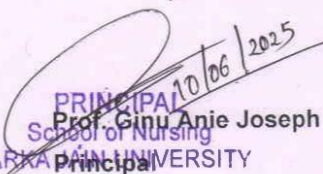
We are pleased to announce that the School of Nursing in association with **Student Nurses Association of India (SNAI) & Samaritan The Nursing Club** is going to celebrate **International Yoga Day 2025**, Theme: "Yoga for One Earth, One Health". This celebration aims to promote the benefits of yoga for physical and mental well-being.



Date: 21-06-2025**Time: 10:00 am onwards****Venue: Aryabhata Block, JEH Auditorium**

We look forward to your active participation in making this celebration a success and promoting a healthier lifestyle through yoga.


VICE PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY

Prof. Shilpa J
Vice Principal


PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY

Prof. Ginu Anie Joseph
Principal
School of Nursing
ARKA JAIN University**Event Coordinators****Prof. Shilpa J (Vice Principal)** **Mrs. Priyanka Tudu (Assistant Professor)** **Copy to:**

PS to Vice Chancellor

PS to Director DSW and Campus

Director Office of the Registrar

IQA Cell

Dean/PC of University Campus

In charge website

Office Record

ERP Coordinator

INTERNATIONAL YOGA DAY 2025

Date of Event	21.06.2025
Name of the Event	International Yoga Day 2025
Type of the Event	Observance Day(Skill Development)
Conducted by	School of Nursing
No. Of Participants	19

OBJECTIVE:

To raise global awareness about the numerous benefits of practicing yoga, encompassing physical, mental, and spiritual well-being & to promote yoga as a holistic approach to health and wellness, encouraging individuals worldwide to adopt it as a way of life.

DETAILS:

The School of Nursing, ARKA JAIN University successfully organized and celebrated International Yoga Day 2025, Theme: "Yoga for One Earth, One Health" on 21st June 2025, from 10:00 AM onwards at the JEH Auditorium, Block Aryabhata. The event witnessed enthusiastic participation from students, faculty, and staff members. The program commenced with a Lamp Lightening & welcome address followed by a brief speech on the importance and origin of International Yoga Day by Prof. Shilpa J (Vice Principal) School of Nursing. The event began with a warm welcome and introduction to the day's theme. Ms. Pritika Das, a 3rd semester B.Sc. Nursing student, delivered a well-prepared presentation on the theme "Yoga for One Earth, One Health", highlighting the interconnectedness of personal and environmental health. This was followed by an energetic and well-coordinated yoga demonstration performed by B.Sc. Nursing 3rd semester students, under the expert guidance of Prof. Shilpa J, Yoga Trainer. Various yoga postures, breathing techniques (pranayama), and meditation practices were demonstrated. The Program was conducted under the guidance of Prof. Ginu Anie Joseph (Principal) & Prof. Shilpa J (Vice Principal) School of Nursing.

TAKEAWAY (OUTCOMES):

Students gained practical experience and theoretical understanding of yoga's role in personal and global wellness. The event fostered a spirit of unity, discipline, and mindfulness among all participants.

POSTER OF THE EVENT



SCHOOL OF NURSING

**SAMARITAN THE NURSING CLUB & SNAI
(STUDENT NURSES ASSOCIATION OF INDIA)**

Organizes

International Yoga Day, 2025

21 June

CONVENER:

Prof. Ginu Anie Joseph
Principal

CO-CONVENER:

Prof. Shilpa J
Vice Principal

COORDINATOR:

Prof. Shilpa J
Vice Principal

Priyanka Tudu
Asst. Professor



THEME:- "YOGA FOR ONE EARTH, ONE HEALTH"

ON DATE:- 21ST JUNE 2025 | VENUE:- ARYABHATTA BLOCK (JEH AUDITORIUM)

PHOTOS OF THE EVENT



Fig.1- Lamp Lighting Ceremony.



Fig. 2- Inaugural of the Event.

PHOTOS OF THE EVENT



Fig. 3-Theme Presentation by Ms. Pritika Das a 3rd semester B.Sc. Nursing student.



Fig. 4- Students Performing the Yoga

PHOTOS OF THE EVENT



Fig. 5- Students Performing the Yoga

LIST OF PARTICIPANTS

ARKA JAIN
University
Jharkhand

SCHOOL OF NURSING

International Yoga Day 2025

Theme – "Yoga for One Earth, One Health".

Date-21/06/2025

S.N	NAME OF THE PARTICIPANTS	ENROLLMENT NO	SIGNATURE
1.	Dinyanshu Raj	AJU/231784	Dinyanshu
2.	Baby Mahato	AJU/232038	Baby
3.	Pratima Das	AJU/231987	Pratima
4.	Sneh Lall	AJU/232009	Sneh
5.	Aparna Dutta	AJU/232022	Aparna
6.	Diya Patro	AJU/232131	Diya
7.	Sudasshan Mahato	AJU/231745	Sudasshan
8.	Bishal Mahato	AJU/232070	Bishal
9.	Priyanshu Kumoy	AJU/231840	Priyanshu
10.	Ramyanthi Nayak	AJU/232123	Ramyanthi Nayak
11.	Rohini Hansda	AJU/232124	Rohini
12.	Saja Koirandi	AJU/232122	Saja
13.	Puja Patra	AJU/232087	Puja
14.	Shreuti Kumari	AJU/231686	Shreuti
15.	Priyanka Kumar	AJU/232058	Priyanka
16.	Lipika Paul	AJU/232023	Lipika
17.	Abhishek K. Yadav	AJU/232026	Abhishek
18.	Shital Kumari	AJU/232135	Shital
19.	Bansha Grope	AJU/231850	Bansha
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SIGNATURE OF THE EVENT CO-ORDINATOR

SIGNATURE OF THE PRINCIPAL

PRINCIPAL
School of Nursing
ARKA JAIN UNIVERSITY