

Circular



**ARKA JAIN
University**
Jharkhand



SCHOOL OF LAW

AJU/SOL/45-i/2023-2024

07-05-2024

Circular


This is hereby informed to all the students of law that the School of Law, ARKA JAIN University is organizing a session on Mental Health Programme on 08th May 2024 at Nagarjuna Block-E. The particulars of the event are mentioned below:

Date-08th May, 2024


Time-03:00 PM onwards


Location – Nagarjuna Block-E

Coordinator:


Dr. Archita Dash
Assistant Professor
School of Law
Arka Jain University

Convenor:


Prof. (Dr) Praveen Kumar Thakur
Dean in Charge
School of Law
Arka Jain University


Dr. Archita Dash
Programme Coordinator
School of Law
Arka Jain University

Copy to:-

1. PS to Vice Chancellor
2. PS to Director
3. PS to Registrar
4. Faculties of School of Law
5. Students
6. Departmental Circular File
7. Departmental Notice Board

INTERACTIVE SESSION ON MENTAL HEALTH

Date of Event	08.05.2024
Name of Event	Interactive session on Mental Health
Type of Event	Academic
Conducted by	School of Law
No. of Participants	20

OBJECTIVE:

The objective of this program was to help students to understand the importance of mental health in human life. Good Mental Health helps determine how we handle stress, relate to others, and make healthy choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

DETAILS:

MENTAL HEALTH SESSION was conducted by the School of Law at Nagarjuna block- E, Arka Jain University, Jamshedpur to aware the students that how the current situations are pushing us towards stress and anxiety.

The participation of the students was mandatory as it involves people of every stage. There was a total of 20 participants. The event had speaker from National University of Study and Research in Law, Ranchi.

TAKEAWAY (OUTCOMES):

Mental health awareness is critical to promoting mental health treatment and behavioral health. It's a necessary and foundational conversation for changing to a more proactive model of mental health.

POSTER OF THE EVENT

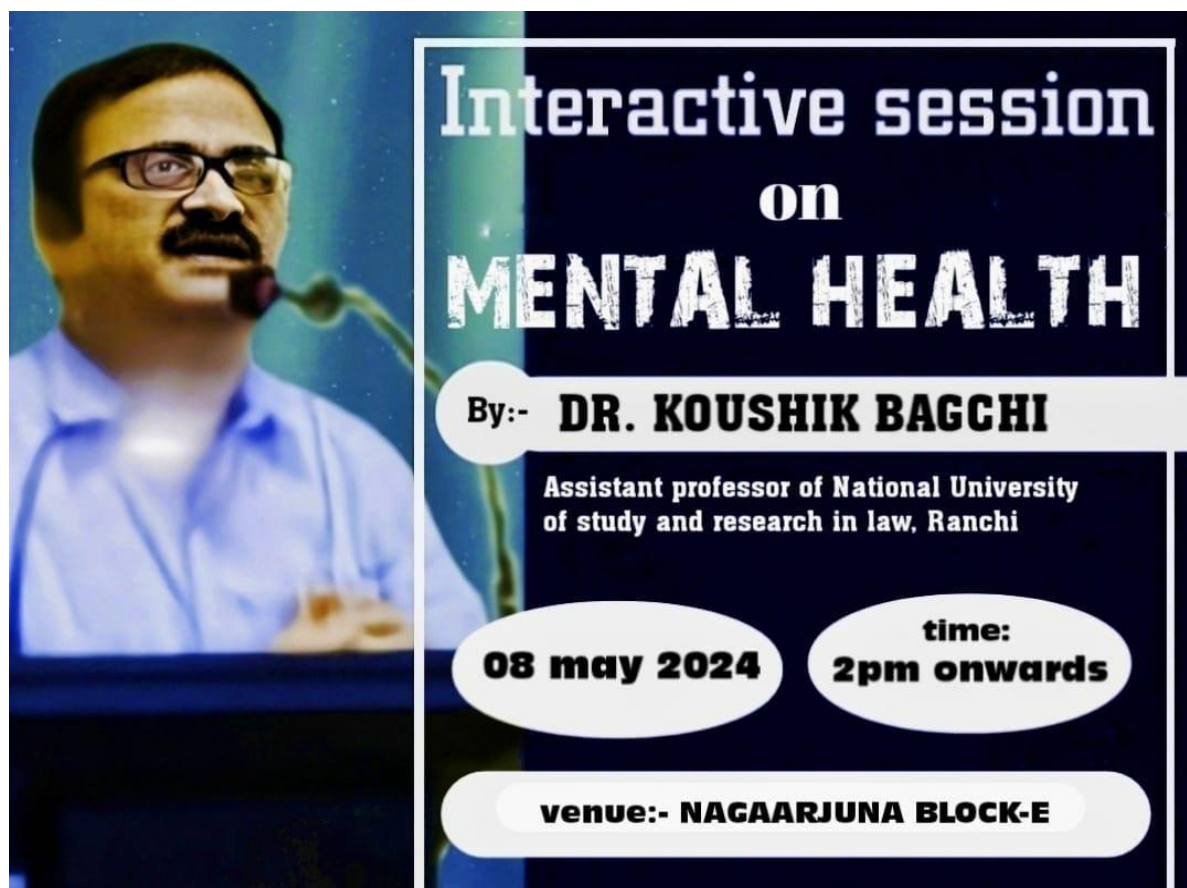


Figure 1: Poster of the event “Interactive Session on Mental Health”

PHOTOS OF THE EVENT



Figure 2: Guest along with the Students.



Figure 3: The students actively attending the session.



Figure 4: Discussing the perspective of young minds.

