



CIRCULAR



NOTICE

SCHOOL OF NURSING

Ref. NO: AJU/SON/104/2023-24

Date: 05/06/2024

As you are aware, every year on **May 17th** is observed as **"WORLD HYPERTENSION DAY"**. In this regard, the School of Nursing is going to organize a **DEBATE COMPETITION, QUIZ COMPETITION & POSTER MAKING COMPETITION** on **12/06/2024** at **JEH Auditorium, Block- Aryabhata** with the Theme- **"MEASURE YOUR BLOOD PRESSURE ACCURATELY CONTROL IT, LIVE LONGER"**.

We invite all the fraternity of **ARKA JAIN** on **June 12th, 2024** from **10:00 am** at **JEH Auditorium, Block- Aryabhata** to participate & make the event a grand success.

Below is the link pasted for the competitions:

<https://forms.gle/aVvyJcqm94PFX2Pr9>

Hopa
Co-coordinator

Prof. Shilpa. J (Vice Principal)

Event Coordinator

Ms. Lata Purohit (Associate Professor) *Lata*

Mrs. Subhashree Rout (Nursing Tutor) *Sub*

Hopa
Prof. Mrs. Ginu Anie Joseph

Principal

School of Nursing

Arka Jain University

PRINCIPAL
SCHOOL OF NURSING
ARKA JAIN UNIVERSITY

Copy to:

PS to Vice Chancellor
PS to Director
DSW and Campus Director
Office of the Registrar
IQAC
Dean/PC of University Campus
Class Coordinators
In charge website
Office Record
ERP Co-ordinator

POSTER MAKING, DEBATE & QUIZ COMPETITION IN REFERENCE TO WORLD HYPERTENSION DAY 2024

Date of Event	12.06.2024
Name of the Event	Poster Making, Debate & Quiz Competition In Reference to WORLD HYPERTENSION DAY Theme: “Measure your Blood Pressure Accurately control it, Live Longer”
Type of the Event	Competitions
Conducted by	School of Nursing
No. of Participants	30 participants

OBJECTIVES: - To engage students in a knowledge-sharing and competitive environment & to foster teamwork and community involvement in health education initiatives.

DETAILS: In observance of **World Hypertension Day**, the School of Nursing, ARKA JAIN University organized a series of competitions, including Poster Making, Debate, and Quiz, on June 12th, 2024 with the Theme: “**Measure your Blood Pressure Accurately controls it, Live Longer**” at JEH Auditorium, Block- Aryabhata. The event aimed to increase awareness about hypertension, encourage creative and critical thinking, and provide a comprehensive understanding of hypertension among students and within the campus. The event was conducted under **SAMARITAN- The Nursing Club & Student Nurses Association of India (SNAI)**.

The event was inaugurated by welcome speech by Mrs. Subhashree Rout, Nursing Tutor followed by addressing the gathering by Prof. Dr. S. S. Razi, Chairperson, Board of Management, who emphasized the importance of understanding and managing hypertension. He encouraged participants to actively engage in the day's activities and use this opportunity to enhance their knowledge. The debate competition featured topics related to hypertension, such as "**The Role of Diet vs. Medication in Managing Hypertension**" and "**Government Policies on Hypertension Awareness and Control.**" Total students participant were 06 who all had register themselves before hand through the Link that were shared to them through mail and What's app. On the day of the event: it started from 10:00 am. The groups were divided in two groups (**FOR** the motion and **AGAINST** the motion) consists of 3 members in each group and members gave their point of view on given subject with enthusiasm. Mr. Mukul Pandey, Assist. Professor, Department of MBA, Mr. Sarbojeet Goswami, HOD of Optometry were the judging panel for the competition. The winner team was **FOR** the motion Students, and the best participant **FOR** the motion was Ms. Divyanshi Kumari (Basic B. Sc. Nursing, 03rd Semester) and **AGAINST** the motion was Mr. Aditya (Basic B. Sc. Nursing, 03rd Semester). Later on the participants were provided with art supplies and given two hours to create posters on the theme "Hypertension Awareness and Prevention." The

competition encouraged participants to visually represent key messages about hypertension, including its causes, effects, and preventive measures. Dr. Jasbir Singh Dhanjal, Joint Registrar and Prof. Shilpa J, Vice Principal were the judging panel for the competition. After much deliberation, the judges announced the winners of the Poster Making Competition. Ms. Bandana Munda got 1st position whereas Ms. Diya Paul was in 2nd position and Ms. Prity Lugun secured 3rd position.

Lastly, the quiz competition tested participants' knowledge about hypertension, including its causes, symptoms, prevention strategies, and treatment options. The quiz was conducted in multiple rounds, with questions ranging from basic facts to advanced medical knowledge. The Nursing Students were divided into 4 groups in which 2 members were present in each group. Group B secured 1st place whereas Group D secured 2nd position.

The competitions successfully achieved their objectives, with enthusiastic participation and positive feedback from all involved. Participants reported an increased understanding of hypertension and its management, and the event fostered a spirit of healthy competition and teamwork. Overall the event was conducted under the Supervision & guidance of Prof. Shilpa. J (Vice Principal).

TAKEAWAY (OUTCOMES): This Event encourage youth participation in debate, help students develop their communication and listening skills and ability to draw from given information ,as well as to make and defend against arguments with logical and rational thinking. Students expressed gratitude and happiness for giving opportunity to take active involvement in the program



Poster of the Event



SCHOOL OF NURSING

SAMARITAN THE NURSING CLUB &
SNAI (STUDENT NURSES ASSOCIATION
OF INDIA

ORGANIZES

POSTER | QUIZ & DEBATE *Competition*

**IN REFERENCE TO "WORLD
HYPERTENSION DAY 2024"**

Measure Your Blood Pressure Accurately,
Control it. and Live Longer

CONVENER :

Prof. Ginu Anie Joseph (Principal)

CO- CONVENER :

Prof. Shilpa J (Vice - Principal)

COORDINATOR :

Ms. Lata Purohit (Associate Professor)

Mrs. Subhashree Rout (Nursing Tutor)

ON : 12th June, 2024 | TIME : 10:00 AM ONWARDS | VENUE - JEH Auditorium A BLOCK ARYABHATTA

**Poster of the Event: Poster Making, Quiz & Debate Competition In Reference
to WORLD HYPERTENSION DAY- 2024**

Photos of the Event

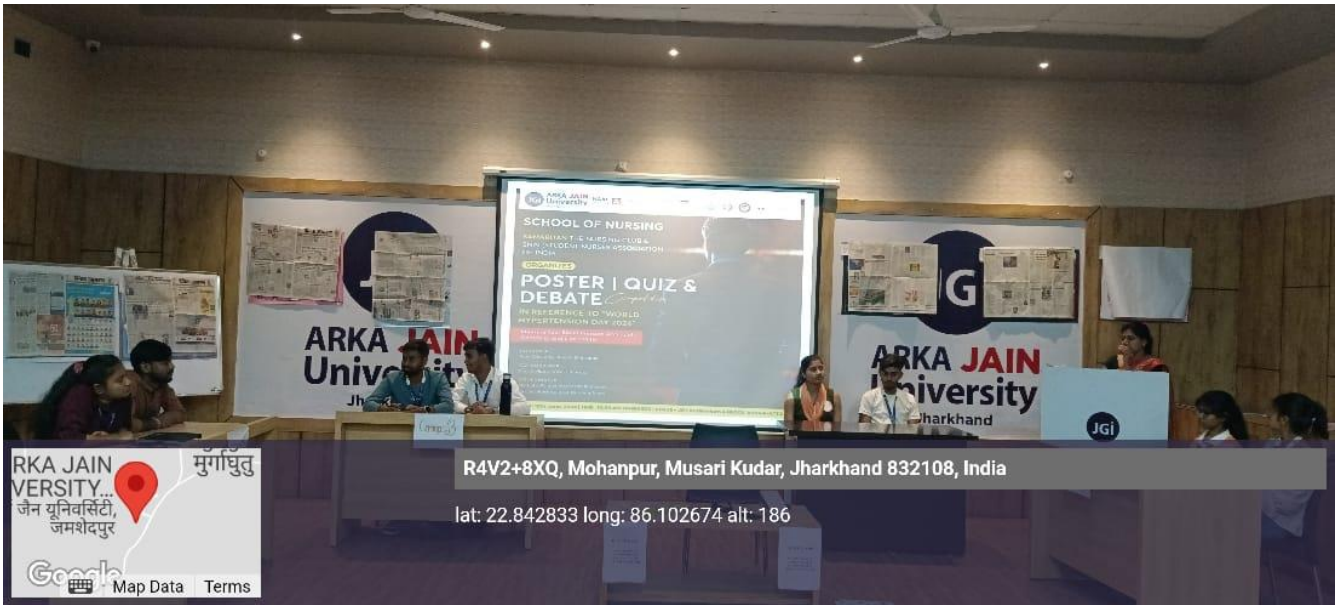
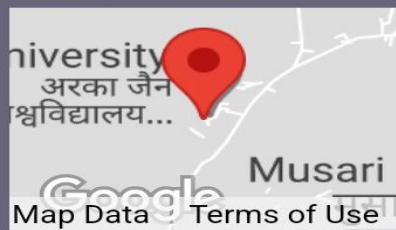
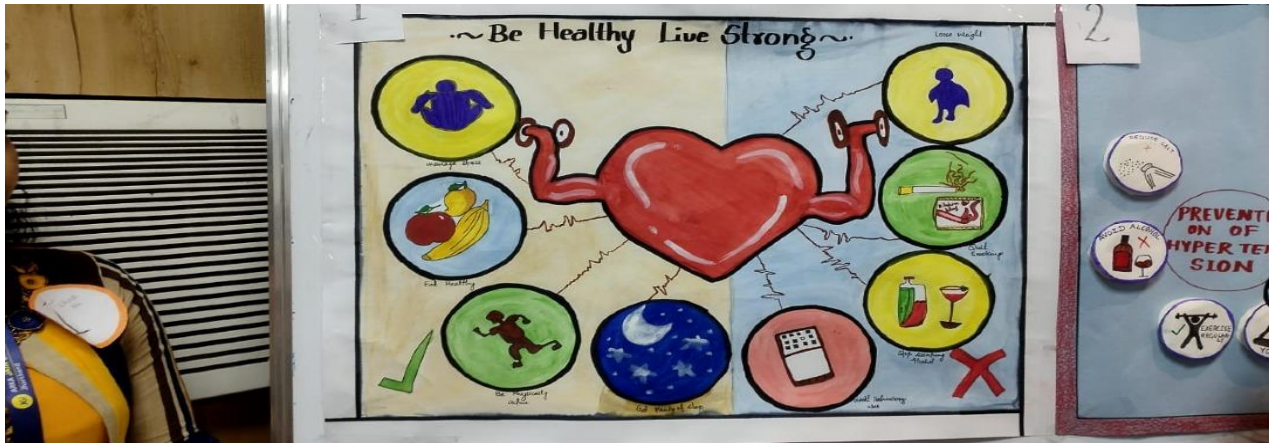


Photo of the Event: Debate Between For and Against the Topic



Photo of the Event: Dr. Jasbir Singh Dhanjal judging the Nursing Students for the poster Competition.

Photos of the Event



R4V2+8XQ, Mohanpur, Jharkhand 832108, India

lat: 22.843186 long: 86.102155 alt: 165

Photo of the Event: Poster prepared by Nursing Students



Photo of the Event: Quiz Competition for the Nursing Students

List of the Participants

ARKA JAIN UNIVERSITY
 WORLD HYPERTENSION DAY 2024

THEME – "Measures Your Blood Pressure Accurately, Control It, Live Longer".

Date-12/06/2024

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Aditya	AJU/222089	Aditya
2.	Aditya	AJU/221989	Aditya
3.	Akash	AJU/222095	Akash
4.	Amrita	AJU/221979	A
5.	Anshu	AJU/221920	Anshu
6.	Anshu	AJU/222031	Anshu
7.	Achutosh	AJU/221901	Achutosh
8.	Sachin	AJU/221920	Sachin
9.	Chander	AJU/221902	Chander
10.	Chander	AJU/221946	Chander
11.	Chander	AJU/221909	Chander
12.	Chander	AJU/222092	Chander
13.	Chander	AJU/221986	Chander
14.	Chander	AJU/221923	Chander
15.	Komal	AJU/221999	Komal
16.	Komal	AJU/221994	Komal
17.	Manish	AJU/221968	Manish
18.	Manish	AJU/221894	Manish
19.	Mohit	AJU/221941	Mohit
20.	Nandini	AJU/221985	Nandini
21.	Nandini	AJU/221895	Nandini
22.	Pooja	AJU/222004	Pooja
23.	Pooja	AJU/221935	Pooja
24.	Pooja	AJU/221924	Pooja
25.	Pooja	AJU/221949	Pooja
26.	Ravi	AJU/221969	Ravi
27.	Ravi	AJU/221992	Ravi
28.	Ravi	AJU/221983	Ravi
29.	Sabita	AJU/221896	Sabita
30.	Sachin	AJU/2220279	Sachin

SIGNATURE OF THE EVENT CO-ORDINATOR

SIGNATURE OF THE HOD
 School of Nursing
 ARKA JAIN UNIVERSITY

Judging Criteria

ARKA JAIN
University
 Jharkhand
 School of Nursing, ARKA JAIN University
QUIZ COMPETITION
"WORLD HYPERTENSION DAY 2024"
 THEME: "Measure your Blood Pressure Accurately control it, Live Longer" Date: June 12th, 2024

GROUP	Accuracy of Answer (15)	Speed of Response (10)	Constituency (10)	Team Collaboration (10)	Bonus Round (05)	TOTAL (50)
A	7	3	3	4	2	19
B	12	8	8	7	4	38
C	10	4	5	3	2	24
D	13	7	7	3	3	33

Signature of the Judges

Lata Pant
Signature of Event Coordinators

Principal's Signature

Group B - 1st
 Group D - 2nd
 Group C - 3rd

I
111
II

1st
2nd
3rd

ARKA JAIN
University
 Jharkhand
 School of Nursing, ARKA JAIN University
POSTER MAKING COMPETITION
"WORLD HYPERTENSION DAY 2024"
 THEME: "Measure your Blood Pressure Accurately control it, Live Longer" Date: June 11th, 2024

S. No.	Name of the Participants	Relevance to the Theme (05)	Originality (05)	Creativity (05)	Color Harmony (05)	Visual Impact (05)	Explanation (05)	Total (30)
1	Bandana Munda	4	4	4	3	3	3	21
2	Diya Paul	3	3	2	2	3	3	16
3	Poity Lugun	2	2	3	2	3	2	15
4	Chandana Mandal	2	1	1	2	1	2	9
5	Aditya	2	3	2	1	2	1	11
6	Monali Paul	1	2	1	2	2	1	9
7	Banwarth K.	1	3	2	3	2	1	12

Name & Signature of the Judges
Coordinators

Jhpa

Signature of Event

1st - Ms Bandana
 2nd - Ms Diya
 3rd - Ms Poity

Judging Criteria

School of Nursing, ARKA JAIN University
DEBATE COMPETITION
"WORLD HYPERTENSION DAY 2024"
THEME: "Measure your Blood Pressure Accurately control it, Live Longer" Date: June 12th, 2024
(FOR)

S. No.	Name of the Participants	Fluency (10)	Dictation (10)	Arguments (10)	Content (10)	Overall (10)	Total (50)
1.	Divyanshi	8	7	8	7	8	38
2.	Shivani	7	7	7	6	7	34
3.	Bandana	7	6	6	8	7	34

Name & Signature of the Judges: Mukul Pandey
 Coordinators: _____

Signature of Event: Lata Total - 106

Group - B (FOR) → Winner

School of Nursing, ARKA JAIN University
DEBATE COMPETITION
"WORLD HYPERTENSION DAY 2024"
THEME: "Measure your Blood Pressure Accurately control it, Live Longer" Date: June 12th, 2024
(AGAINST)

S. No.	Name of the Participants	Fluency (10)	Dictation (10)	Arguments (10)	Content (10)	Overall (10)	Total (50)
1	Saruathi	6	6	8	7	8	35
2	Pritam	6	7	6	6	6	31
3	Aditya	6	6	8	8	8	36

Name & Signature of the Judges: Sudhakar
 Coordinators: _____

Signature of Event: Lata Total :- 102



Sample Certificates

