



DEPARTMENT: SCHOOL OF PHARMACY

CIRCULAR

No: AJU/SOHAS/257/23

Date 28th December 2023

This is to inform all the students of School of Pharmacy that a session on Fundamental building blocks of positive relationships will be conducted on 3rd Jan 2024. Session will address by Dr Ruturaj Dora the Dean of Capital Institute of Management and Science, Bhubaneswar Students need to participate generously.



Dean

Dean
School of Pharmacy
ARKA JAIN University Jharkhand

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"FUNDAMENTAL BUILDING BLOCKS OF POSITIVE RELATIONSHIP"

Date of Event	03.01.2024
Name of the Event	FUNDAMENTAL BUILDING BLOCKS OF POSITIVE RELATIONSHIP
Type of the Event	Life Skill Development Program
Conducted by	School of Pharmacy
No. Of Participant	31

OBJECTIVE: For a happier and satisfied life people should rely upon healthy relationships. Healthy relationships can increase sense of worth and belongingness.

DETAILS: A session on Fundamental building blocks of positive relationships conducted on 3rd Jan 2024. Session will address by Dr Ruturaj Dora the Dean of Capital Institute of Management and Science, Bhubaneswar. Open Dialogue, Trust, and Vulnerability are the three building blocks of a successful and happy relationship. Strengthening all of these areas in your current relationship creates joy and fulfilment in many other areas of our lives. Dr Dora briefed about execution, collaboration, problem solving, communication and trust. Mr Jasbir Singh Dhanjal witnessed the session and felicitated Dr. Dora offering him a shawl and memento. Dr. Jyotirmaya Sahoo, Dean of SOHAS, ARKA JAIN University introduced Dr Dora to the audience. Among others students and faculty members were the audience.

OUTCOMES: The benefits of social connections and good mental health are numerous. Proven links include lower rates of anxiety and depression, higher self-esteem, greater empathy, and more trusting and cooperative relationships.

Poster of the Event



Figure 1: Poster of Fundamental Building Blocks of Positive Relationship

Photos of the Event



Figure 2: Dr. Jyotirmaya Sahoo introducing Dr. Raturaj Dora to the audience



Figure 3: Dr. Raturaj Dora addressing the audience




Figure 4: Joint Registrar ARKA JAIN University felicitating Guest Speaker



Figure 5: Dr. Ruturaj Dora along with members of ARKA JAIN University, School of Pharmacy

Participants



ARKA JAIN University
Jharkhand

SCHOOL OF PHARMACY
Event Registration cum Attendance Form


Name of the Event: Fundamental Building Blocks of Positive Relationships Date of the Event: 3-1-24 to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback										Attendance							
				How would you like this session/event					The speaker explained the topic clearly					Would you like to attend this type of event/session in future	D1	D2	D3	D4	D5	D6	D7
				E	V	G	A	P	Y	N	Y	N									
1	Shubho Kumar	AJU/230009	<i>Shubho Kumar</i>	✓						✓						✓					
2	BOBBY THAPA	AJU/230026	<i>Bobby Thapa</i>	✓						✓					✓						
3	Priyanshu Pandey	AJU/230223	<i>Priyanshu Pandey</i>	✓						✓					✓						
4	Sudhi Paul	AJU/230287	<i>Sudhi Paul</i>	✓						✓					✓						
5	ISHA SHARMA	AJU/230311	<i>Isha</i>	✓						✓					✓						
6	Akhil Sinha	AJU/231647	<i>Akhil Sinha</i>	✓						✓					✓						
7	Megha Joshi	AJU/231591	<i>Megha</i>	✓						✓					✓						
8	Rajiv Kumar	AJU/231778	<i>Rajiv Kumar</i>	✓						✓					✓						
9	Svet Kumar	AJU/220018	<i>Svet Kumar</i>	✓						✓					✓						
10	Chaitra Sandilya	AJU/210910	<i>Chaitra</i>	✓						✓					✓						

*E-Excellent, V-Very good, G-good, A-Average, P-Poor

[Signature]
Signature of the Head
Dean
School of Pharmacy
ARKA JAIN University Jharkhand

[Signature]
Signature of the Event Coordinator



ARKA JAIN University
Jharkhand

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				E	V	G	A	P	Y	N	Y	N									
11	Purnima Mahato	1509	<i>Purnima Mahato</i>	✓						✓					✓						
12	Nisha Panda	1394	<i>Nisha Panda</i>	✓						✓					✓						
13	Asutosh Panda	1124	<i>Asutosh Panda</i>	✓						✓					✓						
14	Barun Mandal	1256	<i>Barun Mandal</i>	✓						✓					✓						
15	Geoni Sanatan Chintapalli	1313	<i>Geoni Sanatan Chintapalli</i>	✓						✓					✓						
16	Roumita Bhattacharyya	1357	<i>Roumita Bhattacharyya</i>	✓						✓					✓						
17	Dr. Keerthi Masga Mishra	1211	<i>Keerthi Masga Mishra</i>	✓						✓					✓						
18	Ana Dhanraj Jena	1328	<i>Ana Dhanraj Jena</i>	✓						✓					✓						
19	Rashmi Tirkey	1239	<i>Rashmi Tirkey</i>	✓						✓					✓						
20	Pratiksha Singh	1266	<i>Pratiksha Singh</i>	✓						✓					✓						

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Feedback Analysis

