



**SCHOOL OF HEALTH AND ALLIED SCIENCE**  
**DEPARTMENT OF OPTOMETRY**  
**CIRCULAR**



**ARKA JAIN**  
**University**  
Jharkhand



**SCHOOL OF HEALTH AND ALLIED SCIENCE**  
**Department of Optometry**

**CIRCULAR**

**Ref No: AJU/SOHAS/265/24**

**Date 19-11-2024**

It is hereby notified to all the students of Department of Optometry, School of Health & Allied Science that the Ikshana Club of the Department of Optometry in collaboration of NSS, organising Mulya Pravah an initiative under Universal Human Values, through educational kit distribution to the students of Primary School at Musarikudar Village Gamharia, Seraikela Kharsawan on the occasion of World Kindness Day on 22<sup>nd</sup> November 2024 from 10 am onwards.

All the active volunteers are instructed that the attendance is mandatory for the same.

HOD  
Department of Optometry  
School of Health & Allied Science

**Sarbojeet Goswami**  
HOD & Assistant Professor  
Department of Optometry  
School of Health & Allied Science

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Office of the Registrar  
IQAC  
Class Coordinators In charge  
Website  
Office Record



## WORLD KINDNESS DAY

### “MULYA PRAVAH AN INITIATIVE UNDER UNIVERSAL HUMAN VALUES”

<b>Date of Event</b>	<b>22.11.2024</b>
<b>Name of the Event</b>	<b>WORLD KINDNESS DAY- “Mulya Pravah an initiative under universal human values”.</b>
<b>Type of the Event</b>	<b>A Life Skill Development Programme</b>
<b>Conducted by</b>	<b>Ms. Debangini and Ms. Soma Ghosh, DEPARTMENT OF OPTOMETRY &amp; NSS ARKA JAIN University</b>
<b>No. of Students Participated</b>	<b>15</b>

**OBJECTIVE:** In celebration of World Kindness Day, the Mulya Pravah initiative, an educational program fostering universal human values, organized a thought-provoking and inspiring event to emphasize the significance of kindness in shaping a compassionate world. The event aimed to promote positive values and moral responsibility among participants, highlighting kindness, empathy, and understanding as crucial elements for personal and collective well-being.

**DETAILS:** World Kindness Day, observed globally on November 13, offers a moment for individuals and organizations to reflect on the importance of kindness. Mulya Pravah, meaning "flow of values," is a program that seeks to build a culture of ethical living based on universal human values, such as compassion, integrity, and respect for all.

ARKA JAIN University, Department of Optometry, Ikshana Club, in collaboration with NSS, organized World Kindness Day, Mulya Pravah, an initiative under universal human values, on 22nd November 2024 at a Primary School near Musarikudar village. To celebrate and raise awareness among children about World Kindness Day, and also to inspire participants and children to integrate kindness into daily life, fostering positive attributes, inclusive and harmonious society.

The event was engaged by conversation about ethical living, empathy, and collective responsibilities towards the society by Dr. Manoj Kumar Pathak from NSS, and Mr. Sarbojeet Goswami, HOD of Optometry. The session was engaged in a lively discussion on the impact of kindness on individual growth and societal development. Participants of B. Optometry 1st Sem students prepared and distributed 60 small tokens of gifts to appreciate and spreading kindness among small children.

The day conducted with a call to action: with a motto, “Not me but You” for each person to not only practice kindness but also to encourage others to do the same. The Mulya Pravah initiative continues to be a guiding force in shaping a more positive, inclusive, and harmonious society, one act of kindness at a time.



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Jharkhand

**NAAC**  
GRADE **A**  
ACCREDITED UNIVERSITY

**OUTCOMES:** The World Kindness Day, “Mulya Pravah an initiative under universal human values”, successfully brought together people of all ages specially school going children to learn and understand the importance of kindness and its role in creating a compassionate and just world. By emphasizing universal human values, the event sought to inspire participants to integrate ethical principles such as respect, empathy, and care into their everyday lives.

## POSTER OF THE EVENT

**JGI** **ARKA JAIN** University Jharkhand

**NAAC** GRADE **A** ACCREDITED UNIVERSITY

India Today-NMRA Best Universities 2024 Ranking

**RANKED 52<sup>ND</sup>** BEST PRIVATE UNIVERSITY IN INDIA

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IKSHANA

DEPARTMENT OF OPTOMETRY  
IKSHANA CLUB  
in collaboration with NSS

*Organizes*

# World Kindness Day

Mulya Pravah an initiative under universal human values.

Date : 22nd November, 2024  
Time : 09:30 AM onwards  
Venue : Primary School in Musarikudar Village

Coordinators: Ms. Debangini & Ms. Soma Ghosh  
Convener: Mr. Sarbojeet Goswami

arkajainuniversity arkajainuniversity 1800 - 1200 - 200



## PHOTOS OF THE EVENT



“WORLD KINDNESS DAY”- celebration at Primary School near Musarikudar Village.



Smiling faces of children after receiving small kits from participants at Primary School near Musarikudar village





Distributing kits to school children by Dr. Manoj Kumar Pathak Sir at Musarikudar village



Distributing kits to school children by Mr. Sarbojeet Goswami Sir at Musarikudar village





Engaging session between children and participants



WORLD KINDNESS DAY-2024 Celebration

## LIST OF PARTICIPANTS


**ARKA JAIN**  
**University**  
 Jharkhand


### LIST OF PARTICIPANTS – WORLD KINDNESS DAY- 22nd NOV 2024

S.NO	NAME	SIGNATURE
1	Sandeep Kumar	Sandeep Kumar
2	Montu Kumar	Montu Kumar
3	Niraj Kumar	Niraj Kumar
4	Md. Iqbal	Mohammd Iqbal
5	Md. Yousuf	Md. Yousuf
6	Rehan	Rehan Anwar
7	Pragya Parmita	Pragya Parmita
8	Payal Bera	Payal Bera
9	Gourav Mahali	Gourav Mahali
10	Banani Bera	Banani Bera
11	Shammi Kumari	Shammi Kumari
12	Madhu Kumari	Madhu Kumari
13	Shivani Kumari	Shivani Kumari
14	Sushma Kumari	Sushma Kumari
15	Riya Mandal	Riya Mandal

Debangini Ghosh  
 SIGN- EVENT COORDINATOR

Satyajit Ghosh  
 SIGN- CONVENOR



## FEEDBACK ANALYSIS

