

## <u>Report on–Seminar on 'awareness about Menstrual Hygiene &</u> <u>distribution of Sanitary Napkins'</u>

ARKA **JAIN** 

## Held on - 08-08-2023

Dates of Event	08-08-2023
Name of the Event	Seminar on 'Awareness about Menstrual Hygiene & distribution of Sanitary Napkins' at 'Shree Krishna Public School, Jamshedpur'
Type of the Event	Extension activity on Life skills development (Hygiene)
Organized by	ARKA JAIN University
Coordinated by	Dr. Charu Wadhwa, Presiding Officer, Internal Complaints Committee & Ms. Pinky Dey, Faculty member, school of Nursing
No. of Participants	120

**OBJECTIVE:** The objective of this seminar was to increase awareness among the female students of 'Shree Krishna Public school, Jamshedpur' on the topic of Menstrual Hygiene. Packets of Sanitary napkins were also distributed among the female students.

**DETAILS:** A seminar titled on 'Awareness about Menstrual Hygiene & distribution of Sanitary Napkins' was organized at 'Shree Krishna Public School, Jamshedpur', as an Extension activity, by ARKA JAIN University. In addition, the packets of 'Sanitary napkins' were distributed among the female students. The Session was taken by Dr. Charu Wadhwa, Presiding Officer, Internal Complaints Committee, AJU and Ms. Pinky Dey, Faculty member, school of Nursing

**TAKEAWAY (OUTCOMES):** The participants were able to understand the importance of maintaining menstrual hygiene. They understood the practices and principles of good menstrual hygiene. In addition, they also understood the correct way of using and disposing the 'Sanitary napkins'



## POSTER OF THE EVENT



**Poster of the Event:** Seminar on 'Awareness about Menstrual Hygiene & distribution of Sanitary Napkins' at 'Shree Krishna Public School, Jamshedpur'

ARKA JAIN UNIVERSITY – IQA CELL- EVENT REPORT FORMAT



## Photos of the Event



Photo of the Event: Seminar on 'Awareness about Menstrual Hygiene & distribution of Sanitar Napkins' at 'Shree Krishna Public School, Jamshedpur'



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