



Department of Optometry School of Health and Allied Science

Ref No: AJU/SOHAS/198/23

Circular

Date: 26-09-2023

This is to notify that the department of Optometry will be organizing an awareness campaign on **Global hand washing Day.** Students are requested to take part in the event and visit the nearby community along-with the event coordinator on **16th October**, 2023. Timings: 10:00am onwards.

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Sarbojeet Goswami Program Goordinator Department of Optometry ARKA JAIN University, ordinator Department of Optometry School of Health & Allied Science ARKA JAIN University, Jharkhand

Copy To:

- All concerned
- Academic Coordinator
- Students group (WhatsApp)
- AJU website
- Office file
- Notice Board

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Date of Event	16/10/2023
Name of the Event	Global Handwashing Day
Type of the Event	Extension Activity and Life Skill Development Programme
Conducted by	Department of Optometry
No. of Participants	10

Global Handwashing Day

OBJECTIVE:

The event promotes preventing the spread of diseases through promotion of regular and proper handwashing as washing ones hands can have a profound impact on individual and public health and it encourages ongoing efforts to make handwashing a regular and wide spread practice.

ABOUT THE EVENT:

Global Handwashing Day is a global healthcare event celebrated to create awareness and understanding about the need for handwashing with handwash as a simple, effective and affordable way to avoid diseases. The department of optometry visited the Musarikudar Primary School in the nearby village of Musari-kudar, to commemorate the Global Handwashing Day. Students demonstrated the appropriate 7 steps of handwashing with experiments and rhymes. Students also talked on the importance of handwashing as school aged children do not usually engage in handwashing practice at critical times such as before eating and after using the toilet thereby, to safeguarding the health and well-being of children. Volunteers also showed them with an experimental approach, how handwashing with soaps results in better cleansing than using just plain water and also distributed handwash, hand sanitizer liquids and refill packs.

TAKEAWAY (OUTCOME):

Global Handwashing Day is yearly reminder to raise awareness about the importance of handwashing, promoting good health and potentially contributing to public health by reducing spread of disease. Practicing frequent and appropriate handwashing is a fundamental skill for leading a healthy life and to prevent children, teens and adults from many communicable diseases.

Conclusion:

The visit to the primary school was beneficial for the small kids in the remote village and a reminder of how Covid-19 in first place started spreading. Therefore, to avoid any kind of infectious and contagious disease, handwashing is important.



Poster of the Event





DEPARTMENT OF OPTOMETRY ORGANIZES

GLOBAL HAND WASHING AWARENESS CAMPAIGN- 2023



OUR HANDS! OUR FUTURE!!

16TH OCTOBER, 2023

An Extension Activity & A Life Skill Development Program

Sarbojeet Goswami & Chanchal Kumari | Contact: 9123444651

Poster of the Event: Global Handwashing day



Glimpses of the Event



Demonstrating the children appropriate 7 steps of handwashing



Faculties and students distributing the handwash, hand sanitizer and refill packs



Talking to students about the importance of Handwashing



Experimental approach to explain them that handwashing with soap cleanses hands better



List of Participants



List of Attendees: Global Hand washing Day [16.10.2023]

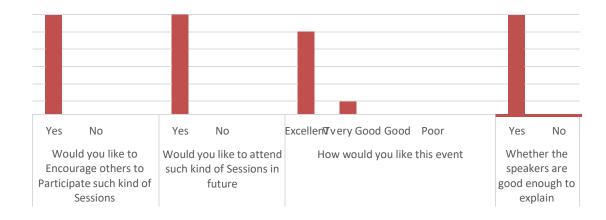
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S.No.	Enrollment number	Name of the Attendee	Signature
01	AJU 230027	Tahseen Fatria	Tahseen
02	AJU 23055	Jqna Hashmi	Sagaa Hashmi Ancus Hamzer
05	AJU 231126	Anas Hamza	Anas Hamzer
04	AJU/231230	Zanab	Zainet
05	AJU/230305	Shumaula Perween	Shunda
06	AJU/230625	Radha Kumary	Rauther kumersi
07	AJU1231809	Riya Sharma	Riya Shorma Achint Mirth
08	AJU1281499	Riya Sharma A chint Mishra	Achint Mirth
09	AJU1230861	Mithilesh	Mithilesh
10	AJU1231828	Md. Sadique	Sidifue.
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Press Release



