

## CIRCULAR

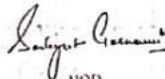
**ARKA JAIN**  
**University**  
Jharkhand**SCHOOL OF HEALTH AND ALLIED SCIENCE**  
**Department of Optometry****CIRCULAR**

Ref No: AJU/SOHAS/264/24

Date 18-11-2024

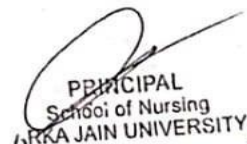
It is hereby notified to all the students of Department of Optometry, School of Health & Allied Science that the Ikshana Club of the Department of Optometry in collaboration with School of Nursing organising a Myopia Awareness Session and School children Eye & Health Check-up Camp at PM Shri Kendriya Vidyalaya, IIT Kharagpur on 19<sup>th</sup> November 2024.

All the active volunteers are instructed that the attendance is mandatory for the same.



HOD  
Department of Optometry  
School of Health & Allied Science

**Sarbojeet Goswami**  
HOD & Assistant Professor  
Department of Optometry  
School of Health & Allied Science

  
PRINCIPAL  
School of Nursing  
ARKA JAIN UNIVERSITY**Copy to**

Office of the Registrar  
IQAC  
Class Coordinators In charge  
Website  
Office Record  
Student Whatsapp group

**MYOPIA AWARENESS SESSION AND SCHOOL CHILDREN EYE CAMP  
AT PM SHRI KENDRIYA VIDYALAYA IIT KHARAGPUR, KHARAGPUR**

|                                     |  |
|-------------------------------------|--|
| <b>Date of Event</b>                | <b>19<sup>th</sup> November 2024</b>   |
| <b>Name of the Event</b>            | <b>Myopia Awareness Session and School Children Eye Camp at PM Shri Kendriya Vidyalaya IIT Kharagpur, Kharagpur</b>  |
| <b>Type of the Event</b>            | <b>An Extension Activity/ Awareness Program</b>  |
| <b>Conducted by</b>                 | <b>Ms. Bhavana Kumari, Mr. Pranab Das and Mr. Sarbojeet Goswami, DEPARTMENT OF OPTOMETRY association with IKSHANA Club in collaboration with School of Nursing and NSS, ARKA JAIN University</b> |
| <b>No. Of Students Participated</b> | <b>03</b>  |

**OBJECTIVE:** To educate students about myopia, highlighting its causes, symptoms, and the importance of early detection and prevention. The session provided comprehensive information on risk factors, such as genetic predisposition and lifestyle habits, and offered practical advice on preventive measures, including encouraging outdoor activities, proper lighting, and regular eye check-ups. By raising awareness and promoting proactive eye care, the session sought to empower students to take charge of their eye health, thereby fostering a culture of health consciousness and prevention among the young attendees.

**DETAILS:** On October 30, 2024, the Department of Optometry, School of Health and Allied Science in association with Ikshana Club in collaboration with School of Nursing and NSS, Arka Jain University organized a comprehensive Myopia Awareness Session and School Children Eye Camp at PM Shri Kendriya Vidyalaya IIT Kharagpur, Kharagpur aimed at educating students about myopia, its causes, prevention, and management. The program began with a welcome address from the school principal, followed by detailed presentations by the Prof. Pranab Das and other members of Ikshana Club on the definition, symptoms, and risk factors of myopia, including genetic predisposition and lifestyle habits. Practical tips on preventing myopia, such as encouraging outdoor activities, taking regular breaks from near-work tasks, and ensuring proper lighting while studying, were shared. An interactive Q&A session allowed students to engage and ask questions about eye health. The session also featured an eye screening camp, where students received on-site eye check-ups and immediate feedback.

The event successfully raised awareness about myopia, promoted proactive eye care, and received positive feedback from attendees, highlighting the importance of such initiatives in fostering health consciousness among young students.

**OUTCOMES:** The Myopia Awareness Session and Children Eye Camp at PM Shri Kendriya Vidyalaya IIT Kharagpur, yielded significant outcomes, including increased awareness about myopia among students, who learned about its causes, symptoms, and preventive measures. Students were encouraged to adopt healthier habits such as engaging in outdoor activities and taking breaks during near-work tasks. The eye screening camp identified students needing further examination, providing immediate benefits through on-site eye check-ups. The session ensured the knowledge was shared with families, reinforcing the importance of eye health at home. The high engagement level during the Q&A session and positive feedback from attendees underscored the session's success in promoting proactive eye care and health consciousness.



**ARKA JAIN**  
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Jharkhand



## Poster of the Event



**ARKA JAIN**  
**University**  
Jharkhand



**RANKED 52<sup>nd</sup>**  
BEST PRIVATE UNIVERSITY IN INDIA



### IKSHANA CLUB

Department of Optometry  
& School of Nursing

*Organizes*

# MYOPIA

Awareness Session

An Outreach Program

School Children  
Eye Camp

19th November, 2024

Time: 9:00 am

Venue: P.M Shri Kendriya Vidyalaya,  
IIT Kharagpur, Kharagpur

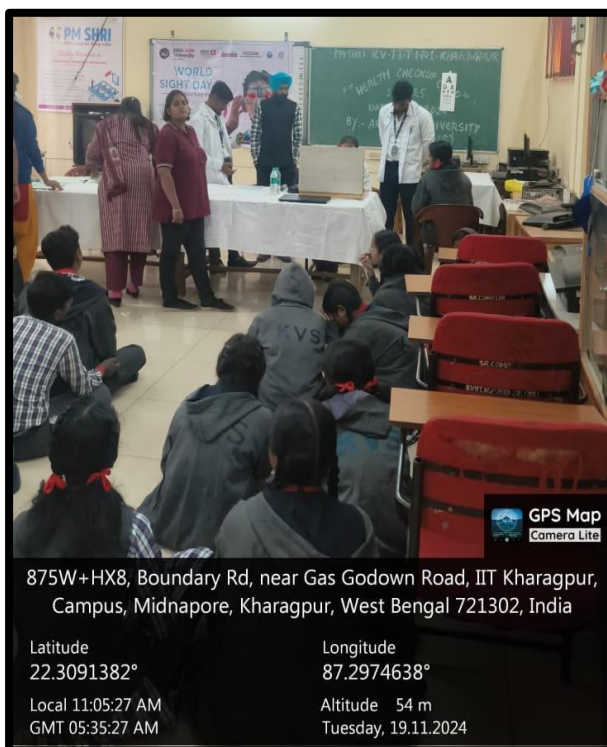


**Event Coordinator :** Mr. Pranab Das   Ms. Bhavana Kumari   **Convener :** Mr. Sarbojeet Goswami

## Photos of the Event



The Myopia Awareness Session and Children Eye Camp at PM Shri Kendriya Vidyalaya IIT Kharagpur



875W+HX8, Boundary Rd, near Gas Godown Road, IIT Kharagpur, Campus, Midnapore, Kharagpur, West Bengal 721302, India

Latitude  
22.3091382°

Longitude  
87.2974638°

Local 11:05:27 AM  
GMT 05:35:27 AM

Altitude 54 m  
Tuesday, 19.11.2024

Set up for eye checkup camp



Examiner checking the visual acuity





Examiner doing the refraction



Examiner assessing the visual acuity



Group picture involved in awareness session and eye checkup camp

**JGI** **ARKA JAIN University** **NAAC GRACE A**

Convener

## Feedback

