



ARKAJAIN
University
Jharkhand

SCHOOL OF PHARMACY CIRCULAR

No: AJU/SP/168/22

Date 7.12.2022

Laughing is one of the best alternative system of Medicines. Laughter enhances the intake of oxygen-rich air, stimulates heart, lungs and muscles, and increases the endorphins that are released by brain and helps to relieve stress. BHESAJAM the Pharmia Club of School of Pharmacy in association with Discipline and Anti-Ragging Cell of ARKA JAIN University is going to organise **HANSO HARDAM A STRESS RELIEVING SESSION**. All the students of ARKA JAIN UNIVERSITY is hereby notified that **HANSO HARDAM** will be organized on 13th December 2022 at Multipurpose Ground sharp at 9:30 AM. Interested students need to be registered themselves with the provided link <https://forms.gle/Y2iUiV8zKS528VtGA> before 12th December 2022 by 10:30 AM. Only registered candidates can participate.

Dean

School of Pharmacy

ARKA JAIN University Jharkhar

Copy to

Office of the Registrar

IQAC

Discipline and Anti-Ragging Cell

Deans and PCs of AJU

Class Coordinators

In charge website

Office Record

Student Whatsapp group

sdcell@arkajainuniversity.ac.in

Dr. Arvind Pndey

Member Secretary

Discipline & anti ragging cell