



# SCHOOL OF HEALTH AND ALLIED SCIENCE

Department Of Optometry CIRCULAR

Ref No: AJU/SOHAS/004/24

Date 05-01-2024

This is to notify the students of B.Optometry 3<sup>rd</sup> year that an 18 hours of skill development workshop will be held virtually on the topic 'A..B..C., of Retail Optometry' from 9<sup>th</sup> of January, 2024.

Students are instructed to be mandatorily be present during all times when the session is ongoing.

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Sarbojeet Goswami Program Coordinator Department of Optometry School of Health and Allied Science



### Skill Development Workshop -'A..B..C.. of Retail Optometry' 9th to 11th January 2024

Date of Event	09/01/2024 to 11/01/2024
Name of the Event	ABC of Retail Optometry
Type of the Event	Skill Development Workshop
Conducted by	Department of Optometry, ARKA JAIN University
No. of Participants	06

#### **OBJECTIVE:**

Organizing skill development workshops serves various objectives, contributing to the personal and professional growth of individuals. Here are some key objectives:

**Improving Skill:** The workshops give participants the chance to improve their current abilities or learn new ones so they may become more proficient in the sector of their choice. Students develop a workforce that has a variety of sophisticated skill sets, since this will enhance the general competence and efficacy of the organization.

**Ability to Adjust:** It gives people the tools they need to adjust to shifting industry trends and technology developments so they can stay productive and relevant in their jobs.

**Filling up Skill Gaps:** Workshops determine whether people in the organization lack the skills needed to fulfil the demands of their jobs now and in the future, and take steps to close such gaps.

Keeping the above mentioned objectives in mind, a work shop on dispensing optics was organized for the students of Optometry.

#### **ABOUT THE EVENT:**

'A..B..C.. of Retail Optometry' is the title given to the eighteen hours of workshop organized by the department of Optometry. The resource person was Mr Sreejit Sarkar, Head- On Job Training & Regional Training Manager-East. The three days of the brainstorming session included discussions on how to choose the correct lens material as per occupation, choosing the right frame shape for apt facial structure and troubleshooting. From 9th to 11th January, 2024; Mr Sreejit Sarkar joined us on the virtual platform of Google meet and demonstrated a troubleshooting regarding optometric dispensing. The third year students benefitted from the workshop, since they will have an opportunity to pursue the clinical aspects of Optometry in the internship, but to understand the dispensing optics; we had our resource person who has been into the optical field for the past four years.

<u>Day1 (09.01.2024)</u>: The 1st day of the workshop involved learning and relearning of certain specific terms used in dispensing optics and retail optometry. The basics of dispensing optics e.g., Boxing system and Datum system, evolution of dispensing and basic subjective and objective refraction.

<u>Day 2 (10.01.2024)</u>: The 2<sup>nd</sup> day of the workshop was emphasized on patient/customer satisfaction with the clinical refraction and troubleshooting of different complaints of theirs. Mr Sreejit also emphasized on the lenses with higher dioptric power and the type of distortions and aberrations created by them.

<u>Day 3 (11.01.2024):</u> The final day of workshop focused on case based learning. In the beginning, there was revision of various lens and frame materials available in Indian and global market. He discussed various cases and specific dispensing based on different criteria, eg., age, occupation, amount of refractive error etc. Students learned how to counsel the patients to choose the right set of lens material, frame material and shape based on visual and anatomical requirement.

#### TAKEAWAY (OUTCOME):

Students had a great learning session with Mr Sreejit. He explained the basic concepts behind dispensing specific lenses and frames to the patient/customer. Workshops provide worthwhile educational opportunities as well as chances for both professional and personal development.

**Conclusion**: The following are some important lessons that people often learn during workshops:

<u>Acquiring information</u>: The purpose of workshops is to teach certain information or abilities. Individuals might acquire fresh perspectives, knowledge, and proficiency in a certain area of study or profession.

<u>Practical Exercises and Hands-on Activities:</u> Skill development workshops enable participants to put the information they've learned into practice in a real-world setting. This may improve comprehension and recall.

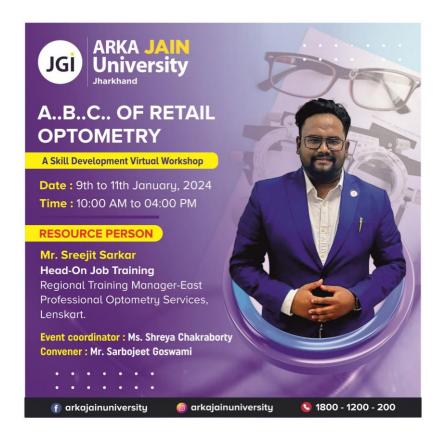
<u>Development of Skills</u>: The development of practical skills is a common emphasis of workshops. Participants could pick up new methods, instruments, or strategies related to their line of work or passion.

<u>Possibilities for Networking</u>: Workshops bring people together who share hobbies or career objectives. During workshops, networking may result in beneficial relationships, teamwork, and idea sharing.

<u>Problem-Solving Skills</u>: Case studies, group discussions, and problem-solving exercises are often included in workshops. Participants may learn how to tackle problems in their particular industries and enhance their critical thinking abilities.

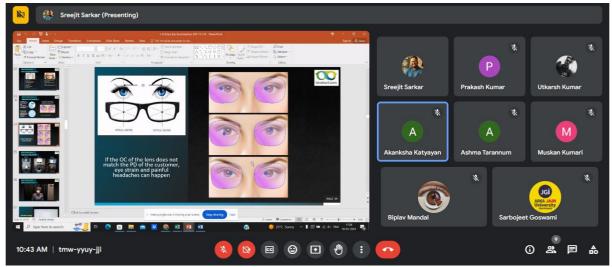


### Poster of the Event

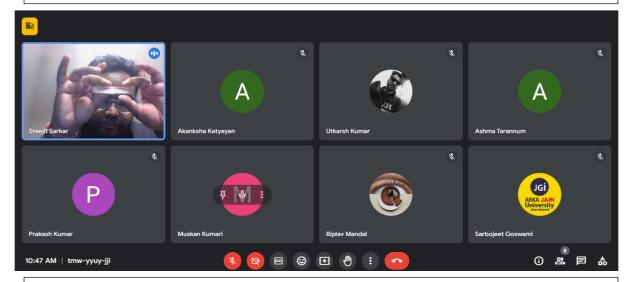




### **Glimpses of the Event**



Presenter explaining on frame selection for various facial structures



Presenter demonstrating lenses with higher dioptric power and appropriate spectacle frame and lens material



Mr Sreejit explaining how various lenses work



## **List of Participants**



### List of Attendees: Skill development workshop- A..B..C.. of Retail Optometry [09.01.2024-11.01.2024]

#### **B.Optometry**

S.No.	Enrolment number	Name of the Attendee	Signature
1.	AJU/210157	Akomksha kumari	Akanleha
2.	AJU/210474	Ashare Tarannum.	Alma.
3.	Aju/ 210104	kumar utkarsh	
4.	AJU/210620	Proback Kumar.	Brakash
S.	AJ U/211225	Muykan Kumaei	Muskan
6.	AJU/210080	Biplan Mandal	Biplay

Ever Coordinator- Ms Shreya Chakraborty

Department of Optometry School of Health & Allied Science ARKA JAIN University, Hiarkhand Convener- Mr Sarbojeet Goswami



### **Feed Back**

