



ARKA JAIN
University
Jharkhand (Jamshedpur)



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Department of Optometry
School of Health and Allied Science

Ref No: AJU/SOHAS/065/23

Circular

Date: 06-04-2023

Students of ARKA JAIN University are hereby informed that an experts' panel discussion on Women's eye health & safety will be held on 25th April, 2023; Tuesday on the virtual platform for which the links will be shared soon.

The session is mandatory for the students to attend since it will add knowledge about gender specific ocular conditions that can be treated or prevented with interventions.

Shreya Chakraborty
Event Coordinator
Department of Optometry
School of Health & Allied Science

Sarbojeet Goswami
Program Coordinator
Department of Optometry
School of Health & Allied Science
Program Co-ordinator
Department of Optometry
School of Health & Allied Science
ARKA JAIN University, Jharkhand

Copy To:

- All concerned
- Academic Coordinator
- Students group (WhatsApp)
- AJU website
- Office file
- Notice Board

Report on – Panel discussion on April as Women Eye Health & Safety
Held on 25.04.2023

Date of Event	25.04.2023
Name of the Event	Panel Discussion on April as Women’s Eye Health & Safety
Type of the Event	Awareness Program
Conducted by	B.Optomtry
No. of Participants	16

OBJECTIVE:

The session was conducted to create awareness about gender specific ocular conditions and the social stigma surrounding women general and ocular health. The objective of the discussion was to create a sense of unbiased and just opinion about optometry services irrespective of gender, education and financial status.

ABOUT THE EVENT:

Three panellists joined us virtually on the Google meet platform. Our panellist was Ms Rikta Paul (Asst.Prof IIMT University, Meerut, PhD scholar at C T University), Mrs Akansha Gupta (Faculty and Consultant Optometrist, C L Gupta Eye Institute, Moradabad) and Ms Nikhita Jacob (Faculty, Sankara College of Optometry; Bengaluru). The session was attended by internal students as well as students from various other colleges and practicing optometrists. The discussion addressed the various problems that women face in health care service delivery, ocular hygiene maintenance and how hormones’ alteration causes disturbances in ocular physiology.

TAKEAWAY (OUTCOME):

The awareness was created regarding gender specific diseases. A little more awareness is required among women on how make up products change ocular surface dynamics and cause certain conditions like MGD and dry eye. Hormonal changes that occur during pregnancy, menopause etc., also cause alteration in ocular biochemistry, so specific care should be given to the nutrient intake. Ignorance with cosmetic contact lenses is also a major crisis among women who are not aware of the dos and donts of contact lens routine.



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Poster of the Event

JGI
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Dept. of Optometry
Organized by

Women's Eye Health and Safety Month

A Virtual Panel Discussion

April 25th, 2023

Time : 12:00 – 1:30 PM
Venue : Google Meet
Link : <https://meet.google.com/yar-lydq-xvc>
Professional skill development program

MS. AKANSHA GUPTA
Consultant Optometrist and
Assistant Professor at
C.I. Gupta Eye Institute,
Moradabad, UP

MS. NIKHITA JACOB
Assistant Professor at
Sankara College of Optometry
and Consultant Optometrist at
Sankara Eye Hospital, Bengaluru.

MS. RIKTA PAUL
Assistant Professor at
IIMT University, Meerut, UP

arkajainuniversity **arkajainuniversity** **1800 - 1200 - 200**

Poster of the Event: Panel Discussion on April as Women's Eye Health & Safety

Glimpse of the Event



Photo of the Event: Panel Discussion on April as Women's Eye Health & Safety



Photo of the Event: Panel Discussion on April as Women's Eye Health & Safety



Photo of the Event: Panel Discussion on April as Women's Eye Health & Safety

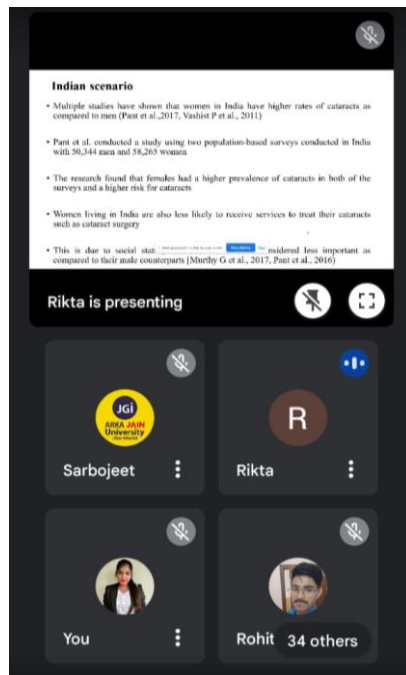
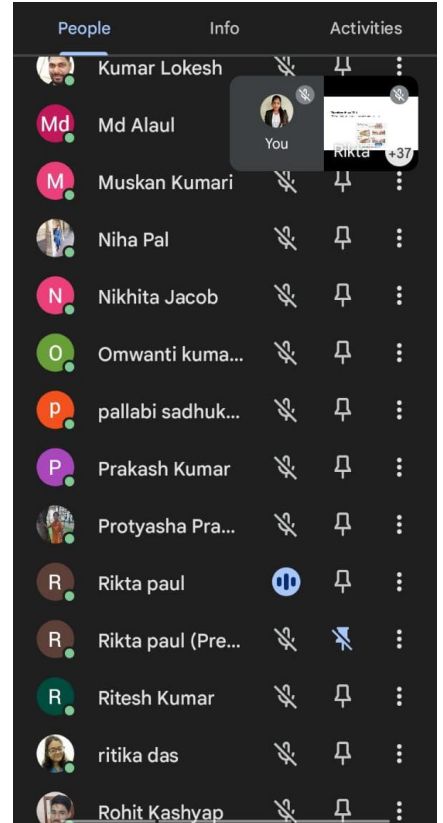
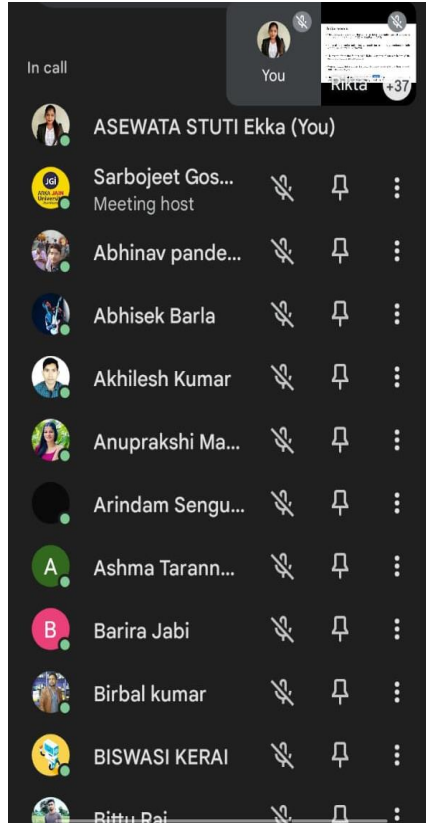
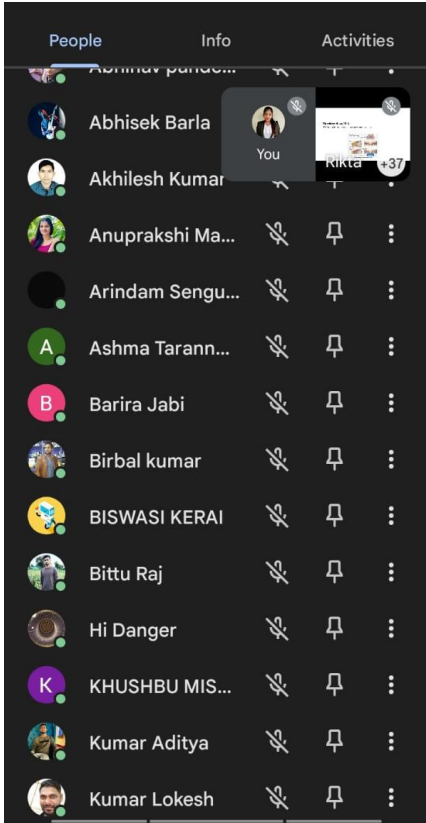
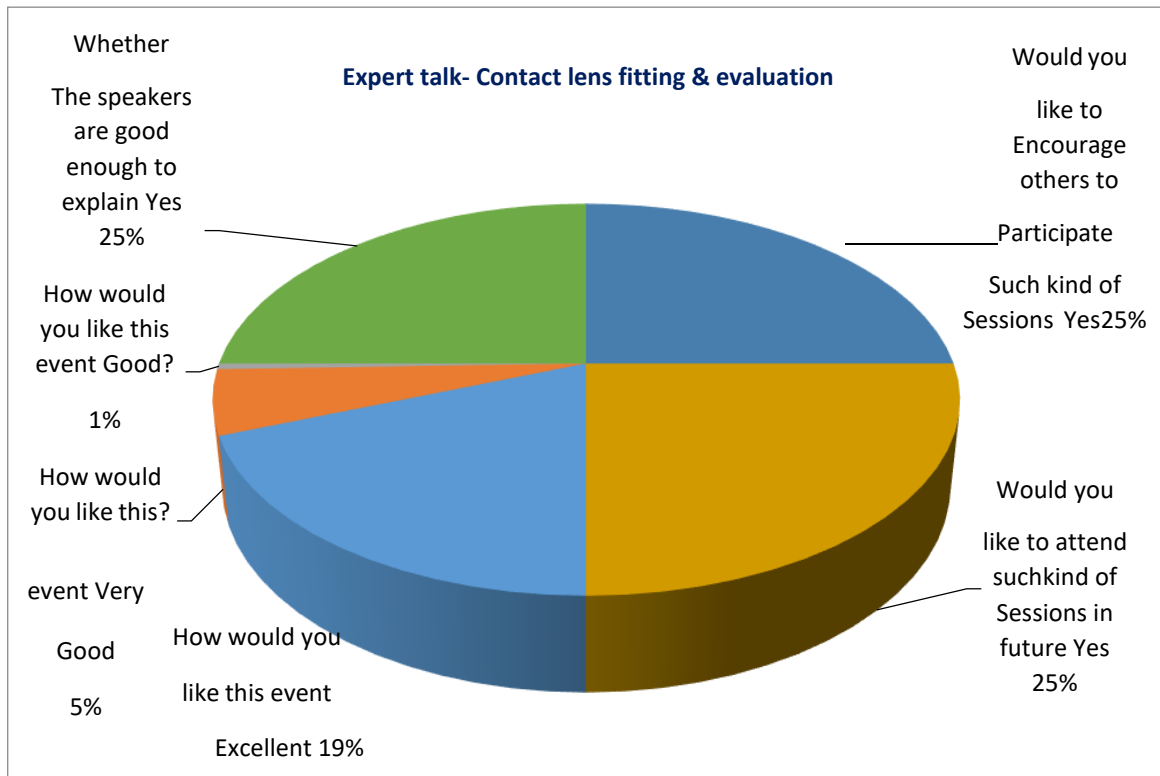


Photo of the Event: Panel Discussion on April as Women's Eye Health & Safety

List of Participants- April as Women’s Eye Health & Safety



Feedback Analysis





Certificate

