

**Report on Recommending The Right Contact Lens- Webinar Held
on 10.06.2021**

Date of Event	10.06.2021
Name and Type of Event	Recommending The Right Contact Lens- Webinar
Conducted by	Mr Vivekanand, Mr Sarbojeet Goswami, Ms Shreya Chakraborty
No. Of Participants	75

Recommending the Right Contact Lens- Webinar

Dept. of optometry from School of Health & Allied Science, ARKA JAIN University held a very well-coordinated webinar where the speaker was Prof Monica Chaudhry who enlightened the students on the topic, “Recommending the Correct Contact Lens”. She elaborated on various kinds of Contact lens materials available and how to decide upon what kind of contact lenses should be prescribed to an individual Example,

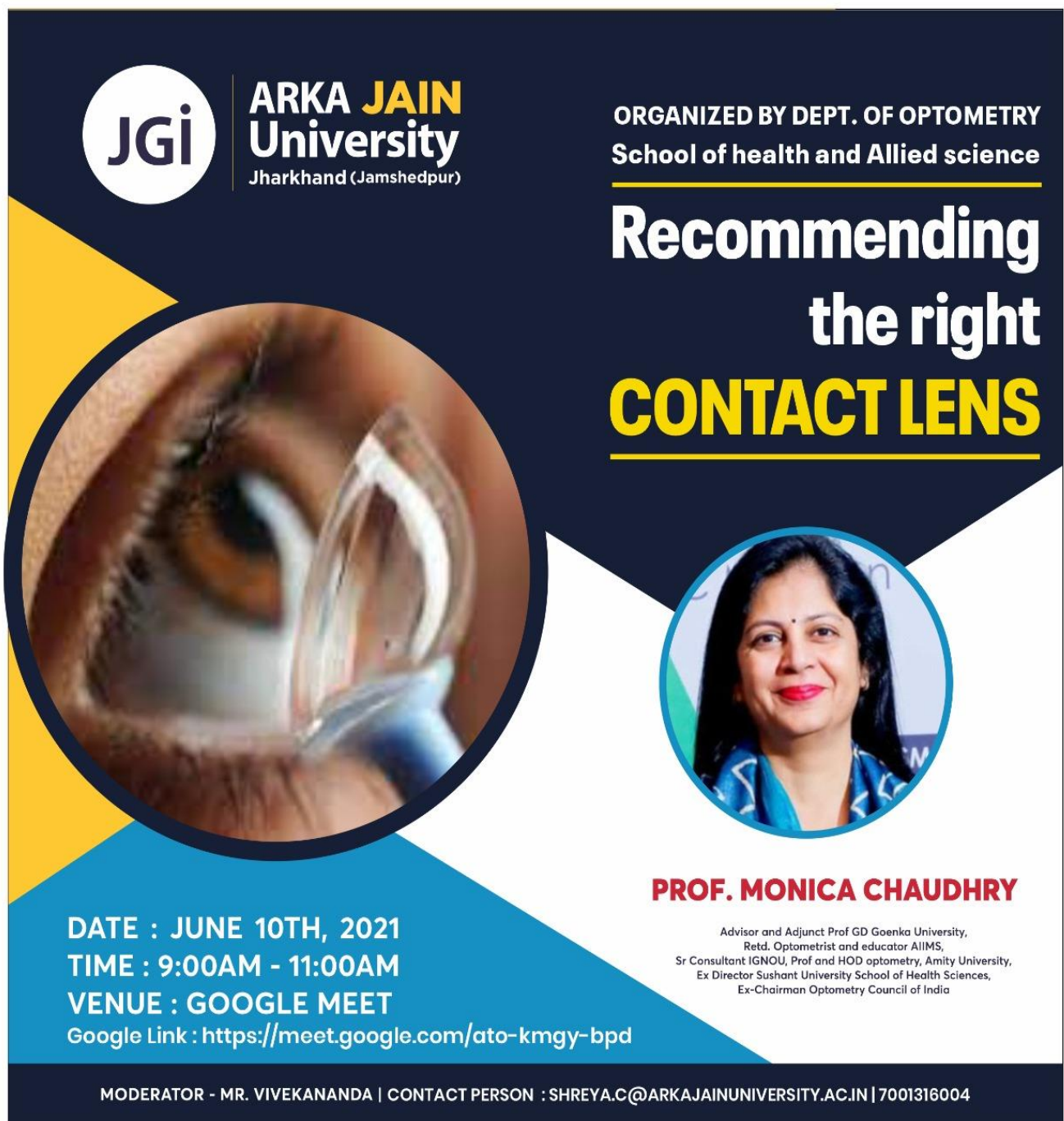
Monovision Contact Lenses: As we age, our eyes can have problems focusing close up a condition called presbyopia. Monovision contact lenses can help manage that.

Toric Contact Lenses: A toric lens is a contact lens that's shaped in a particular way. Standard contact lenses have a spherical surface: think of a slice of the side of a beach ball. A torus, in contrast, is a geometric shape that looks like a donut. A toric lens is shaped like a slice of the side of this donut. The shape of toric contact lenses creates different refractive, or focusing, powers on the vertical and horizontal orientations. The refractive strength increases or decreases gradually as you move around the lens.

Multifocal Contact Lenses: Multifocal contact lenses are contact lenses with multiple prescriptions all in one lens. There is typically a prescription for very close objects: one prescription for normal objects viewed at a distance, and then prescriptions for intermediate distances. This setup helps people with presbyopia correct age-related vision problems where the eye can no longer focus on objects up close.

The webinar gives idea about contact lenses and their fitting assessments like whether it's the result of genetics, the aging process, or some other vision issue, it may require spectacles or contact lenses to see clearly. Short-sightedness (myopia), long-sightedness (hyperopia), astigmatism, and presbyopia are among the most common vision problems. And lastly vote of thanks given by Mr. Vivekanand

Poster of the Event



JGI | **ARKA JAIN University**
Jharkhand (Jamshedpur)

ORGANIZED BY DEPT. OF OPTOMETRY
School of health and Allied science

Recommending the right CONTACT LENS

PROF. MONICA CHAUDHRY
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Retd. Optometrist and educator AIIMS,
Sr Consultant IGNOU, Prof and HOD optometry, Amity University,
Ex Director Sushant University School of Health Sciences,
Ex-Chairman Optometry Council of India

DATE : JUNE 10TH, 2021
TIME : 9:00AM - 11:00AM
VENUE : GOOGLE MEET
Google Link : <https://meet.google.com/ato-kmg-ybpd>

MODERATOR - MR. VIVEKANANDA | CONTACT PERSON : SHREYA.C@ARKAJAINUNIVERSITY.AC.IN | 7001316004

Photograph of the Event

