

Report on Yoga FOR IMMUNITY IN COMMUNITY

Held on 10.11.2020

Date of Event	10.11.2020
Name and Type of Event	Yoga FOR IMMUNITY IN COMMUNITY Non-academic/Academic
Conducted by	School Of Pharmacy
No. Of Participant	63

An online Yoga session successfully organized by the School of Pharmacy, Arka Jain University on the theme Yoga for immunity in community. The yoga program was inaugurated by virtual lamp lighting. Vice Chancellor of the University, Dr. S. S Razi expresses emotion by saying that yoga is a very important task for life and yoga connects the mind and brain.

The keynote speaker of the program was prominently attended by Dr. Rajesh Kumar Manik, Senior Yoga Trainer, Department of AYUSH Department and Kashi Biswanath Barik, Junior Yoga Trainer, AYUSH Department, All India Institute of Medical Sciences, Bhubaneswar, Odisha.

