



SCHOOL OF PHARMACY

CIRCULAR

No: AJU/SOHAS/173/23

Date 30.08.2023

It is hereby notified that like every year the Department School of Pharmacy will go for organize FEMININE HYGIENE III on 26th Sept 2023 at Jamshedpur Public School, Baridih. Students are informed to participate with this generously.


Dean
School of Pharmacy
ARKA JAIN University Jharkhand

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School of Pharmacy

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Event Coordinator
Class Coordinators
In-charge Website
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FEMININE HYGIENE "Episode-3" To Jamshedpur Public School, Baridih

Date of Event	26.09.2023
Name of the Event	FEMININE HYGIENE Episode-3 To Jamshedpur Public School, Baridih
Type of the Event	A Beyond Classroom Outreach Extension Activity
Conducted by	School Of Pharmacy In association with NSS, NCC & BHESAJAM
No. of Participants	102

OBJECTIVE:

The objective of celebrating feminine hygiene is to raise awareness and promote healthy practices related to the menstrual and reproductive health of individuals who menstruate. Ultimately, the goal is to create a more inclusive and informed society where everyone can manage their menstrual and reproductive health with dignity and without barriers or discrimination.

DETAILS:

Feminine hygiene awareness holds significant importance as it encompasses health, empowerment, and social progress. By educating individuals about proper hygiene practices and menstrual health, it not only prevents health issues but also reduces societal stigma. This awareness empowers people to make informed choices, fosters inclusivity for all genders, and enhances overall well-being and quality of life. Additionally, it promotes environmental responsibility by encouraging sustainable menstrual product choices.

In essence, feminine hygiene awareness is a holistic approach to individual and societal health and empowerment. Looking into this matter, Bhesajam, the Pharma club of the School of Pharmacy at Arka Jain University, in association with BHESAJAM the Pharma Club of School of Pharmacy, NCC and NSS of ARKA JAIN University, organized an event titled '**Feminine Hygiene-3**' at **Jamshedpur Public School in Baridih** on **26th September 2023**. The event

aimed at raising awareness about menstrual health and hygiene among young girls. The event included an informative presentation, a question-answer round, and the distribution of sanitary napkins to promote good menstrual hygiene practices. The session began with a warm welcome from Miss. Namita Agarwal, Principal JPS School, Baridih, emphasizing the importance of menstrual hygiene for overall health and well-being. Next the session was proceeded by Dr. Shweta from the School of Pharmacy. She delivered an engaging presentation on various aspects of feminine hygiene. This presentation covered topics such as menstrual hygiene practices, common myths and misconceptions, and the significance of using sanitary napkins. Following the presentation, a lively question-answer round took place. Students actively participated, asking questions and seeking clarification on various aspects of menstrual health. This interactive segment provided a safe space for students to express their concerns and learn from experts. As a practical and impactful aspect of the event, sanitary napkins were distributed to all participants.

The importance of using high-quality menstrual hygiene products was stressed, and students were encouraged to maintain good hygiene practices. The event concluded with a discussion on daily hygiene habits to follow during menstruation. Students were educated about proper disposal methods for sanitary napkins, maintaining cleanliness, and seeking medical help if needed. The entire session was conceptualized by Dr. Jyotirmaya Sahoo and was successfully organized by Dr. Shweta, Miss. Priyabati, Miss. Purnima, Mr. Ashutosha and Mr. Barun.

TAKEAWAY (OUTCOMES):

Conducting feminine hygiene Awareness session yielded a good lot of positive outcomes. It enhanced awareness and education regarding menstrual health and hygiene while diminishing the stigma associated with menstruation. It played a crucial role in breaking down taboos and ensuring that individuals can lead healthier and more informed lives. It empowered students with the knowledge to make informed choices. The event also promoted inclusivity by addressing the needs of all genders.

POSTER OF THE EVENT



Figure 1: Poster of the event “Feminine Hygiene III”

PHOTOS OF THE EVENT



Figure 2: The participants along with the Organizing team of the Feminine Hygiene 3



Figure 3: Dr. Shweta addressing the students

PHOTOS OF THE EVENT

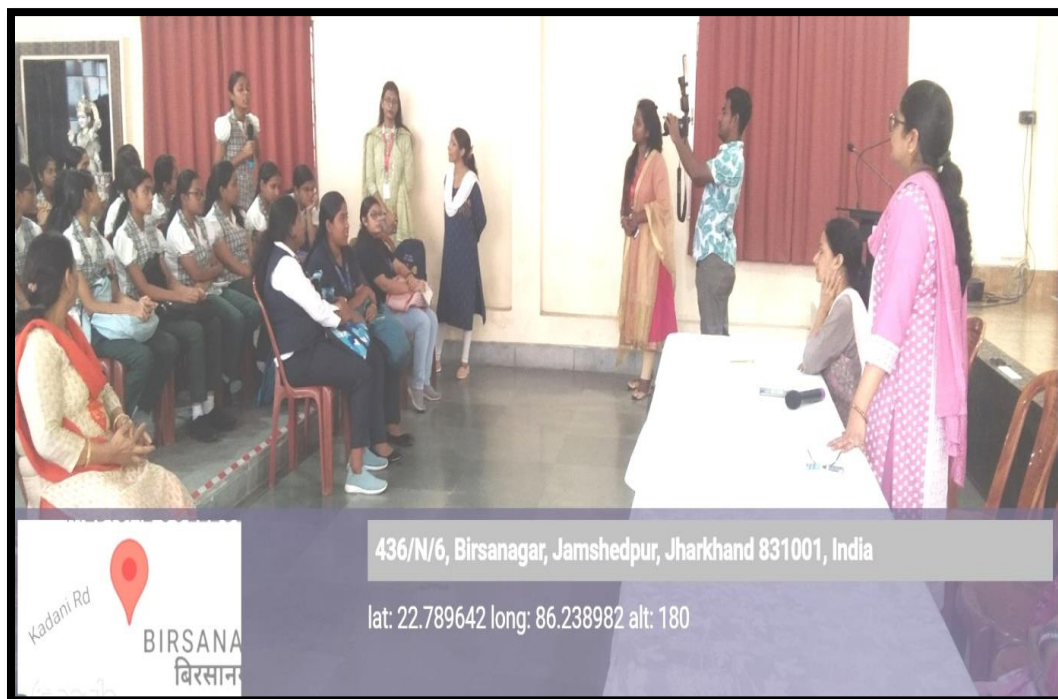


Figure 4: Interactive session during the event of Feminine Hygiene 3



Figure 5: Students distributing Sanitary napkin

PHOTOS OF THE EVENT



Figure 6: Ms. Namita Agarwal, Principal of JPS Baridih, with the team from Arka Jain University

CERTIFICATE OF APPRECIATION



JAMSHEDPUR PUBLIC SCHOOL

PANCHAVATI ROAD, NEW BARIDIH, JAMSHEDPUR-831 017

Ph. 0657 - 2344090, 2344050

School E-mail : jpsaiwc1988@gmail.com, Principal's E-mail : namiagar@gmail.com

Website : jamshedpurpublicschool.in

Affiliation No. - 3430051



CERTIFICATE OF APPRECIATION

A workshop on awareness of 'Feminine Hygiene' for the students of Std. X was conducted on 26th September 2023 at our high school premises.

The workshop was organized by the faculty of School of Pharmacy, ARKA JAIN UNIVERSITY, JHARKHAND. We appreciate their efforts for the same.



[NAMITA AGARWAL]
PRINCIPAL

LIST OF THE PARTICIPANTS



SCHOOL OF PHARMACY
Event Registration cum
Attendance Form

Name of the Event: "FEMININE HYGIENE II"
(JAMSHEDPUR PUBLIC SCHOOL, BARDIH).

Date of the Event: 26.9.23 to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance									
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D						
														E	V	G	A	P	Y
1	Poojanka Singh		<i>Poojanka Singh</i>	✓															
2	AMRITA SINHA		<i>Amrita Singh</i>		✓														
3	Shreya Rani		<i>Shreya Rani</i>		✓														
4	Anisha Kumari		<i>Anisha Kumari</i>		✓														
5	Charanjit Kaur		<i>Charanjit Kaur</i>		✓														
6	Aditi		<i>Aditi</i>		✓														
7	Prachi Pandi		<i>Prachi Pandi</i>		✓														
8	Ganika Samal		<i>Ganika Samal</i>		✓														
9	Samriddha		<i>Samriddha</i>		✓														
10	Pavi Das		<i>Pavi Das</i>		✓														

*E-Excellent, V-Very good, G-good, A-Average, P-Poor

Signature of the Head
[Signature]
Dean
School of Pharmacy
ARKA JAIN University Jharkhand

Purnima Mahato
Signature of the Event Coordinator

LIST OF THE PARTICIPANTS



SCHOOL OF PHARMACY
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Attendance Form

Name of the Event: FEMININE HYGIENE
(JAMSHEDPUR PUBLIC SCHOOL, BARDILH)

Date of the Event: 26-9-23 to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance										
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D	D						
															E	V	G	A	P	Y
11	Prachi Tha.		Prachi Tha.	✓																
12	Dikshita Singh		Dikshita Singh	✓																
13	SHIVANI		Shivani	✓																
14	Balbhari Dash		Balbhari Dash	✓																
15	Nishita Das		Nishita Das	✓																
16	Abhanshu Kumari		Abhanshu Kumari	✓																
17	Nyaisa Kotup		Nyaisa Kotup	✓																
18	Shivani		Shivani	✓																
19	Anushka Singh		Anushka Singh	✓																
20	Tiya Rani		Tiya Rani	✓																

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Signature of the Head
School of Pharmacy
ARKA JAIN University Jharkhand

Purnima Mahato
Signature of the Event Coordinator

LIST OF THE PARTICIPANTS



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Attendance Form

Name of the Event: FEMINE HYGIENE II
(JAMSHEDPUR PUBLIC SCHOOL, BARIDWA).

Date of the Event: 26.9.23 to _____


Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance								
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future		D1	D2	D ₃	D ₄	D ₅	D ₆			
																E	V	G
21	Tamranna Kumari		Tamranna Kumari	✓						✓								
22	Vardika		Vardika	✓						✓								
23	Rashi Dutta		Rashi Dutta	✓						✓								
24	Lekhi Mishra		Lekhi Mishra	✓						✓								
25	Smriti Saha		Smriti Saha	✓						✓								
26	Rishika Kumari		Rishika Kumari	✓						✓								
27	Muskan Kumari		Muskan Kumari	✓						✓								
28	Jasmit Kaur		Jasmit Kaur	✓						✓								
29	Urvashi Dutta		Urvashi Dutta	✓						✓								
30	Spandan Singh		Spandan Singh	✓						✓								

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ARKA JAIN University Jharkhand

Signature of the Event Coordinator

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Jharkhand


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Name of the Event: **'FEMINE HYGIENE II' (JAMSHEDPUR PUBLIC SCHOOL, BARIDIH)** Date of the Event: **26.9.23** to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance									
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D	D					
															E	V	G	A	P
31	Susmita Maiti		Susmita Maiti	/															
32	Arusha Haldar		Arusha Haldar	/															
33	Jayanti Pandey		Jayanti Pandey	/															
34	Shyama Dasari		Shyama Dasari	/															
35	Manjira Singh		Manjira Singh	/															
36	Shyama Bharti		Shyama Bharti	/															
37	Sanya Kumari		Sanya Kumari	/															
38	Aditi Kumari		Aditi Kumari	/															
39	P. Kusumila		P. Kusumila	/															
40	Khuski Kumar		Khuski Kumar	/															


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Signature of the Head




School of Pharmacy
ARKA JAIN University Jharkhand

Signature of the Event Coordinator



Purnima Mahato

LIST OF THE PARTICIPANTS



ARKA JAIN University
Jharkhand

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Attendance Form

Name of the Event: "FEMININE HYGIENE II" (JAMSHEDPUR PUBLIC SCHOOL, BARIDH) Date of the Event: 26.9.23 to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance									
				How would you like this session/event	The speaker explained the topic clearly					Would you like to attend this type of event/session in future		D	D	D	D				
										Y	N					Y	N		
41	PRIVADARSHNI		<i>Privadarshni</i>	✓															
42	Anurag Agrawal		<i>Anurag Agrawal</i>	✓															
43	Shweta Soladi		<i>Shweta Soladi</i>	✓															
44	Sakshi Pandey		<i>Sakshi Pandey</i>	✓															
45	Pragya Mishra		<i>Pragya Mishra</i>	✓															
46	Jashvi Kaur		<i>Jashvi Kaur</i>	✓															
47	Bhavya		<i>Bhavya</i>	✓															
48	Harshita Kanwar		<i>Harshita Kanwar</i>	✓															
49	Ashvi Mishra		<i>Ashvi Mishra</i>	✓															
50	Ashmita Mishra		<i>Ashmita Mishra</i>	✓															

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Signature of the Head
[Signature]
School of Pharmacy,
ARKA JAIN University Jharkhand

Purnima Mishra
Signature of the Event Coordinator

LIST OF THE PARTICIPANTS



SCHOOL OF PHARMACY

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Name of the Event: **FEMININE HYGIENE**
(JAMSHEDPUR PUBLIC SCHOOL, BARIDIH).

Date of the Event: 26.9.23 to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance										
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D	D						
															E	V	G	A	P	Y
51	Pallavi Chatterji		Pallavi Chatterji	✓																
52	Pooja Jaiswal		Pooja	✓																
53	PRAKRITI		Praakriti	✓																
54	ARITI MUNDA		Ariti Munda	✓																
55	Shikha Shukla		Shikha Shukla	✓																
56	Bishu Maity		Bishu Maity	✓																
57	Sakya Kumari		Sakya Kumari	✓																
58	Rajshree		Rajshree	✓																
59	Aakshita Kumari		Aakshita Kumari	✓																
60	Aakshita Singh		Aakshita Singh	✓																

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Signature of the Head

[Signature]
School of Pharmacy
ARKA JAIN University Jharkhand

[Signature]
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SCHOOL OF PHARMACY

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Attendance Form

Name of the Event: **FEMININE HYGIENE III**
(JANSHEDAIR PUBLIC SCHOOL, BARDIHA)

Date of the Event: **26.9.23** to _____

Sl. No.	Name of the Candidate	Enrolment No	Signature of the Candidate	Feedback						Attendance										
				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D	D						
															E	V	G	A	P	Y
61	TANI KUMARI		Tani Kumari	✓																
62	SWATI		Swati	✓																
63	SUHANI RAI		Suhani Rai	✓																
64	Pragya Shree		Pragya	✓																
65	Anshika Kumari		Anshika Kumari	✓																
66	URJA		Urja	✓																
67	Liparna Sharma		Liparna Sharma	✓																
68	Khili		Khili	✓																
69	ESHA VERMA		Esha Verma	✓																
70	P. Suhani		P. Suhani	✓																

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Signature of the Head
Date

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Name of the Event: **FEMININE HYGIENE III**
(JAMSHEDPUR PUBLIC SCHOOL, BARIDUA)

Date of the Event: **26.9.23** to _____

Sl. No.	Name of the Candidate	Enrolment No.	Signature of the Candidate	Feedback							Attendance								
				How would you like this session/event	The speaker explained the topic clearly				Would you like to attend this type of event/session in future	D1	D2	D	D	D	D				
																E	V	G	A
71	Alya Anukrit		Alya Anukrit	✓															
72	Prishti Vishwakarma		Prishti Vishwakarma	✓															
73	Naina Babbar		Naina Babbar	✓															
74	ARADHANA KHOPA		Aradhana Khopa	✓															
75	MUSHKAN SHARMA		Mushkan Sharma	✓															
76	Shreya Kumari		Shreya Kumari	✓															
77	Ragini Verma		Ragini Verma	✓															
78	Anushka Bhatnagar		Anushka Bhatnagar	✓															
79	Rishat Naushad		Rishat Naushad	✓															
80	Saranya Kumar		Saranya Kumar	✓															

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				How would you like this session/event	The speaker explained the topic clearly	Would you like to attend this type of event/session in future	D1	D2	D	D	D	D						
													E	V	G	A	P	Y
81	K. Gaurima		<i>Gaurima</i>	✓		✓												
82	Rachika Choudhary		<i>Rachika Choudhary</i>	✓		✓												
83	P. Sneha		<i>Sneha</i>	✓		✓												
84	Pragya Mishra		<i>Pragya Mishra</i>	✓		✓												
85	Kanyasa Singh		<i>Kanyasa Singh</i>	✓		✓												
86	Harshita Kumar		<i>Harshita Kumar</i>	✓		✓												
87	Anushka Kumari		<i>Anushka Kumari</i>	✓		✓												
88	Ankita Kumari		<i>Ankita Kumari</i>	✓		✓												
89	Srishti Singh		<i>Srishti Singh</i>	✓		✓												
90	Shruti Kumari		<i>Shruti Kumari</i>	✓		✓												

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				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future	D	D	D	D	D	D				
															E	V	G	A
91	Sumaiya Hatina	AJU/231159	Sumaiya Hatina															
92	Rashmi Mishra	AJU/231152	Rashmi Mishra															
93	REENA MOHANA	AJU/230077	REENA MOHANA															
94	Somy Parity	AJU/230078	Somy Parity															
95	TITHI KUMARI	AJU/230347	Tithi Kumari															
96	Ashwini Mishra	AJU/230037	Ashwini Mishra															
97	Shruya Paswan	AJU/230660	Shruya Paswan															
98	Shristi Yadav	AJU/231636	Shristi Yadav															
99	Ashmita Kumari	AJU/230045	Ashmita Kumari															
100	ANJALI KUMARI	AJU/230712	Anjali Kumari															


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Date of the Event: 26.9.23 to _____

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				How would you like this session/event	The speaker explained the topic clearly			Would you like to attend this type of event/session in future		D1	D2	D	D	D	D				
																E	V	G	A
01	<u>Shikha</u>	<u>ASU/230009</u>	<u>[Signature]</u>	<input checked="" type="checkbox"/>															
02	<u>Shamika Kumari</u>	<u>ASU/230245</u>	<u>[Signature]</u>	<input checked="" type="checkbox"/>															
03																			
04																			
05																			
06																			
07																			
08																			
09																			
10																			

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[Signature]
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Dean
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ARKA JAIN University Jharkhand

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Signature of the Event Coordinator

FEEDBACK ANALYSIS

