

## CIRCULAR



### NOTICE

#### SCHOOL OF NURSING

**NO: AJU/SON/86/2022-23**

**Date: 25/11/2023**

We feel great pleasure to inform you that the School of Nursing is organizing a Workshop on **"HEALTH ASSESSMENT MODULE" (MANDATORY MODULE)** for **B.Sc. Nursing second semester students session (2022-2026)**. The Theme of the workshop is **"ACHIEVING HEALTH FOR ALL"**. The workshop will be conducted on **December 04<sup>th</sup> 2023** at **JEH Auditorium, Block- Aryabhata**.

In this regard, we invite all the fraternity of Arka Jain on **December 04<sup>th</sup> 2023** from **09:00 am** at **JEH Auditorium, Block- Aryabhata** to participate and make the function a grand success.

**Event Coordinator**

**Ms. Anshumala Xalxo (Nursing Tutor)**

**PRINCIPAL**  
**School of Nursing**  
**Head of the Department**

**Prof. Ginu Anie Joseph**

**Principal**

**School of Nursing**

**Arka Jain University**

**Copy to:**

PS to Vice Chancellor  
PS to Director  
DSW and Campus Director  
Office of the Registrar  
IQAC  
Dean/PC of University Campus  
Class Coordinators  
In charge website  
Office Record  
ERP Co-ordinator

## HEALTH ASSESSMENT MODULE (MANDATORY MODULE)

<b>Date of Event</b>	<b>04.12.2023</b>
<b>Name of the Event</b>	<b>Health Assessment Module (Mandatory Module). Theme: “ACHIEVING HEALTH FOR ALL”</b>
<b>Type of the Event</b>	<b>Life Skills</b>
<b>Conducted by</b>	<b>School of Nursing</b>
<b>No. Of Participants</b>	<b>42</b>

**OBJECTIVE:** To get a general understanding of the state of your health across your mental, physical, psychological and sexual wellbeing.

**DETAILS:** As we come across the various diseases, to prevent oneself from the diseases one must undergo routine check-up. Primary step to prevent the illness is assessment. The School of Nursing, Arka Jain University organized **Workshop** on **“HEALTH ASSESSMENT MODULE”** (MANDATORY MODULE) on December 04<sup>th</sup> 2023 at JEH Auditorium, Block- Aryabhatta from 09:00 AM. The Theme of the Event was **“ACHIEVING HEALTH FOR ALL”**.

The workshop commenced with an introductory session by Mr. Sujoy Maity (Nursing Student) outlining the importance and scope of health assessment in understanding various physiological systems. It emphasized the significance of comprehensive health evaluations for overall well-being. The workshop was divided into the Musculoskeletal System, Gastro-intestinal System, Respiratory System, Central Nervous System, and Cardiovascular System & Genitourinary System. Mr. Rohit Paul Lakra (Nursing Tutor) explored regarding its anatomy, functions, common ailments, and assessment techniques. Participants engaged in discussions and practical demonstrations to understand musculoskeletal health better. Mrs. Sagarika Barik (Nursing Tutor) focused on digestive health, common disorders, examination methods, and the significance of assessing this system for overall health assessment. Later Mrs. Priyanka Tudu (Nursing Tutor) discussed on respiratory anatomy, functions, assessment tools, and techniques. Practical demonstrations helped participants understand respiratory health assessment.

Ms. Sharon Mardi (Nursing Student) called Prof. Mrs. Ginu Anie Joseph (Principal) onto the dais for delivering the welcome note for the dignitaries. This warm welcome speech created an environment of the workshop. A symbolic 'lighting of the lamp' ceremony added cultural significance, symbolizing enlightenment and knowledge sharing.

Dr. Prof. S. S. Razi, Chairperson- Board of Management briefed regarding the Health Assessment and address to the guest speaker highlighted their expertise and contribution to the workshop.

Keynote Speaker Dr. Arun Kumar, Neurologist (Brahmanand Narayan Multispeciality Hospital) shared in-depth knowledge on Central Nervous System. Nursing Students explored the Central Nervous System, understanding its complexities, common neurological assessments, and the significance of neurological health in overall well-being.

Dr. Arun Kumar was felicitated with a memento as a token of gratitude by Principal of School of Nursing. Ms. Anshumala Xalxo (Nursing Tutor) covered heart health, circulatory system functions, common cardiac assessments, and methodologies to evaluate cardiovascular health. Lastly, Ms. Barsha Basuri (Nursing Tutor) focused on the Genitourinary System, discussing urinary and reproductive health, assessment methods, and the importance of these assessments in holistic health evaluations.

Last but not least Ms. Anshumala Xalxo proposed with a vote of thanks, acknowledging the contributions of speakers, facilitators, Nursing Students and organizers. It expressed gratitude for their active involvement and highlighted key learning's from the workshop.

We are grateful to Prof. Mrs. Ginu Anie Joseph, Principal, School of Nursing for her guidance and giving us opportunity to organise the program. We are also thankful to our honourable Chairperson- Board of Management Prof. Dr. S. S. Razi for helping us in successfully completion of the event. On behalf of School of Nursing, we extend our heartfelt gratitude to Dr. Arun Kumar for giving his valuable time and for sharing your knowledge and wisdom with us.

**TAKEAWAY (OUTCOMES):** Students will be able to utilize the requisite knowledge, skills and technologies to practice independently and collaboratively with all health professionals applying the principles of safety and quality improvement.

## Poster of the Event



**ARKA JAIN**  
University  
Jharkhand

**Workshop on**  
**HEALTH ASSESSMENT MODULE**  
**(Mandatory Module)**  
“ACHIEVING HEALTH FOR ALL”

**Date :** 4th December, 2023

**Time :** 9:00 am onwards

**Venue :** JEH Auditorium, Block  
Aryabhatta

**Keynote Speaker :**  
**Dr. Arun Kumar**  
Senior Consultant Neurologist  
Brahmanand Narayan Multispeciality  
Hospital



**Convenor :**  
Prof. Ginu Anie Joseph (Principal)

**Co-Convenor :**  
Ms. Anshumala Xalxo (Nursing Tutor),

 arkajainuniversity

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 1800 - 1200 - 200

Figure 1: Poster of Health Assessment Module

## Photos of the Event



**Figure 2: Inauguration of the Program**



**Figure 3: Demonstration of Musculoskeletal System by Mr. Rohit Lakra (Nursing Tutor)**



**Figure 4: An explanation on Gastrointestinal System by Mrs. Sagarika Barik (Nursing Tutor)**



**Figure 5: BoM Dr. S. S. Razi briefed about Health Assessment and its Importance**



**Figure 6: Dr. Arun Kumar demonstrating the Assessment on Central Nervous System**



**Figure 7: Group snap of Health Assessment Module**

## List of the Participants

ARKA JAIN UNIVERSITY  
SCHOOL OF NURSING

HEALTH ASSESSMENT MODULE (MANDATORY MODULE) 04<sup>TH</sup> DECEMBER, 2023

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Shivani Kumari	AJU/221953	Shivani Kumari
2.	Kanchan Rani Bhagat	AJU/221913	Kanchan Rani
3.	Prity Lagan	AJU/221934	Prity
4.	Pratima Kumari	AJU/222004	Pratima
5.	Nandani Tey	AJU/221895	Nandani Tey
6.	Monali Pahi	AJU/221974	Monali
7.	Shifa Paul	AJU/221909	Shifa Paul
8.	Chandani Mandal	AJU/221902	Chandani Mandal
9.	Ratnika Kumari	AJU/221997	Ratnika
10.	Purnam Kumari	AJU/221924	Purnam Kumari
11.	Ishtakumari	AJU/221956	Ishtakumari
12.	Kanchan Hembram	AJU/221930	Kanchan
13.	Moti Baipai	AJU/221941	Moti
14.	Aditi Kumari	AJU/222084	Aditi
15.	Ramesh Kumar	AJU/221949	Ramesh
16.	Divyanshi Kumari	AJU/221946	Divyanshi
17.	Nandani Hembram	AJU/221958	Nandani
18.	Bandana Manda	AJU/221922	Bandana
19.	Jasmin Jomda	AJU/221923	Jasmin
20.	Aditya Kashyap	AJU/222053	Aditya Kashyap
21.	Kunal Roy	AJU/221934	Kunal Roy
22.	Aditya	AJU/221989	Aditya
23.	Ritik Kumar	AJU/221984	Ritik Kumar
24.	Manish Roy	AJU/221968	Manish Roy
25.	Akash Kumar	AJU/222095	Akash Kumar

SIGNATURE OF THE EVENT CO-ORDINATOR \_\_\_\_\_

SIGNATURE OF THE PRINCIPAL \_\_\_\_\_  
PRINCIPAL  
School of Nursing  
ARKA JAIN UNIVERSITY

ARKA JAIN UNIVERSITY  
SCHOOL OF NURSING

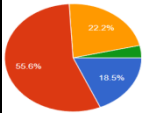
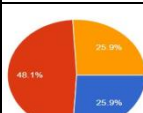
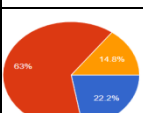
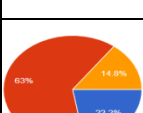
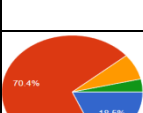
HEALTH ASSESSMENT MODULE (MANDATORY MODULE) 04<sup>TH</sup> DECEMBER, 2023

SL. NO.	NAME OF THE PARTICIPANTS	ENROLLMENT NO.	SIGNATURE
1.	Ashutosh Kumar	AJU/221961	Ashutosh Kumar
2.	Samik Mandal	AJU/221902	Samik
3.	Samarth Kumar	AJU/222026	Samarth
4.	Sanjana Mandal	AJU/221928	Sanjana
5.	Sakshi Nag	AJU/221896	Sakshi Nag
6.	Surbhi Kumari	AJU/222076	Surbhi
7.	Ravi Kumar	AJU/221948	Ravi Kumar
8.	Sakshi Chaudhary	AJU/221947	Sakshi
9.	Glory Nag	AJU/222032	Glory
10.	Anvita Kumari	AJU/221979	Anvita
11.	Ankita Kumari	AJU/222031	Ankita
12.	Surety Lahu	AJU/222072	Surety
13.	Sukta Kumari	AJU/221936	Sukta Kumari
14.	Sohani Lakra	AJU/221921	Sohani
15.	Sushma Hembram	AJU/221925	Sushma
16.	Surya Hembram	AJU/221963	Surya Hembram
17.	Sharon Manda	AJU/221897	Sharon Manda
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25.			

SIGNATURE OF THE EVENT CO-ORDINATOR \_\_\_\_\_

SIGNATURE OF THE PRINCIPAL \_\_\_\_\_  
PRINCIPAL  
School of Nursing  
ARKA JAIN UNIVERSITY

## FEEDBACK

SL. NO.	QUESTION	RESPONSE
1.	The Facilitators were well organized.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
2.	The Facilitators made good use of time allotted.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
3.	The Facilitators seemed knowledgeable about the topic.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
4.	The teaching methods used were appropriate for the audience.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
5.	I understood the concepts as presented in the workshop.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
6.	The workshop improved my ability to use skills related to the topic.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
7.	I would attend other workshops offered by these facilitators.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
8.	The workshop improved my understanding of the topic.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>
9.	The facilitators' style was effective in helping me learn.	 <ul style="list-style-type: none"> <li>● Strongly Agree</li> <li>● Agree</li> <li>● Neutral</li> <li>● Disagree</li> <li>● Strongly Disagree</li> </ul>