

Outcomes :

- [PO.1]. Integration of various aspects of the psychosocial aspects of the individual behaviour.
- [PO.2]. Develop well rounded motivated, confident personality capable of creating effective communication network for positive team outcomes .
- [PO.3]. Develop emotional intelligence for improving prospects of self and the team that one is part of.

Course

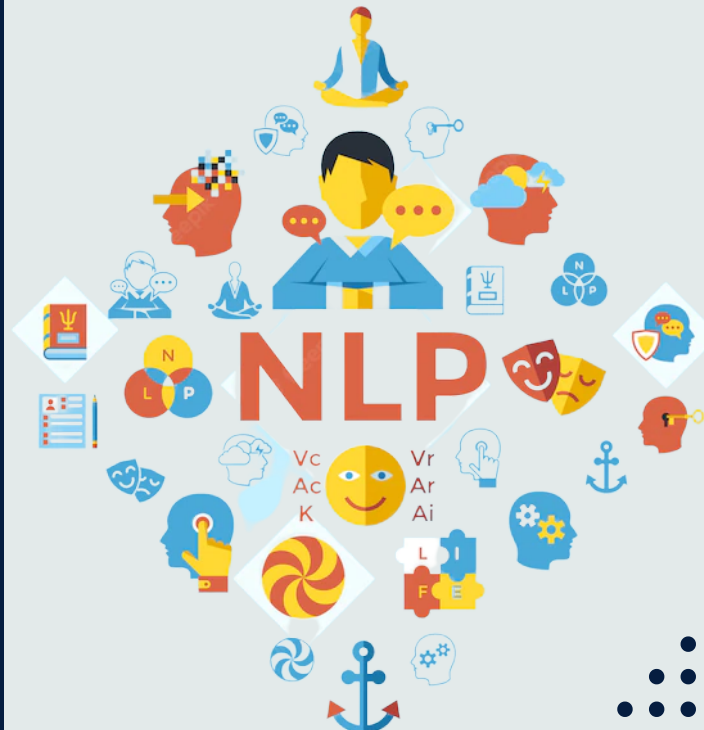
Content :

- **Module 1:** Understanding Human Brain through NLP
- **Module 2:** Belief & Value challenge
- **Module 3:** Happiness Blue print
- **Module 4:** Understanding Team dynamics through language and emotions
- **Module 5:** Cognitive Bias & Logical Rigour

Course

Outcome :

- Understand the capabilities of one's mind for better performance in teams and as individuals.
- Understand the importance of spoken and written words and their context to create a productive environment for self and others.
- Understand communication tools, design and complexities of using them in group work.



Short Term Certification Course in *Neuro Linguistic Programming and Effective Communication for Team Work*



Course Objectives

- To develop a programmed mind for achieving desired state and reduce the pattern of, anxiety, fear, guilt, negative thoughts and emotion
- To develop self-confidence and achieve high self-esteem
- To discover inner self, one's skills and flaws and learn techniques to overcome those flaws.
- Enable participants to perform and contribute towards team management utilizing effective communication.
- Enable participants to develop a receptive mind, listening capabilities so as to nurture professional relationships in workplace for collective and individual productivity and growth.

To accomplish the above objectives participants will be exposed to fundamentals, concepts and different methods of communication, and how it aids in better performance in work place through role plays and classroom exercises and case studies.

Process of Enrolment & Certification

Interested candidates will fill the Enrolment form by downloading the same from the website of ARKA JAIN University and submit the Form to the Course Head. After successful registration, the participants will attend the 30-Hours course, in which 70% attendance will be mandatory. At the end of each Module, the participant will be submitting an Assignment each and at the end of all the modules, there will be an Assessment Paper. In order to qualify for receiving the Certificate, the participant must submit at least 4 Assignments out of 5 and obtain minimum of 70% marks in the Assessment Paper. After successful submission of Assignments and Assessment Paper, the Certificate from ARKA JAIN University, Jharkhand, will be awarded to the participant.

Course Duration

30 Hours

Commencement Date

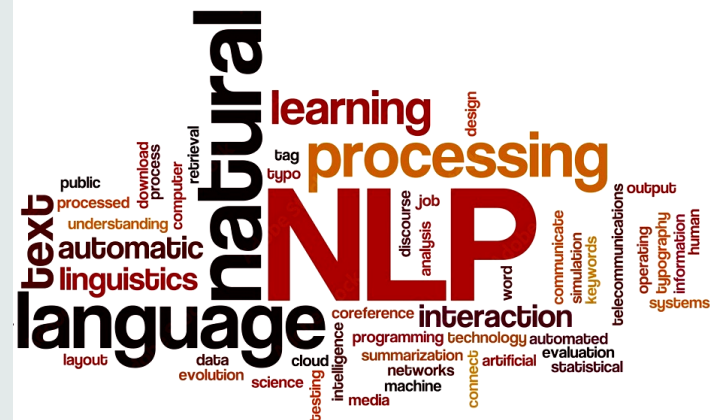
23rd April 2022

Batch No:

First

The Course is intended for?

The programme is for students aspiring to learn and use the technique of self - management through neuro linguistic programming and achieving individual and interpersonal success when working in teams.



Course Developer :

Dr. Urvashi Thakur

Course Facilitators :

Dr. Urvashi Thakur, Mr. Anuj Kumar
& Dr. Suneetha Saggurti

Course Location :

ARKA JAIN University, Jharkhand

Blended Learning

On-Campus & Online Modules

Master classes Experts:

A unique blend of Industry Experts
and Academic Experts

Who can enroll?:

Students of ARKA JAIN University,
Jharkhand

Registration Link

<https://forms.gle/XzYhkFVldwSzMujc8>

