

NOTICE

Ref. No. AJU/SC/012/2020-21

Date: 23/02/2021

Dear Students,

Like every year, this year also we are organizing RUNBHOOMI from 04th March till 8th March 2021.

Find below the Rule Book of RUNBHOOMI 2021.

Go through it and the interested students need to contact the HOD/Dean immediately to nominate themselves for the Sports/Event latest by 27th February 2021.

NOTE: Everyone should follow the COVID-19 guidelines given by the State and Central Government while in Campus. You all should wear mask and use hand sanitizer regularly in campus.

Best Wishes,

Arvind Pandey Chairman Sports Council ARKA JAIN University, Jharkhand

Annual Sports

of ARKA JAIN University



RUNBHOOMI 2021

Annual Sports

of

ARKA JAIN University

RUNBHOOMI 2021

RULEBOOK

RUNBHOOMI 2021

04thMarch - 08thMarch

COVID Guidelines for the Students

Generic Preventive Measures/COVID-19 Appropriate Behaviour

The following public health measures are to be followed to reduce the risk of COVID-19 by all students in these places at all times:

i. Physical distancing of at least 6 feet to be followed as far as feasible.

ii. Use of face covers/masks to be made mandatory.

iii. Frequent hand washing with soap (for at least 40-60 seconds) even when hands are not visibly dirty. Use of hand sanitizers (for at least 20 seconds) can be done wherever feasible.

iv. Thermal Screening of all the students is mandatory while entering the Campus.

v. Respiratory etiquettes to be strictly followed. This involves strict practice of covering one's mouth and nose while coughing/sneezing with a tissue/handkerchief/flexed elbow and disposing of used tissues properly.

vi. Self-monitoring of health by all and reporting any illness at the earliest.

vii. Spitting is strictly prohibited.

viii. Installation & use of Aarogya Setu App is advised.

ix. To follow the advisories/guidelines/directions issued by the Central/State Government, Ministry of Education and UGC from time to time to prevent the spread of COVID-19.

x. To avoid the risk of transmission, the students are to be screened before entering the campus.

xi. It should be mandatory for all the Students to wear the ID card while their presence in the Campus.

xii. Crowding must be avoided at entry/ exit points.

xiii. Thermal Screening of all the students is mandatory while entering the Campus.

> CONDUCT/GRIEVANCES:

- The decision of the referees/umpires will be final and binding, and no protest will be entertained. Therefore, any team leaving the field of play and opting out from the match as a mark of protest will be deemed to have lost that fixture and will in turn be disqualified from the event.
- The timing of matches should be strictly followed. Teams will be given a grace period of 10 minutes only from the announced time of an event, after which a walk over shall be granted to the opposition, unless genuine reasons are presented by the captain of the team and at least one player of the team is present on time, provided the reasons are accepted by Sports Committee.
- Spectators have to follow spectator & COVID protocols issued by the Central/State Government for each sport. In case of a breach of protocol, the Organizing Committee has the right to ask spectator(s) to vacate the venue.
- Teams and Spectators must not use abusive language to address the opponents or their own team's players. Comments of a personal nature that are degrading by being sexist, racist or being of a socially unacceptable nature will be dealt with severity.
- Any player or spectator found to be : (a) misbehaving with players, match officials, other spectators, working staff, members of the community who may have gathered to watch the event, and/or (b) damaging/damaged the University's infrastructure will be severely dealt with which may amount to, but not limited to, disqualifying the player(s)/team from the event.
- In addition to the points above, misbehavior of any sort with any female players/spectators/staff will be dealt with severity.
- Identity card of concerned student is mandatory for every participant.

> NOMINATIONS:

- In Cricket, three teams can participate from the School of Commerce & Management and School of Engineering & IT. Two teams can participate from other schools.
- In other Sports, TWO teams can participate from every school.

- The registration/nomination for all the sports/events should be done within the time limit given by the Sports Department.
- One student can participation in maximum of TWO Team Events.

> SPORTS

- 1. Cricket
- 2. Volleyball
- 3. Football
- 4. Basketball
- 5. Table Tennis
- 6. Chess
- 7. Athletics 100m
- 8. Athletics 200m
- 9. Athletics 400m
- 10. Athletics 4 x 100m relay race
- 11. Athletics Cross Country
- 12. Athletics Shotput
- 13. Athletics Disc Throw

RULES/GUIDELINESSPORT-WISE

CRICKET (MEN/WOMEN)

- All rules will be as per the ICCT20 guidelines.
- All the matches will be played on a normal cricket pitch.
- It will be a Knock Out Style tournament.
- Each Team will have 11 active players and a maximum of 4 reserve players.
- The playing 11memberswill have to be named before the captains go for the toss.
- Eachinningswillbe12overs in the Knock Out matches, 15 overs in Semi Finals and 20 overs in the Final.
- A bowler can bowl a maximum of 3 overs in Knock Out matches and 4 overs in Semi-Finals and Final.
- There will be a break of 10 minutes between the 2 innings. Each team will be provided 50 minutes in the Knock Out matches, 1 hr 10 minutes in the Semi-Finals and 1 hr 30 minutes in the Final. An addition of one minute for the fall of each wicket as maximum time to finish their Innings.
- All other standard rules of Cricket apply as mentioned on the website of ICC.
 Please refer to the website for more information.
- Standardtwenty20internationalmatchplayingconditionrulesontheICCwebsite.
- The Umpires' decisions will be final and binding.
- Teams are expected to bring their own Cricket kits.
- In case of a tie, Super Over will decide the fate of the match.
- Maximum of 2 bouncer will be allowed per over.
- Matches will be played with <u>TENNIS BALL</u>.
- Teams should have a <u>Uniform DRESS CODE</u>.

VOLLEYBALL (Men/Women)

- Each squad will comprise of a maximum of12players with6 active players on the court at any point of time.
- Bestofthreesetsof21points in Knock Out matches and 25 points in Semi-Finals & Final with last set as decider in all the matches (Incase, both the team win a set each).
- Service change will be counted as a point (continuous point rules apply).
- There will be rotation of the players within the court as per standard volleyball rules.(FORBOTH THECATEGORIES ,men/women)
- Online ball during play as well as during service will be considered right.
- All other standard Volleyball rules apply (Volleyball Federation of India).

FOOTBALL (Men/Women)

- Each team will have 11 active players (10 + 1 goalkeeper) (unless any player is sent off) and a Maximum squad size of 15players.
- Standard 3 substitution is allowed during the course of the match.
- The total duration of the match will be 40 minutes (2 halves of 20 minutes each).
- There will be a break of 5 minutes between the halves.
- In case of a level score after 40 minutes, an additional extra time of 10 minutes (2 halves of 5 minutes) will be given. If the score remains level after extra time the game will go to penalties (5 penalties to each team)
- It will be a Knock Out Style tournament.
- The allowance for the time lost will be at the discretion of the referee.
- The referees' decision will be final and binding.
- Standard FIFA rules apply.

BASKETBALL (Men/Women)

- Each team can have a maximum of 12 players with 5 active players on the court at any point of time.
- Rolling substitutions will be allowed.
- Clock will be stopped when ball is not in play.
- Duration: 4 quarters of 10 minutes each with a 2-minute break between the quarters. There will be a break of 5 minutes after 2 quarters.
 Duration of Girls Match : 4 quarters of 7 minutes each with a 2-minute break between the quarters.
- 5 personal fouls per player will be allowed after which the player will not be allowed to play.
- In each quarter, after 4 team fouls, then onwards every foul will award 2 free shots to the opposite team.
- 1 time-out of 1 minute per team will be allowed per quarter except for the last quarter in which 2 time-outs of 1 minute each per team will be allowed.
- Incaseofscoresbeinglevelattheendof4thquarter,5minutesofextratimewillbe played. (1 time out per team will be allowed in this period). The game shall continue with as many extra periods of 5 minutes as necessary to break the tie.
- StandardSize-7Basketballwillbeused.
- The referees' decisions will be final and binding for all calls including foul calls.
- All other standard international full court Basketball rules apply.

TABLE-TENNIS(Men/Women)

- TheTableTenniscompetitionwillconsistoftwocategories:Men'steamsandWomen'steams.
- If a player is injured, he or she will take no further part in that particular match. However, if deemed fit, the player may take part in the subsequent matches. If a player is not able to play, the team may continue the competition with two players.
- For the men's team event, each team match consists of five matches in the given order and shall end when one team has won a majority of the possible individual matches. Each individual match shall be the best of five games.
- Before the start of the match, the team that won the toss shall choose to be either the ABC team or the XYZ team. The captain shall nominate the players who will play the singles matches. The remaining matches (if necessary) will be set in a way to ensure that each player plays a maximum of two matches according to the following system:

Order	Туре	ABC team	XYZ team
1.	Singles	А	Х
2.	Singles	В	Y
3.	Doubles	Any two Players	
4.	Singles	А	Y
5.	Singles	В	Х

- After choosing ABC or XYZ team, the captain shall nominate players in position A,B,C or X, Y, Z.
- For the women's team events, each team match will consist of three matches, the second match is a doubles match. Each match will be best of three games.

Order	Туре	ABC Team	XYZ Team
1.	Singles	А	Х
2.	Doubles	Any two Players	Any two Players
3.	Singles	В	Y

 The team competition will follow a Group and Knockout (single elimination) format. The teams will be divided into four groups. In each group, every team will play against each of their opponents (in the same group) once. The top teams will qualify for the knock out phase

Disqualification: General principles

The referee shall have the power to disqualify a player from a match, a team match, an event or a competition for seriously unfair or offensive behavior.

If a player is disqualified from 2 matches of the team event, he or she shall be automatically disqualified from that team event.

CHESS (Men/Women)

- A team of 5 members is required which can comprise of both males & females.
- Any numbers of substitutes are allowed.
- All teams would have a fixed board order during all the matches. Captains need to submit a board order before the start of the tournament. The substitute can only be introduced at the last board. In this case the board no. of all players having greater than that of the substituted player will decrease by 1. E.g. If the A,B,C,D are playing at boards 1,2,3,4 respectively and if B is being substituted by E, then the new board order would be A,C,D,E
- Chess Clocks will be used during the matches with 30 minutes' straight finish time settings.
- Players need to press the clock with the same hand with which they moved thepiece.Theopposingteam/playermayasktheopponenttowait5secondsofthisruleis violated
- Touchtomovewillbefollowedstrictly.Theopposingplayercanforcetheopponent to move the same piece that was touched. Once the touched pieced is dropped to a different position then the move cannot be taken back (except for illegal moves).
- Illegal moves are not allowed & the opposing player may ask for time penalty of 20seconds.
- Team will get 1 point for a win, 0.5 point for a draw & 0 point for a loss.
- Rankings will be decided based on the total points.
- Total individual game points would be used to as the first tie-breaker. Head-tohead record will be used as the second tie-breaker. In case the teams are still tied after this, they will be played a tie-breaker blitz round with 5 mins on the clock.
- Playersarealsonotallowedtotalktoanyplayerduringthegame&mustcommunicate through the organizers. Time penalty of at max 10 minutes may be imposed in such cases. Players are advised not to move around to watch other games & focus on their own game.
- In case of any discrepancy (not mentioned in the rules) the organizers may use their judgment to make decisions.

ATHLETICS

- All the Events are Open for All.
- There is no limitation for participation from any School.

Sports Committee RUNBHOOMI -2021 ARKA JAIN University, Jharkhand

ARKA JAIN University, Jharkhand

Runbhoomi 2021

Nomination Form – Team Event

Name of the School	
Sports /Event	
Name of the Captain	
Contact Number	

SI No	Name	Enrollment Number	Course	Contact No.
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				

Team Manager

Dean/Program Coordinator

NOTE:

- 1. Number of Students will vary from Sports to Sports. So, kindly refer the RUNBHOOMI 2021 Rule Book for the Maximum number of students in each sports.
- 2. Team Manager can be only a faculty from the respective School.
- 3. Refer page number 5 to fill up the exact name of the Sports/Event.

ARKA JAIN University, Jharkhand

RUNBHOOMI 2021

Nomination Form – For Individual Event

Name of the School	
Sports /Event	
Name of the School Coordinator	
Contact Number	

SI No	Name	Enrollment Number	Course	Contact No.
1				
2				
3				
4				
5				
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8				
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10				
11				
12				
13				
14				
15				

Team Manager

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- 2. Team Manager can be only a faculty from the respective School.
- 3. Refer page number 5 to fill up the exact name of the Sports/Event.