



DEPARTMENT SCHOOL OF PHARMACY NOTICE

No: AJU/SOHAS/196/24

Date 2nd September 2024

It is hereby notified to all the students of School of Pharmacy that Feminine Hygiene IV will be conducted on **11th September 2024** in association with **NSS NCC** and **BHESAJAM Club**. The students of 2024 admission are herewith instructed to participate in this event. Dr Shweta, Ms Snigdha Rani Behera, Ms Mansi Singh, Ms Rashmi Simha, Ms Sarmili Sahoo, MS Nisha Panda, Mr Barun Mandal and Mr Pradeep Mandal will coordinate this event.



Dean
School of Pharmacy
ARKA JAIN University Jharkhand

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School of Pharmacy

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Office of the Registrar

IQAC

Class Coordinators

Academic Coordinator

ERP Coordinator

In charge website

Office Record

Student Whatsapp group

FEMININE HYGIENE IV

Date of Event	11.09.2024
Name of the Event	Feminine Hygiene IV to Vidya Jyoti School, Gamharia
Type of the Event	A Beyond Classroom Outreach Extension Activity
Conducted by	School Of Pharmacy In association with NSS, NCC & BHESAJAM
No. Of Participant	26 Volunteers + 116 participants

OBJECTIVE: Celebrating feminine hygiene aims to increase knowledge of and encourage good habits pertaining to the reproductive and menstrual health of those who experience monthly periods. The ultimate objective is to build an informed and inclusive society where all individuals can manage their reproductive and menstrual health with dignity, free from prejudice and impediments.

DETAILS: Considering the intersections between empowerment, health, and social advancement, feminine hygiene knowledge is very important. People are prevented from health problems and social stigma is lessened by teaching them about menstrual health and good hygiene habits. In addition to promoting inclusion for all genders and improving general welfare and quality of life, this understanding gives individuals the capacity to make educated decisions. By supporting sustainable menstruation product options, it also encourages environmental responsibility. Feminine hygiene consciousness is essentially a comprehensive strategy for promoting the empowerment and health of both individuals and society. Following up on this, the pharma club of ARKA JAIN University, Bhesajam, organised an event called "Feminine Hygiene-IV" in collaboration with BHESAJAM, the pharma club, NCC, and NSS of ARKA JAIN University at Vidya Jyoti School in Gamharia on 11th September 2024. The purpose of the event was to educate young girls about menstruation health and sanitation. In order to encourage appropriate menstrual hygiene habits, the event featured an educational lecture, a question-and-answer session, and the distribution of sanitary napkins. Mr. Sunil Kumar Jha of the Principal Vidya Jyoti School in Gamharia gave a warm welcome and highlighted the need of menstruation hygiene for general health and wellbeing. Following that, Dr. Shweta from the School of Pharmacy led the session. She gave a compelling presentation covering a range of topics related to feminine hygiene. Topics like sanitary napkin use, common myths and misunderstandings, and menstrual hygiene habits were reviewed in this talk. The students of ARKA JAIN University spearheaded an impactful initiative discussing feminine hygiene, breaking taboos and stigma surrounding menstruation. The open conversation with students aimed to promote awareness, understanding, and inclusivity, addressing prevalent issues such as limited access to hygiene products, myths, and misconceptions. Through this dialogue, participants gained valuable insights into menstrual health, best hygiene practices, and the importance of empowerment.

The initiative not only normalized conversations around feminine hygiene but also fostered a supportive community, encouraging women and girls to prioritize their well-being. By tackling these critical issues. There was an energetic round of questions and answers after the discussion. Students engaged in active participation, posing queries and looking for answers on a range of menstrual health-related topics. This engaging section gave students a secure forum to voice their concerns and get knowledge from professionals. All attendees provided sanitary napkins as a useful and significant element of the program. Students were urged to maintain proper hygiene habits and were reminded of the need of use high-quality menstrual hygiene products. Students received instruction on how to properly dispose of sanitary napkins, keep their surroundings clean, and seek medical attention when necessary. ARKA JAIN University demonstrated its commitment to promoting gender equality, women's empowerment, and overall well-being. The entire session was conceptualized by Dr. Jyotirmaya Sahoo and was successfully organized by Dr. Shweta, Ms. Snigdha Rani Behera, Ms Mansi Singh, Ms Rashmi Sinha, Ms Sarmili Sahoo, Ms Nisha Panda, Mr. Barun and Mr. Pradeep Mandal.

TAKEAWAY (OUTCOMES): Maintaining feminine hygiene the awareness session had a great deal of beneficial results. It reduced the stigma attached to menstruation and increased knowledge and instruction about menstrual health and cleanliness. It was essential in dismantling taboos and enabling people to live better, more informed lives. It gave pupils the information they needed to make wise decisions. Due to its consideration of the needs of both genders, the event also promoted inclusion.



Poster of the event

BHESAJAM
The Pharma Club of
SCHOOL OF PHARMACY ORGANIZES
FEMININE HYGIENE IV
11th September 2024, 10:30 am onwards
Venue: Vidya Jyoti School, Gamharia, Jharkhand
In association with NCC and NSS of ARKA JAIN University
A Beyond Classroom Outreach Extension Activity

f arkajainuniversity arkajainuniversity 1800 - 1200 - 200

Poster of the Event: Feminine Hygiene IV

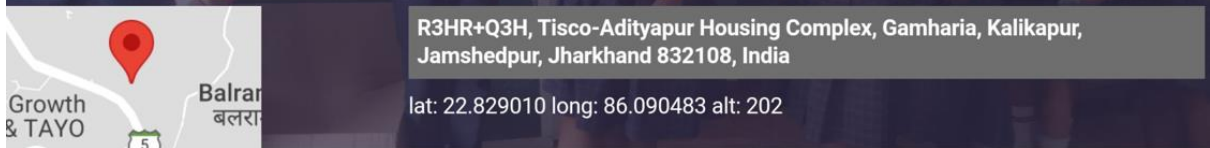
Photos of the event



R3HR+949, Tisco-Adityapur Housing Complex, Gamaharia, Jamshedpur, Kalikapur, Jharkhand 832108, India

lat: 22.828637 long: 86.090424 alt: 202

Faculty Members & Students volunteers of School of Pharmacy, ARKA JAIN University at Vidya Jyoti School, Gamaharia For Feminine Hygiene IV



R3HR+Q3H, Tisco-Adityapur Housing Complex, Gamaharia, Kalikapur, Jamshedpur, Jharkhand 832108, India

lat: 22.829010 long: 86.090483 alt: 202

Distribution of Sanitary Napkins to the students of Vidya Jyoti School, Gamaharia



Felicitation of Mr. Sunil Kumar Jha, Principal Vidya Jyoti School, Gamaharia



Dr. Shweta talk on Feminine hygiene students of Vidya Jyoti School, Gamaharia



Volunteers of Bhasajam club interactions with students of Vidya Jyoti School, Gamaharia



Participated volunteers

List of Volunteers

JGI ARKA JAIN University
Jharkhand
SCHOOL OF PHARMACY
Event Registration cum Attendance Form

Name of the Event: Feminine Hygiene Date of the Event: 11/09/24 to 11/09/24

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance									
				How would you like this session/event			The speaker explained the topic clearly			Would you like to attend this type of event/session in future		D	D	D	D	D			
				E	V	G	A	P	Y	N	Y	N							
1	Briti Paul	AJU/230287	<i>Briti Paul</i>																
2	Prayanshi Pandey	AJU/230283	<i>Prayanshi Pandey</i>																
3	Khushi Kumar	AJU/230600	<i>Khushi Kumar</i>																
4	Arathi Singh	AJU/230016	<i>Arathi Singh</i>																
5	Poo Shrivastava	AJU/230311	<i>Poo Shrivastava</i>																
6	Khushi Sharma	AJU/230583	<i>Khushi Sharma</i>																
7	Maitrayajay	AJU/230244	<i>Maitrayajay</i>																
8	Arushi Saha	AJU/210264	<i>Arushi Saha</i>																
9	Prachi Mahato	AJU/210202	<i>Prachi Mahato</i>																
10	Sohita Mishra	AJU/210183	<i>Sohita Mishra</i>																

*E-Excellent, V-Very good, G-good, A-Average, P-Poor

Signature of the Head: *[Signature]* Signature of the Event Coordinator: *[Signature]*

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				E	V	G	A	P	Y	N	Y	N							
11	Breha Mandal	AJU/240812	<i>Breha Mandal</i>																
12	Krita Pramanik	AJU/240034	<i>Krita Pramanik</i>																
13	Susmita Chatterjee	AJU/241083	<i>Susmita Chatterjee</i>																
14	Kumari Nandan	AJU/240844	<i>Kumari Nandan</i>																
15	Pooja Kumar	AJU/240008	<i>Pooja Kumar</i>																
16	Susmita Mandal	AJU/241041	<i>Susmita Mandal</i>																
17	Pooja Apurva	AJU/241127	<i>Pooja Apurva</i>																
18	Shweta Mahapatra	AJU/24004	<i>Shweta Mahapatra</i>																
19	Ayusha Jindani	AJU/240127	<i>Ayusha Jindani</i>																
20	Neha Mandal	AJU/240501	<i>Neha Mandal</i>																

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				How would you like this session/event			The speaker explained the topic clearly			Would you like to attend this type of event/session in future		D	D	D	D	D			
				E	V	G	A	P	Y	N	Y	N							
21	Pranshi Mandal	AJU/240033	<i>Pranshi Mandal</i>																
22	Tanuja Kumar	AJU/241373	<i>Tanuja Kumar</i>																
23	Kumari Anam	AJU/240532	<i>Kumari Anam</i>																
24	Jayanti Mandal	AJU/240094	<i>Jayanti Mandal</i>																
25	Esha Mandal	AJU/240203	<i>Esha Mandal</i>																
26	Prachi Khan	AJU/240152	<i>Prachi Khan</i>																
27																			
28																			
29																			
30																			

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					How would you like this session/event							The speaker explained the topic clearly		Would you like to attend this type of event/session in future		D1	D2	D	D
					E	V	G	A	P	Y	N			Y	N				
41	Sweety Chandra	94	VII 'B'	<i>[Signature]</i>	✓					✓									
42	Udita Choudhary	51	VII 'A'	<i>[Signature]</i>	✓					✓									
43	Kajal Kumari	25	VII 'B'	<i>[Signature]</i>	✓					✓				✓					
44	Barsha Kumari	14	VII 'A'	<i>[Signature]</i>	✓					✓									
45	Akansa Kumari	03	VII 'A'	<i>[Signature]</i>	G	O	O	D		✓									
46	Valbhari Kumari	48	VII 'B'	<i>[Signature]</i>	G	O	O	D		✓									
47	Neha Manasa	29	VII 'B'	<i>[Signature]</i>	G	O	O	D		✓									
48	Hemika Nandani	17	VII 'A'	<i>[Signature]</i>	✓					✓									
49	Kirti Das	26	VII 'B'	<i>[Signature]</i>	✓					✓									
50	Rishi Sharma	33	VII 'B'	<i>[Signature]</i>	✓					✓									

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					E	V	G	A	P	Y	N			Y	N				
51	Rupshree Das	28	VIII	<i>[Signature]</i>	✓					✓									
52	Dhriti Mahato	16	VII	<i>[Signature]</i>	✓					✓									
53	Bhindiya Mahato	12	VIII	<i>[Signature]</i>	✓					✓									
54	Aditi Singh	04	VIII	<i>[Signature]</i>	✓					✓									
55	Rishi Singh	41	VIII	<i>[Signature]</i>	✓					✓									
56	Rajni Kumari	26	VII	<i>[Signature]</i>	✓					✓									
57	Kaushika Bapat	22	VIII	<i>[Signature]</i>	✓					✓									
58	Geetika Kumari	16	VII	<i>[Signature]</i>	✓					✓									
59	Annapurna Kumari	10	VIII	<i>[Signature]</i>	✓					✓									
60	Fadhika Kumari	30	VIII	<i>[Signature]</i>	✓					✓									

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					E	V	G	A	P	Y	N			Y	N				
61	Aarushi Nandi	02	VII	<i>[Signature]</i>	✓					✓									
62	Kajal Majhi	19	VIII	<i>[Signature]</i>	✓					✓									
63	Kavita Manam	19	VIII	<i>[Signature]</i>	✓					✓									
64	Mamoni Saha	24	VIII	<i>[Signature]</i>	✓					✓									
65	Rakshita Gupta	23	VIII	<i>[Signature]</i>	✓					✓									
66	Akansa Sharma	02	VIII	<i>[Signature]</i>	✓					✓									
67	Yashika Kumari	55	VIII	<i>[Signature]</i>	✓					✓									
68	Pratibha Behera	27	VIII	<i>[Signature]</i>	✓					✓									
69	Deepthi Gupta	14	VII	<i>[Signature]</i>	✓					✓									
70	Aysha Kumari	12	VII	<i>[Signature]</i>	✓					✓									

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					E	V	G	A	P	Y	N	Y	N	D1	D2	D3	D4	D5	
71	Koushik Kumar	1	VIB	<i>[Signature]</i>	✓					✓					✓				
72	Arpita Nandan	20	VI B	<i>[Signature]</i>	✓					✓					✓				
73	Nandita Mondal	23	VI A	<i>[Signature]</i>	✓					✓					✓				
74	Paridhi Pradhan	24	VI A	<i>[Signature]</i>	✓					✓					✓				
75	Barsha Dey	15	VI 'B'	<i>[Signature]</i>	✓					✓					✓				
76	Kritika Paul	18	VI 'C'	<i>[Signature]</i>	✓					✓					✓				
77	Barsha Das	9	VI 'C'	<i>[Signature]</i>	✓					✓					✓				
78	Babli Ghosh	13	VI 'A'	<i>[Signature]</i>	✓					✓					✓				
79	Usha Gouri	47	VI 'C'	<i>[Signature]</i>	✓					✓					✓				
80	Amolika Tripathy	06	VI 'A'	<i>[Signature]</i>	✓					✓					✓				

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					E	V	G	A	P	Y	N	Y	N	D1	D2	D3	D4	D5	
81	Ritu Mahata	39	VIII 'C'	<i>[Signature]</i>	✓					✓					✓				
82	Pranvita Mahata	34	VIII 'C'	<i>[Signature]</i>	✓					✓					✓				
83	Jashish Dey	18	VIII 'C'	<i>[Signature]</i>	✓					✓					✓				
84	Subhankumar	48	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
85	Aranya Dha	06	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
86	Shruti Kumar	45	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
87	Riya Jha	33	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
88	Toya Das	50	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
89	Shiksha Kumar	17	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				
90	Jaymeet Kaur	18	VIII 'A'	<i>[Signature]</i>	✓					✓					✓				

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[Signature]
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School of Pharmacy
ARKA JAIN University Jharkhand

[Signature]
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					E	V	G	A	P	Y	N	Y	N	D1	D2	D3	D4	D5	
91	Shradha Kar	36	VI A	<i>[Signature]</i>	✓					✓					✓				
92	Sampurna Das	33	VI A	<i>[Signature]</i>	✓					✓					✓				
93	Aadyasha	7	VI A	<i>[Signature]</i>	✓					✓					✓				
94	Divyanshu Mistry	44	VI A	<i>[Signature]</i>	✓					✓					✓				
95	Hema Kumari	17	VI A	<i>[Signature]</i>	✓					✓					✓				
96	Arjun Jyoti	10	VII A	<i>[Signature]</i>	✓					✓					✓				
97	Tejaswini Kumari	50	VII 'A'	<i>[Signature]</i>	✓					✓					✓				
98	Anshika Sharma	09	VII 'A'	<i>[Signature]</i>	✓					✓					✓				
99	Shikha Kumar			<i>[Signature]</i>	✓					✓					✓				
100	Vishwanvi Kumar	53	VII 'A'	<i>[Signature]</i>	✓					✓					✓				

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[Signature]
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[Signature]
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List of Participants

JGI ARKA JAIN University
Jharkhand

NAAC GRADE A
ACCREDITED UNIVERSITY

SCHOOL OF PHARMACY
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					How would you like this session/event				The speaker explained the topic clearly	Would you like to attend this type of event/session in future	D1	D2	D3	D4	D5		
					E	V	G	A	P	Y	N	Y	N	Y	N	Y	N
01	Nitika Dubey	24	VI 'C'	<i>Nitika</i>	✓					✓		✓					
02	NIKITA DAS	30	VI 'B'	<i>Nikita Das</i>	✓					✓		✓					
03	SHWETA DEEP	39	VI 'A'	<i>Shweta</i>	✓					✓		✓					
04	Ashwini Sharma	07	VI 'C'	<i>Ashwini</i>	✓					✓		✓					
05	Bhavya Mohan	11	VI 'C'	<i>Bhavya</i>	✓					✓		✓					
06	Ashwini Kumari	09	VI 'B'	<i>Ashwini</i>	✓					✓		✓					
07	Tanisha Tudu	45	VI 'C'	<i>Tanisha</i>	✓					✓		✓					
08	Jhanvi Kour	17	VI 'C'	<i>Jhanvi</i>	✓					✓		✓					
09	Riya Kumari	30	VI 'C'	<i>Riya</i>	✓					✓		✓					
10	Bhavya Soren	12	VI 'C'	<i>Bhavya</i>	✓					✓		✓					

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Feedback analysis "Feminine Hygiene IV"

