



Internal Complaints Committee

Ref: AJU/ICC/2023/03

Date: 29-11-2023

Circular

Awareness Session on 'Menstrual Hygiene & Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine'

This is to inform all the female Faculty, Staff and Students of ARKA JAIN University that 'Internal Complaints Committee', is going to organize **Awareness Session on 'Menstrual Hygiene & Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine'**, on December 01, 2023 at 9:00 am onwards at JFH Auditorium. The session will be taken by Dr. Charu Wadhwa, Presiding Officer, Internal Complaints Committee, AJU.

All female Faculty, Staff and Students are requested to attend the same

Dr. Charu Wadhwa

Presiding Officer

Internal Complaints Committee

CopyTo:

- PS to Hon'ble Vice Chancellor
- PS to Director
- All Deans and HoDs
- All Members of ICC
- AJU website
- Office file
- Notice board

AWARENESS SESSION ON 'MENSTRUAL HYGIENE & DEMO SESSION OF SANITARY NAPKINS VENDING MACHINES & INCINERATOR MACHINE'

Dates of Event	01-12-2023
Name of the Event	Awareness Session on 'Menstrual Hygiene & Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine'
Type of the Event	Life skills development (Hygiene)
Organized by	ARKA JAIN University
Coordinated by	Dr. Charu Wadhwa, Presiding Officer, Internal Complaints Committee
No. of Participants	108

OBJECTIVE: The objective of this session was to increase awareness among the females on Menstrual Hygiene. To increase access to and use of high quality products to ensure their hygiene.

DETAILS: ARAK JAIN University organized an insightful 'Awareness Session on Menstrual Hygiene' for its female faculty, staff, and students, featuring Dr. Charu Wadhwa, the Presiding Officer of the Internal Complaints Committee. The session, enriched by Dr. Wadhwa's expertise, included a hands-on demonstration of the newly installed 'Sanitary Napkin Vending Machines & Incinerator.' Beyond practical demonstrations, the event covered crucial aspects of menstrual hygiene, dispelling myths, promoting open dialogue, and encouraging a supportive environment. The interactive session facilitated personalized discussions, ensuring that participants gained a comprehensive understanding of menstrual health. Overall, the initiative not only aimed to inform but also to empower and foster a culture of empathy and awareness within the university community.

TAKEAWAY (OUTCOMES): The participants were able to understand the importance of maintaining menstrual hygiene. They understood the practices and principles of good menstrual hygiene. In addition, they also understood the correct way of operating the 'Sanitary napkins vending machines & Incinerator machine'

POSTER OF THE EVENT

The poster is set against a light pink background with decorative floral elements. At the top center is the JGI logo, followed by the text 'ARKA JAIN University Jharkhand'. Below this, it says 'Internal Complaints Committee presents'. The main title is 'An awareness session on Menstrual Hygiene & Demo Session of 'Sanitary Napkins vending machine & Incinerator Machine'. The target audience is 'All the Female Faculty, Staff & Students', with the date '01-12-2023', time '9:00 am', and venue 'JEH Auditorium'. A handwritten-style quote reads 'Menstrual HYGIENE is a NECESSITY not a LUXURY' next to an illustration of a menstrual cup. At the bottom, the name and contact information of the presiding officer, Dr. Charu Wadhwa, are provided.

JGI
ARKA JAIN
University
Jharkhand

Internal Complaints Committee
presents

**An awareness session on
Menstrual Hygiene
&
Demo Session of 'Sanitary
Napkins vending machine &
Incinerator Machine**

For: All the Female Faculty, Staff & Students
Date: 01-12-2023
Time: 9:00 am
Venue: JEH Auditorium

Menstrual
HYGIENE
is a
NECESSITY
not a
LUXURY

Dr. Charu Wadhwa, Presiding Officer,
Internal Complaints Committee
icc@arkajainuniversity.ac.in

Figure 1: Poster of the Awareness Session on 'Menstrual Hygiene & Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine'

Photos of the Event



Figure 2: Awareness Session on 'Menstrual Hygiene'



Figure 3: Awareness Session on 'Menstrual Hygiene'



Figure 4: Group Photo



Figure 5: Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine

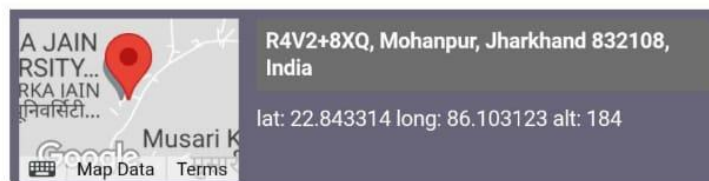


Figure 6: Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine

List of participants


JGI ARKA JAIN University
Jharkhand

Internal Complaints Committee

Awareness Session on 'Menstrual Hygiene & Demo Session of Sanitary Napkins Vending Machines & Incinerator Machine' for Female Faculty, Staff and Students

Date: 01.12.2023

S. No.	Employee ID/Enrollment Number	Name of the Employee/Student	Signature
1.	A 1506	NIKITA MICHELE	Nikita Michele
2.	AJU/230844	SHALINI KUMARI	Shalini
03	AJU/230930	Shuchi Pratikhai	Shuchi
04	AJU/230083	Baby dimpy Singh	Dimpy
05	AJU/230754	Nandani Kumari	Nandani
06	AJU/220175	Deepa Sharma	Deepa
07	AJU/221876	Saba Amin	Saba
08	AJU/221857	Sana Perween	Sana
09	AJU/22028	Saba Kumari	Saba
10	AJU/220645	Poojati Thakur	Poojati
11	AJU/220691	Shreeta Sharma	Shreeta
12.	AJU/220612	Manisha Oraon	Manisha Oraon
13.	AJU/230606	Rashmi Kumari	Rashmi Kumari
14	AJU/232090	Sushmeet Kaur	Sushmeet Kaur


Presiding Officer, Internal Complaints Committee


Date: 01-12-2023

S. No.	Employee ID/ Enrollment Number	Name of the Employee/Student	Signature
15.	AJU/231388	Akansha	
16	AJU/230738	Sadia	S. Kaur
17	AJU/231454	Shiwangi	S. Singh
18	AJU/231766	Anjali Kumari	Anjali Kumari
19	AJU/231785	Spreeha tiwari	Spreeha tiwari
20	AJU/230115	Poloni kos hui	Poloni kos hui
21	AJU/230273	Senali Maity	Senali
22	AJU/221670	Preeti Khandelwal	Preeti
23	AJU/230750	Angita Bhattachary	Angita
23	AJU/230364	Rinku Kumari	Rinku Kumari
24	AJU/231089	Disha Mandel	Disha
25	AJU/230947	Bandana Rani Jena	Bandana
26	AJU/230526	Jiya Rani	Jiya
27	AJU/230991	Riya Ushankar	Riya
28	AJU/230407	Sourya Kongari	Sourya
29.	AJU/231036	Gagandeep Kaur	Gagandeep

Presiding Officer, Internal Complaints Committee


Date: 01-12-2023

S. No.	Employee ID/ Enrollment Number	Name of the Employee/Student	Signature
30	AJU/230458	Satpreet Kaur	Satpreet K.
31	AJU/231880	Puja Kumari	Puja K
32	AJU/231294	Amali Mishra	Amali
33	AJU/231549	Puja Mounya	Puja
34	AJU/232052	Priyanka Singh	Priyanka
35	AJU/231099	NAISHA KUMARI	Naisha
36	AJU/231041	Rajeev Mahanta	Rajeev
37	AJU/231491	MEGHA KUMARI	Megha Kumari
38	AJU/231048	Funam choudhary	Funam choudhary
39	AJU/1231	Vandana (Reserve)	Vandana Shrivastava
40	AJU/231051	Deepika Kumari	Deepika Kumari
41	AJU/210831	Gulistan Nigaz	Gulistan Nigaz
42	AJU/210161	Khushboo Sharma	Khushboo
43	AJU/211147	Sneha Haldar	Sneha Haldar
44	AJU/220202	Tarandeep Kaur	Kaur
45	AJU/231543	Priyanka Saw	Priyanka
46	AJU/231544	Himanshi Kumari	Himanshi


Presiding Officer, Internal Complaints Committee


Date: 01-12-2023

S. No.	Employee ID/ Enrollment Number	Name of the Employee/Student	Signature
47	AJU/231711	Khushi Kumari	Khushi Kumari
48	AJU/231067	Rishika Kumari Gupta	Rishika
49	AJU/230388	Deepika Singh	Deepika
50	AJU/230475	Kyifoshmi Bhatia	Kyifoshmi
51	AJU/230175	Monalisa Lohan	Monalisa
52	AJU/230224	Ditya Kumari	Ditya
53	AJU/230532	Aastha Sinha	Aastha Sinha
54	AJU/232024	Manisha Honsda	Manisha
55	AJU/231353	Annu Kumari	Annu
56	AJU/230607	Laxmi Gueiya	Laxmi Gueiya
57	AJU/231150	Sanita Kumari	Sanita Kumari
58	AJU/230323	Ekta Agarwal	Ekta Agarwal
59	AJU/230634	Khushi Kumari	Khushi Kumari
60	AJU/2302046	Ajeeta Singh	Ajeeta Singh
61	AJU/231500	Ayushi Saluja	Ayushi-S
62	AJU/231789	Aakanksha Akkuchi	Aakanksha
63	AJU/231649	Shivangi Kumari	Shivangi
64	AJU/230785	Yogita Sauraha	Yogita


Presiding Officer, Internal Complaints Committee

Date: 01-12-2023

S. No.	Employee ID/ Enrollment Number	Name of the Employee/Student	Signature
65	AJU/230541	Mouli	Mouli
66	AJU/230522	Niharika	Niharika
67	AJU/230531	Nabina	Nabina
68	AJU/230524	Suparna	Suparna
69	AJU/230306	Neha	Neha
70	AJU/231197	AAKASH	Aakash
71	AJU/231196	Jaya Singh	Jaya Singh
72	AJU/231227	Saksho Kumari	Saksho
73	AJU/231507	Rozy Kumari	Rozy
74	AJU/231632	Ashmita Kumari	Ashmita
75	AJU/231394	Susha Kumari	Susha Kumari
76	AJU/230400	Bulbul Kumari	Bulbul
77	AJU/230573	Prachi Biswas	Prachi Biswas
78	AJU/230308	Asmita Nag	Asmita Nag
79	AJU/231419	Ishika Tewary	Ishika Tewary
80	AJU/231584	Anshpreet Kaur	Anshpreet Kaur
81	AJU/230352	PRIYA KUMARI	Priya Kumari
82	AJU/230089	Aakushi Sharma	Aakushi


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S. No.	Employee ID/ Enrollment Number	Name of the Employee/Student	Signature
83	AJU/230566	Sneha Kumari	Sneha Kumari
84	AJU/7088	Sanita Pradhan	Sanita
85	1312	Sanjiv Kumar	Sanjiv
86	1218	Ankita Moharana	Ankita
87	AJU/231119	Bhakti Kri Mahapatra	Bhakti
88	AJU/231351	Shreyas Acharya	Shreyas
89	AJU/230818	Ritu Kumari	Ritu
90	AJU/231617	Shruti Kumari	Shruti
91	AJU/230672	Kajal	Kajal
92	1406	Dr. Nupur Sharma	Nupur
93	1414	Dishuvaran Bhuva	Dishu
94	1539	Dr. Jyoti Mukherjee	J. Mukherjee
95	1511	Swati Mahendra	Swati
96	1335	Dr. Archita	Archita
97	1474	Aditi Singh	Aditi
98	AJU/1114	Dr. Shweta	Shweta
99	1512	Ramita Alam	Ramita
100	1493	Manisha Singh	Manisha Singh

101 Dr. Chandan P. Sahoo
 102 Prashant Sahoo
 103 Rinku Kumar (EKU)
 104 Punam Topra P. Topra
 105 5081 2069
 106 AJU/1433
 107 AJU/
 108 AJU/1441
 Dr. Prema Rani
 Ritu Tigga
 Dr. Vijayata

Presiding Officer, Internal Complaints Committee