



SCHOOL OF PHARMACY CIRCULAR

No: AJU/SP/178/22

Date 21.12.2022

It is hereby notified to all the students of School of Pharmacy that an Awareness program on Malnutrition entitled as NUTRICARE will be conducted at Harisundarpur Village, Jharkhand on 21st January 2023 at 11:30 AM. Students are notified to participate with this event.

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School of Pharmacy School of Pharmacy ARKA JAIN University Jharkhar

Copy to

Office of the Registrar DSW and Campus Director IQAC Class Coordinators In charge website Office Record Student Whatsapp group



Report on– Nutricare an Awareness against Malnutrition Held on – 20.01.2023

Date of Event	20.01.2023
Name of the Event	Nutricare an Awareness against Malnutrition
Type of the Event	Outreach /Extension Activity/Soft Skill development
Conducted by	BHESAJAM The Pharma Club of School of Pharmacy
No. Of Participant	38

OBJECTIVE: To make aware about malnutrition to overcome illness and should understand the value of food that body needs as a fuel to make sure it functions properly.

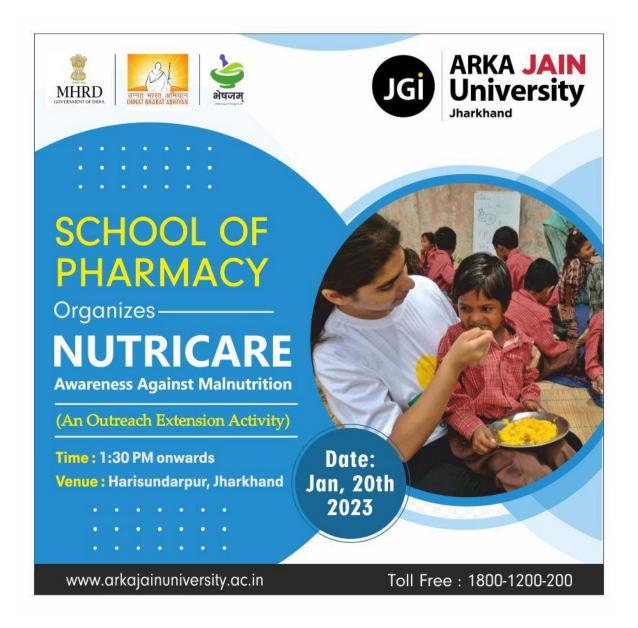
DETAILS: Poor eating habits, poverty, and ignorance are the many reasons for malnutrition.

Malnutrition is the greatest hindrance in the development of a nation. People should get aware about malnutrition to overcome illness and should understand the value of food that body needs as a fuel to make sure it functions properly. Without a healthy body one cannot be able to think healthy also. For the development of the body as well as brain, nutritious food has an important role. For this only we can't make the Government responsible. The youth of the country has the greatest role to work against Malnutrition. The members of BHESAJAM the Pharma Club of School of Pharmacy, ARKA JAIN University along with faculty members went to Harisundarpur village (adopted by the University), Prathamik Vidyalaya, Seraikela Kharsawan, Jharkhand on 20th January 2023 for creating an awareness against Malnutrition among the primary students by the direction of MHRD (Unnat Bharat Abhiyan). Students of School of pharmacy performed a Nukkad Natak and executed video on malnutrion to explain about the demerits of malnutrition and how to overcome them. At last packets containing groundnut seeds, cashew nuts and khismis were distributed among the students of Harisundarpur, Prathamik Vidyalaya. Entire event was coordinated by Dr. Shweta. Mr. Sumanta Sen, Mr. Atalbihari, Miss Pratikshya, Mr. Suraj, Mr. Asutosha, Mr. Barun and Mr. Pradeep, Miss Srishti, Miss Ankita, Mr. Rashmi Ranjan Miss Anjali assisted the event for its smooth functioning. The Vice Chancellor of ARKA JAIN University praised the participants for conducting such kind of Outreach Awareness activities.

OUTCOMES: Necessary to conduct such awareness activities in regular intervals by the youth in the community.



Poster of the Event





Photos of the Event





Outreach to Harisundarpur Prathamic Vidyalaya







At Harisundarpur Prathamic Vidyalaya



With Head Master of Harisundarpur Prathamic Vidyalaya





Great gathering ready for awareness against malnutrition



Srishty Shreya is briefing





Fun with the students by the students





Attention to the event





Smile needs just a reason



Make them smile with a small effort





We are responsible for our community



By heart stand with



Students Participated

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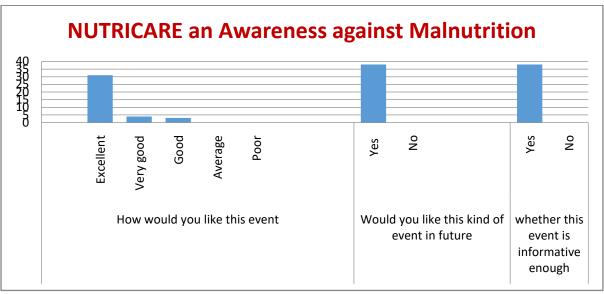


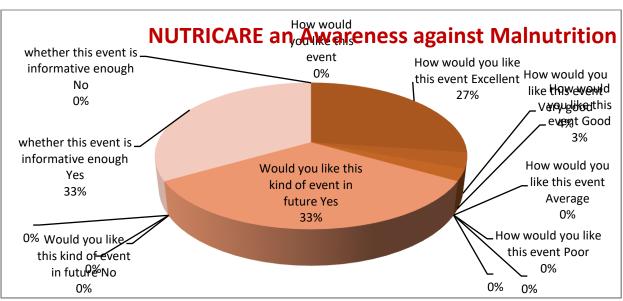
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Feedback Analysis







Press Release

अरका जैन विश्वविद्यालय के फार्मेसी क्लब ने कुपोषण के खिलाफ जागरूकता अभियान चलाया

गम्हरिया। अरका जैन विश्वविद्यालय के फार्मेसी क्लब भेषजम् ने उन्नत भारत अभियान के तहत सरायकेला-खरसावां जिले के गोद लिए गए गांव हरिसुंदरपुर के प्राथमिक विद्यालय में कुपोषण के खिलाफ जागरूकता अभियान चलाकर लोगों को इसके सम्बन्ध में जानकारियाँ साझा की। अर्का जैन विश्वविद्यालय के कुलपति प्रो एस एस रजी ने इस तरह की आउटरीच जागरूकता गतिविधियों के संचालन के लिए प्रतिभागियों की प्रशंसा की। स्कूल ऑफ़ फार्मेसी के डीन डॉ ज्योतिर्मय साहू ने कहा खाने की खराब आदतें, गरीबी और



लोगों को बीमारी पर काबू पाने के होना चाहिए और भोजन के मूल्य को उन्होंने कहा कि देश के विकास में अज्ञानता कुपोषण के कई कारण हैं। कुपोषण सबसे बड़ी बाधा है और लिए कुपोषण के बारे में जागरूक समझना चाहिए जिसकी शरीर को

ताकि यह सुनिश्चित हो सके कि यह ठीक से काम करता है।

लोगों के बीच यह चर्चा की गयी कि बिना स्वस्थ शरीर के कोई स्वस्थ सोच भी नहीं सकता। शरीर के साथ-साथ दिमाग के विकास में भी पौष्टिक आहार की अहम भूमिका होती है।

इसके लिए केवल हम सरकार को जवाबदेह नहीं बना सकते। कुपोषण के खिलाफ काम करने में देश के युवाओं की सबसे बड़ी भूमिका है। यह आयोजन मानव संसाधन विकास मंत्रालय के निर्देश पर प्राथमिक छात्रों के बीच कुपोषण के खिलाफ जागरूकता पैदा करने

इंधन के रूप में आवश्यकता होती है के लिए भेषजम् फार्मा क्लब ऑफ फार्मेसी, अर्का जैन विश्वविद्यालय के सदस्यों के साथ फैकल्टी सदस्यों द्वारा आयोजित किया गया। स्कूल ऑफ फार्मेसी के छात्रों ने कुपोषण के नुकसान और उन्हें दूर करने के तरीकों के बारे में समझाने के लिए नुक्कड़ नाटक का प्रदर्शन किया। अंत में छात्रों को मृंगफली के बीज, काजू और किसमिस के पैकेट वितरित आर किसामस क पंकट । वतास्त कर गए। पूरे कार्यक्रम का संचालन डॉ. श्वेता ने किया। प्रो सुमंता सेन, श्री अटल बिहारी, कुमारी प्रतीक्षा, श्री आशुतोष, श्री बरुण, श्री प्रदीप, कुमारी सृष्टि, कुमारी अंजलि ने कार्यक्रम के सुचारू संचालन में सहायता की।