

CIRCULAR

**ARKA JAIN**
University
Jharkhand

SCHOOL OF HEALTH AND ALLIED SCIENCE
DEPARTMENT OF OPTOMETRY
CIRCULAR

Ref. No: AJU/SOHAS/282/24**Date: 29-11-2024**

It is hereby notified to all the students of Department of Optometry, School of Health & Allied Science that the IKSHANA Club of the Department of Optometry organising a Myopia Awareness Session and School children Eye Check-up Camp at Vidya Jyoti School, Gamharia on 29th November 2024.

Interested students should participate as volunteers in the camp.


HOD & Assistant Professor
Department of Optometry
School of Health & Allied Science

Sarbojeet Goswami
HOD & Assistant Professor
Department of Optometry
School of Health & Allied Science

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Class Coordinators In charge
Website
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Student Whatsapp group

**MYOPIA AWARENESS SESSION AND SCHOOL CHILDREN EYE CAMP
AT VIDYA JYOTI SCHOOL, GAMHARIA**

Date of Event	29 th November 2024
Name of the Event	Myopia Awareness Session and School Children Eye Camp at Vidya Jyoti School, Gamharia
Type of the Event	An Extension Activity/ Awareness Program
Conducted by	Ms. Bhavana Kumari and Mr. Sarbojeet Goswami, DEPARTMENT OF OPTOMETRY in association with IKSHANA Club and NSS, ARKA JAIN University
No. Of Students Participated	04

OBJECTIVE: The session aimed to raise awareness among students about myopia, focusing on its causes, symptoms, and the significance of early detection and prevention. It provided detailed insights into risk factors like genetics and lifestyle choices, while also offering practical tips for prevention, such as encouraging outdoor activities, ensuring proper lighting, and scheduling regular eye exams. By promoting eye health awareness and proactive care, the session sought to empower students to take responsibility for their vision, fostering a culture of health awareness and prevention among the youth.

DETAILS: On October 30, 2024, the Department of Optometry at the School of Health and Allied Science, in collaboration with Ikshana Club and NSS from Arka Jain University, organized an informative Myopia Awareness Session and School Children Eye Camp at Vidya Jyoti School, Gamharia. The event aimed to educate students about myopia, including its causes, prevention, and management. The program began with a welcome address from the school principal, followed by in-depth presentations by Ms. Bhavana Kumari and members of Ikshana Club on the definition, symptoms, and risk factors of myopia, such as genetic factors and lifestyle choices. Practical advice on preventing myopia was provided, including encouraging outdoor activities, taking regular breaks from close-up tasks, and ensuring proper lighting during study. An interactive Q&A session gave students the opportunity to ask questions about eye health, and the event also included an eye screening camp where students received on-site eye check-ups with immediate feedback. The event successfully raised awareness about myopia, promoted proactive eye care, and received positive feedback from attendees, highlighting the importance of such

initiatives in fostering health consciousness among young students.









OUTCOMES: The Myopia Awareness Session and Children Eye Camp at Vidya Jyoti School, Gamharia, achieved notable results, including heightened awareness of myopia among students, who gained knowledge about its causes, symptoms, and prevention. Students were encouraged to adopt healthier habits, such as participating in outdoor activities and taking regular breaks during near-work tasks. The eye screening camp successfully identified students requiring further evaluation, offering immediate benefits through on-site eye check-ups. The session also ensured that the information was shared with families, reinforcing the significance of eye health at home. High engagement during the Q&A session and positive feedback from participants highlighted the success of the event in fostering proactive eye care and raising health awareness.




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Poster of the Event



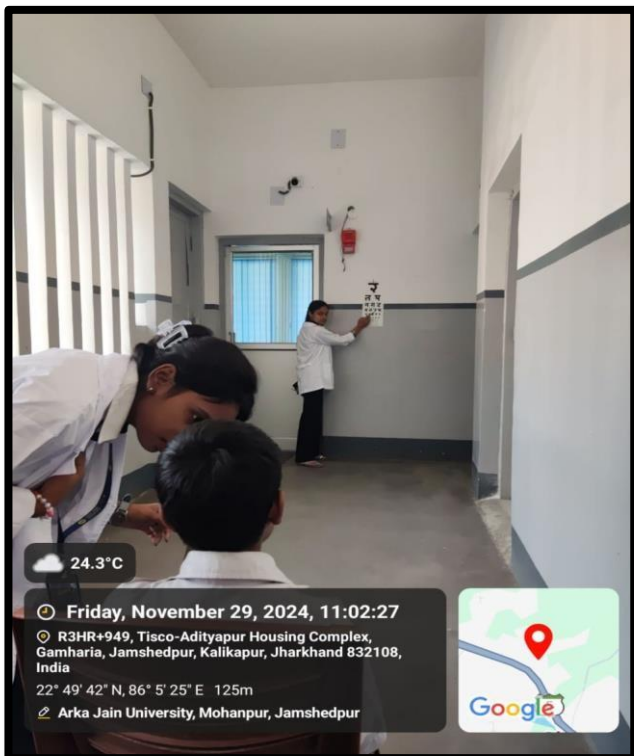


IKSHANA CLUB
Department of optometry
Organizes
MYOPIA
Awareness Session
An outreach program
SCHOOL CHILDREN EYE CAMP
29 NOV 2024 **9:00 AM**
VENUE : VIDYA JYOTI SCHOOL , GAMHARIA
Event coordinator : Ms. Bhavana Kumari | Convenor : Mr. Sarbojeet Goswami

Photos of the Event



The Myopia Awareness Session and Children Eye Camp at
Vidya Jyoti School, Gamharia



Examiner checking the visual acuity



Examiner doing refraction of children



Examiner doing refraction of the school faculties



Setup of the camp at Vidya Jyoti School, Gamharia

Robert
Convenor

Feedback

