Report of World Hypertension Day which was held on 17/05/2022

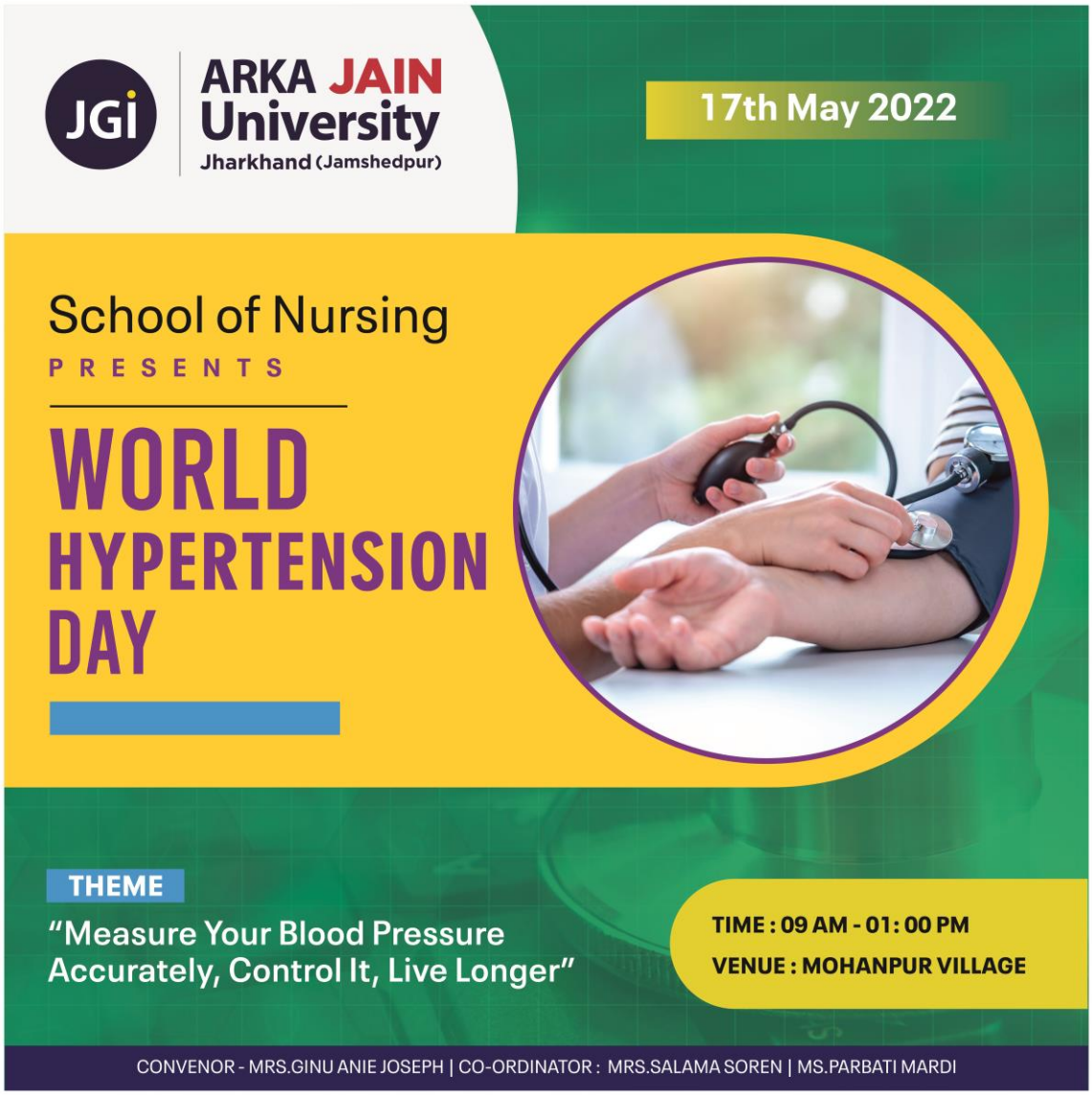
Date of Event	17.05.2022
Mode of Event	Community Field Visit
Conducted by	School of Nursing
No. Of Participant	24

Every year the World celebrates Hypertension Day on 17th May 2022 .As the part of it we, the School Of Nursing on behalf of Arka Jain University organized a community visit to Mohanpur village from 9:00am-1:00pm. The theme was "Measure Your Blood Pressure Accurately, Control it, Live Longer". Our main motive was to assess their health parameters like Blood Pressure, BMI...etc. of the community people .Also, educated them regarding their blood pressure at what interval need to check and the importance of awareness regarding their health status so they can prevent many complications like: stoke, cardiovascular and kidney disease.

The programme was started by Ms. Parbati Mardi, she introduced the faculties and about the University. Followed by, Mrs Ginu Anie Joseph being briefed on the purpose of the visit. .24 people were assessed. To find the normal and abnormal, BP was checked twice in different intervals. Out of twenty four one hypertensive and one hypotensive person were found. BMI was calculated .Based on that two persons have high BMI and four persons have low BMI.Health talk was given for hypertensive, hypotensive, overweight and underweight people.

We are very much honoured to our Vice- Chancellor, Dr.Sayed Safdar Razi and Dr. Angad Tiwari Sir for your great support. Mrs.Baby Mandal, who is the ward member of Mohanpur village, Gamharia gave the permission to visit the field. For their guidance, we got the opportunity to do the favour for community people and make them aware that to lead a healthier life through life style modification. . The event was ended by Mrs. Salama Soren with a vote of thanks. Finally, biscuits were distributed.

Poster of the Event



Photos of the Event