

CIRCULAR

ARKA JAIN
University
Jharkhand

NOTICE

SCHOOL OF NURSING

Ref.No: AJU/SON/67/2022-23

Date: 03/10/2023

It is our immense privileged to announce that the School of Nursing is going to celebrate **World Mental Health Day Theme- "Mental health is a universal human right"** on **10th October, 2023** at JEH Auditorium, Block- A which will commence at **02:00 pm**.

All are invited to grace the occasion on this significant day.

Event Coordinator

Mrs. Priyanka Tudu (Nursing Tutor)

Mrs. Sagarika Barik (Nursing Tutor)

PRINCIPAL 03/10/23
School of Nursing
ARKA JAIN UNIVERSITY

Principal

School of Nursing

Arka Jain University

Copy to:

PS to Vice Chancellor
PS to Director
DSW and Campus Director
Office of the Registrar
IQAC
Dean/PC of University Campus
In charge website
Office Record
ERP Coordinator

WORLD MENTAL HEALTH DAY

Date of Event	10.10.2023
Name of the Event	World Mental Health Day 2023, Theme- “Mental health is a Universal Human Right”.
Type of the Event	Life Skills
Conducted by	School of Nursing
No. of Participants	64

OBJECTIVE: To raising awareness of mental health issues around the world and mobilizing efforts in support of mental health.

DETAILS: School of Nursing, Arka Jain University conducted “World Mental Health Day 2023” on 10th October 2023 at JEH Auditorium, Aryabhatta Block, which commenced from 02:00 pm and the Theme of the event was “**MENTAL HEALTH IS A UNIVERSAL HUMAN RIGHT**”. The program was inaugurated with lighting of the lamp. Ms. Bandana Munda and Mr. Samarth Kumar, B.Sc. Nursing Students, welcomed the all dignitaries, Faculties and her fellowmates followed by briefing the event. Former Vice Chancellor Prof. Dr. S. S. Razi addressed the gathering about the World Mental Health Day to the students. Then Prof. Mrs. Ginu Anie Joseph, Principal, School of Nursing, Arka JAIN University briefed about the mental health and mental illness. Role Play was performed by the B.Sc. Nursing Students where they illustrated about the mental health illness causes, symptoms, prevention and management. A short brief on world mental health day was conveyed by Mr. Rohit Paul Lakra, Nursing Tutor, School of Nursing, Arka JAIN University and a short video was displayed. Dance was performed by the B.Sc. Nursing Students in the form of mental health booster to keep our body and mind healthy. Lastly the program ended up with Vote of Thanks by Ms. Barsha Basuri, Nursing Tutor followed by National Anthem.

Overall the program went successful, which was conducted under the supervision of Prof. Mrs. Ginu Anie Joseph, Principal, School of Nursing. We are also thankful to our honourable former Vice Chancellor Sir Prof. Dr. S. S. Razi for helping us in successfully completion of the event.

TAKEAWAY (OUTCOMES): Students will be able to provide promotive, preventive and restorative health services in line with national health policies and programs.

Poster of the Event

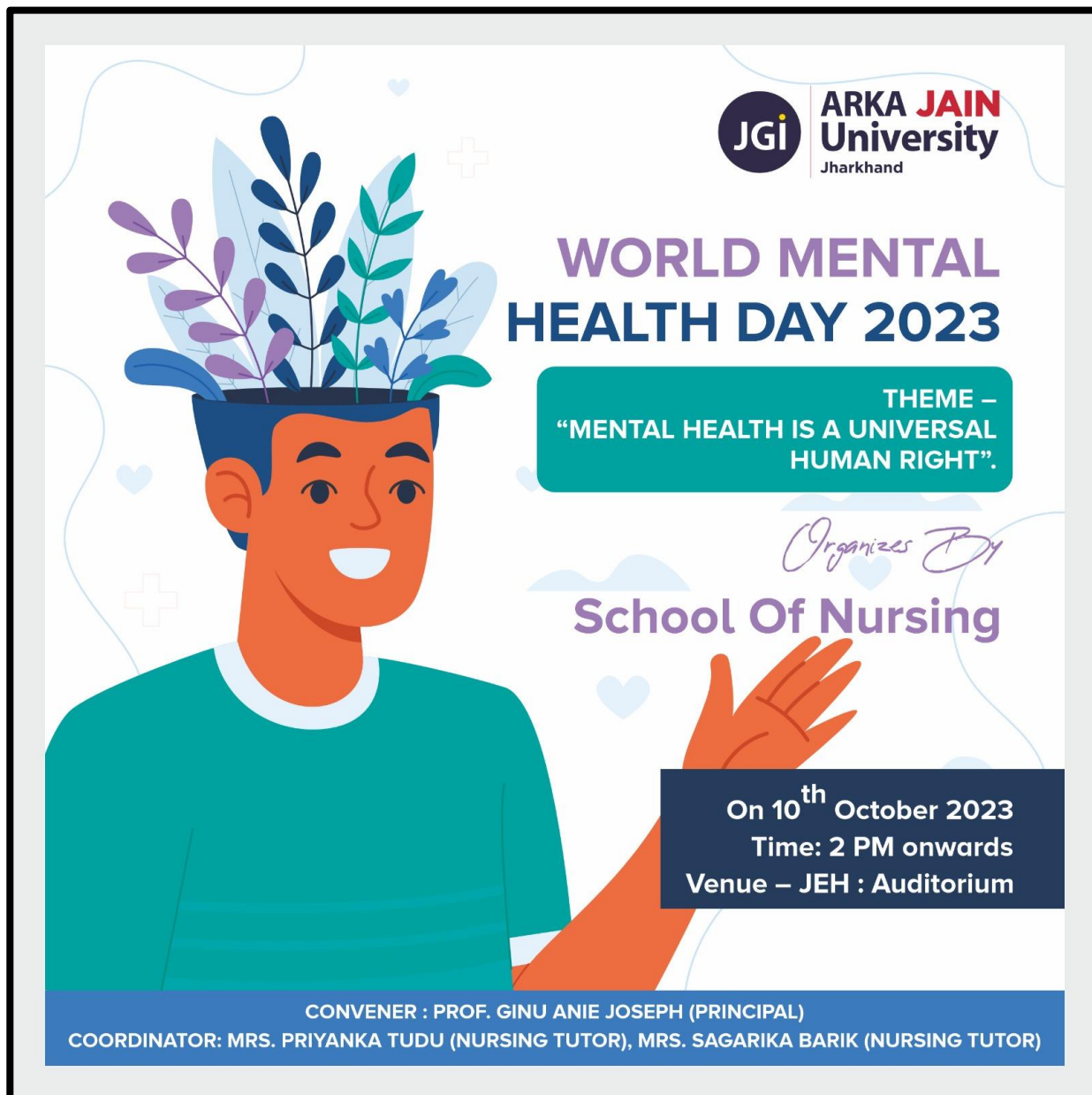


Figure 1: Poster of the World Mental Health Day 2023



Figure 2: A brief description of the event by Ms. Bandana Munda and Mr. Samarth Kumar, B.Sc. Nursing Students



Figure 3: Address by Former Vice Chancellor Sir Dr. S. S. Razi on the occasion of World Mental Health Day-2023



Figure 4: Prof. Mrs. Ginu Anie Joseph, Principal addressing the gathering on the occasion of World Mental Health Day 2023



Figure 5: A Role Play depicting about Mental Illness and Management by Nursing Students



Figure 6: Addressed by Mr. Rohit Paul Lakra, Nursing Tutor



Figure 7: Dance by Nursing Students illustrating on Mental Health



Figure 8: Vote of Thanks by Ms Barsha Basuri, Nursing Tutor



Figure 9: A snap of World Mental Health Day 2023

List of the Participants

JGI **ARKA JAIN University**
Jharkhand

SCHOOL OF NURSING, ARKA JAIN UNIVERSITY
WORLD MENTAL HEALTH DAY 2023
Theme: "Mental health is a universal human right."
Date-10/10/23

S.N	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Shalvi Singh	AJU/221946	Shalvi
2.	Vansha Bhatnagar	AJU/221948	Vansha
3.	Sushma Singh	AJU/221946	Sushma
4.	Sushma Singh	AJU/221946	Sushma
5.	Sushma Singh	AJU/221946	Sushma
6.	Amrita Kumari	AJU/221947	Amrita
7.	Atong Nag	AJU/221947	Atong Nag
8.	Tahira Kumari	AJU/221947	Tahira
9.	Sushma Singh	AJU/221947	Sushma
10.	Moti Bhatnagar	AJU/221947	Moti
11.	Soham Kumar	AJU/221947	Soham
12.	Rajni Kumari	AJU/221947	Rajni
13.	Harshita Nema	AJU/221947	Harshita
14.	Sakshi Mahapatra	AJU/221947	Sakshi
15.	Dipika Singh	AJU/221947	Dipika
16.	Arushi Singh	AJU/221947	Arushi
17.	Chanchal Kumari	AJU/221947	Chanchal
18.	M. Anshika	AJU/221947	Anshika
19.	Bhishma Kumar	AJU/221947	Bhishma
20.	Sanku Roy	AJU/221947	Sanku
21.	Ashu V. Singh	AJU/221947	Ashu
22.	Vivek Navin Khandelwal	AJU/221947	Vivek
23.	Mandira Mahapatra	AJU/221947	Mandira
24.	Pooja Singh	AJU/221947	Pooja
25.	Arushi Singh	AJU/221947	Arushi
26.	Arushi Singh	AJU/221947	Arushi
27.	Arushi Singh	AJU/221947	Arushi
28.	Arushi Singh	AJU/221947	Arushi
29.	Arushi Singh	AJU/221947	Arushi
30.	Arushi Singh	AJU/221947	Arushi

SIGNATURE OF THE EVENT CO-ORDINATOR: [Signature] 10/10/23
SIGNATURE OF THE HOD: [Signature] 10/10/23
PRINCIPAL: [Signature]

JGI **ARKA JAIN University**
Jharkhand

SCHOOL OF NURSING, ARKA JAIN UNIVERSITY
WORLD MENTAL HEALTH DAY 2023
Theme: "Mental health is a universal human right."
Date-10/10/23

S.N	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Rajdeep Kumar	AJU/221948	Rajdeep
2.	Shivani Kumari	AJU/221948	Shivani
3.	Shivani Kumari	AJU/221948	Shivani
4.	Pooja Singh	AJU/221948	Pooja
5.	Amisha Singh	AJU/221948	Amisha
6.	Amisha Singh	AJU/221948	Amisha
7.	Amisha Singh	AJU/221948	Amisha
8.	Amisha Singh	AJU/221948	Amisha
9.	Amisha Singh	AJU/221948	Amisha
10.	Amisha Singh	AJU/221948	Amisha
11.	Amisha Singh	AJU/221948	Amisha
12.	Amisha Singh	AJU/221948	Amisha
13.	Amisha Singh	AJU/221948	Amisha
14.	Amisha Singh	AJU/221948	Amisha
15.	Amisha Singh	AJU/221948	Amisha
16.	Amisha Singh	AJU/221948	Amisha
17.	Amisha Singh	AJU/221948	Amisha
18.	Amisha Singh	AJU/221948	Amisha
19.	Amisha Singh	AJU/221948	Amisha
20.	Amisha Singh	AJU/221948	Amisha
21.	Amisha Singh	AJU/221948	Amisha
22.	Amisha Singh	AJU/221948	Amisha
23.	Amisha Singh	AJU/221948	Amisha
24.	Amisha Singh	AJU/221948	Amisha
25.	Amisha Singh	AJU/221948	Amisha
26.	Amisha Singh	AJU/221948	Amisha
27.	Amisha Singh	AJU/221948	Amisha
28.	Amisha Singh	AJU/221948	Amisha
29.	Amisha Singh	AJU/221948	Amisha
30.	Amisha Singh	AJU/221948	Amisha

SIGNATURE OF THE EVENT CO-ORDINATOR: [Signature] 10/10/23
SIGNATURE OF THE HOD: [Signature] 10/10/23
PRINCIPAL: [Signature]

JGI **ARKA JAIN University**
Jharkhand

SCHOOL OF NURSING, ARKA JAIN UNIVERSITY
WORLD MENTAL HEALTH DAY 2023
Theme: "Mental health is a universal human right."
Date-10/10/23

S.N	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Pooja Singh	AJU/221948	Pooja
2.	Pooja Singh	AJU/221948	Pooja
3.	Pooja Singh	AJU/221948	Pooja
4.	Pooja Singh	AJU/221948	Pooja
5.	Pooja Singh	AJU/221948	Pooja
6.	Pooja Singh	AJU/221948	Pooja
7.	Pooja Singh	AJU/221948	Pooja
8.	Pooja Singh	AJU/221948	Pooja
9.	Pooja Singh	AJU/221948	Pooja
10.	Pooja Singh	AJU/221948	Pooja
11.	Pooja Singh	AJU/221948	Pooja
12.	Pooja Singh	AJU/221948	Pooja
13.	Pooja Singh	AJU/221948	Pooja
14.	Pooja Singh	AJU/221948	Pooja
15.	Pooja Singh	AJU/221948	Pooja
16.	Pooja Singh	AJU/221948	Pooja
17.	Pooja Singh	AJU/221948	Pooja
18.	Pooja Singh	AJU/221948	Pooja
19.	Pooja Singh	AJU/221948	Pooja
20.	Pooja Singh	AJU/221948	Pooja
21.	Pooja Singh	AJU/221948	Pooja
22.	Pooja Singh	AJU/221948	Pooja
23.	Pooja Singh	AJU/221948	Pooja
24.	Pooja Singh	AJU/221948	Pooja
25.	Pooja Singh	AJU/221948	Pooja
26.	Pooja Singh	AJU/221948	Pooja
27.	Pooja Singh	AJU/221948	Pooja
28.	Pooja Singh	AJU/221948	Pooja
29.	Pooja Singh	AJU/221948	Pooja
30.	Pooja Singh	AJU/221948	Pooja

SIGNATURE OF THE EVENT CO-ORDINATOR: [Signature] 10/10/23
SIGNATURE OF THE HOD: [Signature] 10/10/23
PRINCIPAL: [Signature]

Media Coverage

अरका जैन यूनिवर्सिटी : नृत्य व प्रेजेंटेशन के माध्यम से दी गई मानसिक व शारीरिक स्वास्थ्य की जानकारी

by **Lagatar News** — 13/10/2023 in कोल्हाण प्रमंडल, जमशेदपुर



Jamshedpur (Anand Mishra) : अरका जैन यूनिवर्सिटी के स्कूल ऑफ नर्सिंग की ओर से यूनिवर्सिटी के आर्यभट्ट ब्लॉक स्थित जेईएच ऑडिटोरियम विश्व मानसिक स्वास्थ्य दिवस पर एक कार्यक्रम का आयोजन किया गया. कार्यक्रम का विषय था "मानसिक स्वास्थ्य एक सार्वभौमिक मानव अधिकार है". कार्यक्रम का शुभारंभ दीप प्रज्वलन के साथ किया गया. बीएससी नर्सिंग के विद्यार्थी बंदना मुंडा और सामर्थ कुमार, गणमान्य व्यक्तियों, संकाय सदस्यों और सहपाथियों का स्वागत किया. साथ ही कार्यक्रम की जानकारी दी. इसके बाद पूर्व कुलपति प्रो (डॉ) सैयद सफदर रज़ी ने छात्रों को विश्व मानसिक स्वास्थ्य दिवस के बारे में बताया. स्कूल ऑफ नर्सिंग की प्राचार्य प्रो जिनु एनी जोसेफ, प्रिंसिपल ने मानसिक स्वास्थ्य और मानसिक बीमारी के बारे में जानकारी दी.

बीएससी नर्सिंग के विद्यार्थियों ने रोल प्ले प्रस्तुत किया. इसके माध्यम से मानसिक स्वास्थ्य व बीमारी के कारण, लक्षण, रोकथाम और प्रबंधन के बारे में जानकारी दी. नर्सिंग ट्यूटर रोहित पॉल लाकड़ा ने एक लघु वीडियो प्रदर्शित किया. उसके बाद नृत्य के माध्यम से बताया गया कि हम अपने आप को कैसे मानसिक एवं शारीरिक रूप से स्वस्थ रख सकते हैं. यह प्रस्तुति बीएससी नर्सिंग के विद्यार्थियों द्वारा की गई. कार्यक्रम के समापन पर नर्सिंग ट्यूटरवर्षा बासुरी ने धन्यवाद ज्ञापन किया. कार्यक्रम का संचालन स्कूल ऑफ नर्सिंग की प्रिंसिपल प्रोफेसर जिनु एनी जोसेफ की देखरेख में किया गया.