

CIRCULAR

**ARKA JAIN**
University
Jharkhand

SCHOOL OF HEALTH AND ALLIED SCIENCE

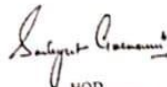
Department Of Optometry

CIRCULAR

Ref No: AJU/SOHAS/246(ii)/24

Date 25-10-2024

It is hereby notified to all the students of Department of Optometry, School of Health & Allied Science that the Ikshana Club of Department of Optometry along with MoU partner ASG Eye Hospital and NSS organizing a Myopia Awareness session titled: "Keep an eye on myopia: prevent and manage" and School Children Eye Camp at Atomic Energy Central School, Jadugora on 30th October 2024 from 10 am onwards. The session was designed to educate school children on the importance of eye health, focusing on myopia prevention and management and also an initiative to screen eyes of school children and reduce the burden of refractive errors.



HOD
Department of Optometry
School of Health & Allied Science

Sarbojeet Goswami
HOD & Assistant Professor
Department of Optometry
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Student Whatsapp group

**MYOPIA AWARENESS SESSION AND SCHOOL CHILDREN EYE CAMP AT
ATOMIC ENERGY CENTRAL SCHOOL, JADUGUDA**

Date of Event	30.10.2024
Name of the Event	Myopia Awareness Session and School Children Eye Camp at Atomic Energy Central School, Jaduguda
Type of the Event	An Extension Activity/ Awareness Program
Conducted by	Ms. Bhavana Kumari, Mr. Pranab Das and Mr. Sarbojeet Goswami, DEPARTMENT OF OPTOMETRY in association with IKSHANA Club and NSS, ARKA JAIN University Collaborated with MoU partner, ASG Eye Hospital, Sakchi
No. Of Students Participated	04

OBJECTIVE: To educate students about myopia, highlighting its causes, symptoms, and the importance of early detection and prevention. The session provided comprehensive information on risk factors, such as genetic predisposition and lifestyle habits, and offered practical advice on preventive measures, including encouraging outdoor activities, proper lighting, and regular eye check-ups. By raising awareness and promoting proactive eye care, the session sought to empower students to take charge of their eye health, thereby fostering a culture of health consciousness and prevention among the young attendees.

DETAILS: On October 30, 2024, the Department of Optometry, School of Health and Allied Science in association with Ikshana Club and NSS, Arka Jain University with collaboration of MoU partner, ASG Eye Hospital, Sakchi organized a comprehensive Myopia Awareness Session and School Children Eye Camp at Atomic Energy Central School, Jaduguda, aimed at educating students about myopia, its causes, prevention, and management. The program began with a welcome address from the school principal, followed by detailed presentations by the Prof. Pranab Das and other members of Ikshana Club on the definition, symptoms, and risk factors of myopia, including genetic predisposition and lifestyle habits. Practical tips on preventing myopia, such as encouraging outdoor activities, taking regular breaks from near-work tasks, and ensuring proper lighting while studying, were shared. An interactive Q&A session allowed students to engage and ask questions about eye health. The session also featured an eye screening camp,

where students received on-site eye check-ups and immediate feedback. The event successfully raised awareness about myopia, promoted proactive eye care, and received positive feedback from attendees, highlighting the importance of such initiatives in fostering health consciousness among young students.

OUTCOMES: The Myopia Awareness Session at Atomic Energy Central School yielded significant outcomes, including increased awareness about myopia among students, who learned about its causes, symptoms, and preventive measures. Students were encouraged to adopt healthier habits such as engaging in outdoor activities and taking breaks during near-work tasks. The eye screening camp identified students needing further examination, providing immediate benefits through on-site eye check-ups. The session ensured the knowledge was shared with families, reinforcing the importance of eye health at home. The high engagement level during the Q&A session and positive feedback from attendees underscored the session's success in promoting proactive eye care and health consciousness.

Poster of the Event

ARKA JAIN
University
JharkhandRANKED 52nd
BEST PRIVATE UNIVERSITY IN INDIA

IKSHANA CLUB

Department of Optometry

Organizes

MYOPIA

Awareness Session

An Outreach Program

School Children Eye Camp

With collaboration of MoU Partner,
ASG Eye Hospital, Jamshedpur

30th October, 2024

Time: 10:00 am

Venue: Atomic Energy Central School,
Jaduguda

Event Coordinator : Ms. Bhavana Kumari

Convener : Mr. Sarbojeet Goswami



Photos of the Event



Fig 1. Mr. Pranab Das presenting and discussing with the participants about Myopia



Fig 2. Participants for the awareness session



Fig 3. Eye Checkup Camp by the MoU partner- ASG Eye Hospital



Fig 4. Group Picture with the presenter and the participants of the school

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Sabojit Gorman
SIGN-Convener

Feedback

