



Ref: AJU/TM/04/2023

Date: 17.05.2023

**NOTICE**

**AJU TOASTMASTERS CLUB**

It is to inform all the Students and Faculties of ARKA JAIN University that In –Steel TOASTMASTER’S CLUB and AJU-TOASTMASTERS CLUB are organizing their Joint Offline Meeting on 21.05.2023 from 3.45 pm-6.00 pm at J.R.D. complex. The topic for the meeting is "Sleep Well".

The enrolled students as well faculties are invited to nominate themselves for the vacant positions for the above meeting.

  
Event Coordinator

Shahin Fatma

Assistant Professor (Dept. of English)

  
Convenor

Rajkumari Ghosh

P.C. (Dept. of English)

Program Co-ordinator  
School of Humanities

**Copy to**

- PS to Hon'ble Vice Chancellor
- PS to Director
- AJU website
- Academic Coordinator
- Deans/HoD/PC
- Office file
- Notice board
- Students group (Email)

## TOASTMASTER INTERNATIONAL: SLEEP WELL

|                           |  |
|---------------------------|--|
| <b>Date of Event</b>      | <b>21.05.2023</b>  |
| <b>Name of the Event</b>  | <b>Sleep Well</b>  |
| <b>Type of the Event</b>  | <b>Life Skill Development Program</b>                      |
| <b>Conducted by</b>       | <b>TOASTMASTERS INTERNATIONAL</b>                          |
| <b>Resource Person</b>    | <b>TMS Shiv Shankar Dutta , TM Smith, TM Soumya Singh,</b> |
| <b>No. Of Participant</b> | <b>30</b>  |

**OBJECTIVE:** Toastmasters International at ARKA JAIN University fosters a supportive and inclusive atmosphere for its students to practice and refine their public speaking and leadership skills by providing a safe space for individuals to learn and grow.


**Details:** On May 21st 2023, TOASTMASTERS INTERNATIONAL organized a session on “Sleep Well” for students and faculties of Toastmasters International.

The meeting commenced with the introduction of all the role players and evaluators for the evening. The attendees were warmly welcomed by the Toastmaster of the Day, who served as the host and ensured the smooth flow of the meeting. Following the introductions, the meeting began with an ice-breaking session. Members who were giving their first speech had the opportunity to introduce themselves, sharing personal stories, experiences, and aspirations. This segment allowed new members to break the ice and establish connections with fellow Toastmasters. Next, members who had already given a speech before delivered speeches with a moral or a lesson they had learned. This segment aimed to encourage personal growth and the sharing of valuable insights. The Table Topics session followed, led by the Table Topics Master. Participants were given impromptu speaking topics, challenging them to think on their feet and deliver short speeches within a limited timeframe. After the Table Topics session, evaluations were conducted. Experienced members took on the role of evaluators, providing constructive feedback and commendations for the speakers' performances. The evaluations aimed to help speakers identify their strengths and areas for improvement, contributing to their continuous growth and development. The meeting concluded with the announcement of winners for each segment. The Toastmaster of the Day recognized outstanding performances and individuals who excelled in the speeches, Table Topics, and evaluations. This recognition not only celebrated the achievements of the winners but also motivated all members to continue their progress in public speaking and leadership. A group photograph was taken to commemorate the successful meeting and the spirit of

collaboration between the AJU and In-Steel Toastmasters Clubs, capturing the camaraderie and shared enthusiasm among the members.

**TAKEAWAY (OUTCOMES):** The Toastmasters International at A.J.U. with In Steel Toastmasters helped the students of ARKA JAIN University with a transformative experience, equipping them with invaluable communication and leadership skills


POSTER




**IN-STEEL TOASTMASTERS CLUB  
And  
AJU TOASTMASTERS CLUB  
PRESENTS  
JOINT MEETING #451**

# Sleep Well

with TMOD  
Shiv Shankar Dutta

 3:45 PM | SUNDAY

 21 MAY, 2023

 TSAF, JRD TATA SPORTS  
COMPLEX, JAMSHEDPUR

**TOASTMASTERS  
INTERNATIONAL**

RSVP : +91 87778 57968  
(VPM ABHINAV SETU)

Figure 1: Poster of Sleep Well

## PHOTOS OF THE EVENT



**Figure 2: Students as Speaker In Steel**



**Figure 3: Students as Speaker In Steel**



**Figure 4: Faculty as Speaker In Steel**



**Figure 5: Faculty as Speaker In Steel**



| Attendance For Toastmaster |                   | 21/5/23                    |               |           |
|----------------------------|-------------------|----------------------------|---------------|-----------|
| S.no                       | Name of Candidate | Employee ID /Enrollment No | Department    | Signature |
| 1                          | RAVINDER KAUR     | AJU/210644                 | BBA SCOM      | R. Kaur   |
| 2                          | SNIGHDA SINGH     | AJU/210680                 | BA English(H) | Sniigdha  |
| 3                          | MUSKAN NAG        | AJU/221802                 | ENB (H)       | Muskan    |
| 4                          | Prerna Singh      | AJU/220306                 | ENGL(H)       | Prernas   |
| 5                          | Balajit Narayan   | AJU/221807                 | B.A (E)       | Balajit   |
| 6                          | Ankit Nag         | AJU/221551                 | B.A (E)       | Ankit     |
| 7                          | Angel Silvi Guria | AJU/221582                 | BA Eng (H)    | Angel     |
| 8                          | Ankita Mishra     | AJU/222024                 | "             | Ankita    |
| 9                          | Jyoti Kumari      | AJU/220102                 | "             | Jyoti     |
| 10                         | Afiya EBad        | AJU/222071                 | "             | Afiya     |
| 11                         | Poochi            | AJU/221816                 | "             | Poochi    |
| 12                         | Nikita kumari     | AJU/220920                 | "             | Nikita    |
| 13                         | Jiya kumari       | AJU/220994                 | "             | Jiya      |
| 14                         | Sanya Kashyap     | AJU/2223                   | Engineering   | Sanya     |
| 15                         | Ishah Id          | AJU/1403                   | BA Eng        | Ishah     |
| 16                         | ANUBHAV KUMAR     | AJU/211092                 | B.COM         | Anubhav   |
| 17                         | MUKESH K.SINGH    | 2258                       | B.A. EN       | MKS       |
| 18                         | Kahkasha Daman    | 220464                     | B.A. (E)      | Kahkasha  |
| 19                         | Nikita Kumari     | <del>220808</del> 220808   | B.A. Eng(H)   | Nikita    |
| 20                         | Shama Perveen     | 220209                     | B.A. Eng(H)   | Shama     |
| 21                         | Sonu Kumar Singh  | 220475                     | BA Eng(H)     | Sonu      |
| 22                         | Saripalli Madhuri | 221477                     | BA Eng        | Madhuri   |
| 23                         |                   |                            |               |           |
| 24                         |                   |                            |               |           |
| 25                         |                   |                            |               |           |
| 26                         |                   |                            |               |           |
| 27                         |                   |                            |               |           |
| 28                         |                   |                            |               |           |
| 29                         |                   |                            |               |           |
| 30                         |                   |                            |               |           |
| 31                         |                   |                            |               |           |

Signature of Event Coordinator