



STANDARD OPERATING PROCEDURE FOR PHYSICAL REOPENING OF UNIVERSITY STUDENTS

1. General Introduction

COVID 19 has ushered in an era where we have to follow a 'new normal'. As an University we are gearing up to get back to routines and there are guidelines that need to be followed on various fronts.

This is a significant challenge and the reality is that we need to create and adopt a safe working environment and working style within our University.

The hostel and academic premises create opportunities for external visitors with the exchange of documents, materials etc which are a potential source of infection. Therefore, it is important that we are aware of the need to follow certain protocols to ensure a safe & healthy environment.

ARKA JAIN University, Jharkhand is resuming operations of the University under the directions of the Central and State Governments and the statutory agencies like UGC/AICTE etc. The University is adopting a set of Standard Operating Procedures (SoPs) in consonance with the directions/guidelines issued by the Central/State Governments and relevant agencies.

UGC: https://www.ugc.ac.in/pdfnews/6925961_UGC-Letter.pdf

https://www.ugc.ac.in/pdfnews/4613471_Guidelines.pdf

The SOPs for the students, faculty, officers, and staff are subject to change based on an updating on the guidelines issued by Government and relevant agencies.

Student can opt for online classes or face to face mode. Those planning to attend classes in the face to face mode will be required to provide an undertaking as provided in Annexure -I

Basic Guidelines

1. Monitoring body temperature
2. Mandatory to wear mask.
3. Frequent washing of hands with soaps & sanitizers
4. Always maintain physical distancing-6ft minimum
5. Seeking medical help as deemed fit

2. Aim

To orient all employees and students of the ARKA JAIN University, Jharkhand to observe self discipline in adopting COVID responsible behavior at all times and under all circumstances for this new normal scenario.

This SOP outlines the specific precautionary measures to be adopted by all members of AJU. This SOP covers all stakeholders working, studying and visiting the AJU Campus.

It aims at creating ways and measures that would ensure that the work environment is safe & free from COVID 19

Pre-requisite

- Students and staff living in containment zones shall not be allowed to attend the University.
- Students and staff are advised not to visit areas falling within containment zones.
- The staff and students are encouraged to download the 'AarogyaSetu App'. Compliance with social distancing norms is the most effective preventive measure. Hence, every individual within the premises is expected to observe social distancing by maintaining interactive distance with other individuals between 1-2 meters.

The entry/exit path to all buildings would be separated to the possible extent. Wherever a single wide entrance and exits are used, like labs, library etc. students shall follow social distancing norms and show patience towards each other to make the flow uncrowded.

3. Hygiene practices

- Students and staff must understand the importance of wearing a mask.
- They should ensure that there are no gaps on either side of the mask; adjust to fit.
- They should cover their mouth and nose with their upper sleeve or a disposable tissue when they sneeze or cough
- They must dispose the used masks and tissues properly in the designated closed bins only.
- While in use, they must avoid touching the mask & not let the mask hang from the neck.
- Face shield can be used as an additional protection along with a regular mask.
- Face shield covers the forehead, extends below the chin, and wraps around the side of the face.
- The face shield must be positioned over the face and secured on the brow with the head band and must be adjusted to fit comfortably.

- Students are advised to avoid moving around in the campus unnecessarily.
- They must sanitize their hands using liquid soap or sanitizers.
- They should carry good quality personal hand sanitizer and sanitize their hands once in every hour.
- Students may prefer to wear the recommended hand gloves.

4.Social distancing

- All those who enter the campus shall maintain physical distancing strictly.
- In open areas, maintain physical distance by using marked areas throughout the campus as a guide.
- Maintain physical distancing in meetings by marking the positions for attendees.
- All students and staff must sanitize their hands and maintain 2-3 feet physical distance while entering the elevator and while using it.
- It is recommended to use the staircase with appropriate physical distancing, whenever possible.
- 3 feet physical distance should be maintained by the students in the campus during the utilization of library services / canteen services.
- Students, faculty and staff should maintain physical distance while waiting in the queue in canteen, banks & shops
- Maintain physical distance among students while using bus facilities provided by the University, both while boarding and alighting from the buses.
- Maintain minimum 2 meters' distance between the teacher and the first-row students to avoid respiratory droplets while teaching.
- Do not shake hands or exchange physical greetings.
- Limit the number of interactions physically wherever possible.
- Limit the visits to crowded areas.
- Large gatherings or meetings are to be discouraged.
- Stay virtually connected to people through virtual meeting tools, whenever possible.

5. SOP- Standard operating procedure

5.1 Entry/Exit

- Students need to enter through specified, designated gates ONLY. It will ensure better monitoring of entry.
- Four-wheelers of students shall not be allowed to enter the campus. Wearing ID card is MANDATORY.
- All the stakeholders should wear masks without fail while undergoing thermal screening.
- If the temperature of any person visiting the campus exceeds 98.5°F without other symptoms, he or she should be isolated from the other stakeholders and should be taken to an isolation room at an approved location, until reassessment occurs.
- For ease of screening and reducing the number of defaulters, a designated common entry points is planned
- Scanner's reading resulting in equal to or less than 37°C or 98.6°F is considered within the normal range of body temperature and the person is allowed access to the work location.
- If a person's temperature is equal to or in excess of 37°C or 98.6°F and/or any flu-like symptoms (cough, running nose, breathing difficulties), the designated screener must follow the procedure and the person will not be allowed to enter the location to commence work
- If the temperature persists, the person must return home and remain isolated and then, if normal can return to work with approval from an authorized doctor and head of the University.
- In case of a positive tested person being a visitor or a service provider, access to work location is denied and needs approval from the site management team for further engagement

5.2 Classrooms

- Wearing of Mask is mandatory for every individual including all the students, faculty, and other stakeholders during their stay in the campus.
- Students should strictly follow and maintain a reasonable physical distance of from one another to avoid the spread of virus from the affected person if any.
- The class strength will be within the stipulated number with enough distance between students for more safety.
- Faculty should stay in one place in the classroom while lecturing and should avoid moving around.
- Students should be instructed to use their own stationery to avoid transmission of the virus through surface contact.

- Students should be instructed to avoid frequent contact with objects like door handles, switches etc. in the classrooms.
- Students and faculty are to be advised to carry their own water bottles
- Sharing of food or snacks among the students should be avoided.
- Students must not gather in groups in the corridors and other open areas to avoid possible transmission of the virus from any undetermined personnel.
- With the help of a handheld thermometer, a temperature check shall be done randomly to the students in the classrooms and laboratories to check their health status.
- Virtual meetings and seminars should be encouraged to avoid gatherings in meeting halls, seminar halls and auditoriums.
- Before starting of every meeting thermal screening should be done on all the participants, visitors and resource persons.
- Identify and isolate symptomatic students, faculty and staff during their stay in the University. Plan to have a room or area that can be used to isolate symptomatic staff members or students.
- It is advisable to maintain a cross ventilation of air.

5.3 Labs

- Lab sessions will be redistributed to have smaller groups to maintain better social distance.
- Faculty, staff, students and technicians must wear masks before entering the laboratory.
- Stakeholders in the laboratory must cover their mouth and nose with their upper sleeve or a disposable tissue when they sneeze or cough and dispose the used masks and tissues properly in the specified closed bin.
- Use of protective face shields and hand gloves are recommended in laboratories and workshops for more safety and prevention of infection.
- It is required to maintain a minimum 2mts physical distance among all users of the laboratory while performing experiments and using computers.
- It is advisable to allow only basic minimum strength so as to maintain the physical distance
- If a user while in the laboratory develops symptoms such as fever and cough, he/she shall be placed temporarily in the isolation unit of the University.
- All users must go through a thermal scanner before entering the laboratory.

- Do not touch hotspots such as electrical switches, equipment, power sockets, and bench set-up with bare hands.
- Use gloves wherever necessary and whenever possible.
- Take appropriate measures while using chairs, computers, keyboards, mouse, and teaching aids.
- Personal hygiene is mandatory, and stakeholders must carry their own masks, gloves, and sanitizers.
- Laboratory supporting staff have to ensure that students follow the guidelines properly.
- Students are required to occupy places as allotted by the Lab in-charge I Lab technician and follow the seating arrangement chart displayed in the laboratory.
- Any discrepancy by students in following general and lab- specific guidelines will be viewed seriously.
- Well-sanitized personal laptops only to be allowed for usage by students.
- All students should sanitize their hands and bags before entering into labs.
- To ensure proper conduct of procedure for an experiment, maintenance of digital documentation, equipment conditioning & maintenance and checking of lab - specific stock shall be followed.
- Cleanliness, hygiene, periodic sanitization of the lab equipment and objects as per guidelines received from the concerned authority to be followed.
- Smooth functioning of lab, follow up of general and lab specific guidelines, safety and cleanliness follow up by assigned cadre personnel shall be done.

5.4 Library

- An individual will be permitted for a specified time only at the library during working hours. This will ensure that more students can be accommodated so that social distancing can be maintained.
- Sanitization of hands is mandatory for all students, staff, and visitors at the entry point of the library.
- Mask and Gloves are mandatory for all the library users.
- ID card is mandatory for everyone who enters the library.
- Restricted services will be provided in the issue & return of books.
- The library users are advised to maintain the physical distancing guidelines (2mts) and safety guidelines set by the Institution/ Govt.
- Limited persons shall be allowed at a time to choose and borrow books.
- Group discussion and group study are not permitted
- All users should carry their own pens (if required).
- Material that is used / referred inside the library may be kept in quarantine for some time.
- Wherever possible the students advised make use of the electronic resources subscribed by the library at your premises.

5.5 Corridor

- All staff, students and visitors must wear masks at all times when they are on the campus.
- All students and staff must download the AarogyaSetu app and must self-assess themselves every day.
- Students and staff must maintain a physical distancing of a minimum of 2m while moving in corridors and staircases.
- Users must try not to face any other user inside an elevator and the number of users boarding an elevator must be restricted based on its size.
- All staff, students and visitors are suggested not to touch any railings wherever possible and have to carry their own sanitizers for use when needed.
- In case any staff or student tests positive, he/she must be kept in isolation as per the government norms. He/she shall not be allowed to work until certified negative. People in contact with the infected person need to be in self quarantine for 14 days.
- All staff, students and visitors must go through thermal screening before joining their duties for the day.

- All staff, students and visitors must sanitize their hands before using the facilities.
- Students and visitors should follow the Elevator etiquette while using it.
- All users should sanitize their hands before & after using the washrooms, and leave the washrooms clean
- Users should follow the queue during the lunch break maintaining a physical distance of 2 m distance to each other.
- Students should avoid crowding & chatting with friends

5.6 Canteen & shops

- As far as possible avoid eating outside food. In case of necessity, follow protocols.
- Maintain social distance, stand in a queue
- As far as possible, make use of electronic payment methods.
- Stand in a designated place, earmarked with distances.
- Use sanitizer that you carry.
- Never remove your mask
- Avoid crowding around shops.
- Avoid eating in a crowded place, carry eatables to your rooms if you are a hostel student.
- All regular users should follow the staggering time while using the canteen.

5.7 Playground & Indoor stadium

- Mask is mandatory for all the people working in the playground and open areas.
- People working in the open areas should ensure to maintain physical distancing as per norms.
- Sporting activities in the playgrounds will be resumed in a phased manner with an initial phase of small groups consisting of 5-10 persons and those performing activities in a non contact manner shall maintain the physical distance.
- Every person entering the playground / open areas shall be screened before being allowed access to the common field - of - play / training facilities.
- Hand-Hygiene facilities shall be made available adjacent to the field for use as and when necessary.
- Personal training equipment carried by a player shall be disinfected before putting into use.
- Large meetings /gatherings in the open areas are prohibited.

- The people playing in the ground should boost their immunity by following healthy food, habits. They should exercise regularly to maintain fitness and to develop resistance against the virus.
- Sharing of accessories between the players should not be allowed.
- If any player is unwell during the playtime, he or she should be taken to the isolation centre and necessary treatment should be provided by the health centre.
- Indoor sports will be allowed with physical distancing and sanitation measures.
- In case of sports like badminton, tennis etc., users must bring their own racquets, corks, etc to avoid transmission of the virus.

5.8 Clubs & Societies

- In order to minimize contact and proximity risk, all the students, faculty and staff are advised to carry their own gloves and water bottles to the recreational facilities.
- As far as possible, all users are suggested to use virtual platforms for meetings, discussions, and any other coordination-based activities.
- All the users of the recreational facilities must wear masks.
- Users must wear gloves wherever needed while using the equipment in the recreational facilities.
- The users must at all times maintain an adequate physical distancing of not less than 2m while using the sports facilities.
- All users should carry their own sanitizers and disinfectants to sanitize the equipment if the need arises, to maintain cleanliness and hygiene.
- All the users should ensure that the area occupied by them while using the equipment is left clean.
- Users must opt for activities with minimum physical proximity.
- In case of club activities at the Student Affairs office, prior permissions must be taken from the concerned faculty in-charge to avoid crowd gatherings. The security personnel can conduct regular inspections if needed.
- Token systems or reservations can be introduced wherever possible to avoid public gatherings in or near all recreational facilities.
- Disinfectant wipes may be provided to users who wish to use the equipment in the recreational facilities and must be encouraged to sanitize the area after their use.
- All equipment must be disinfected by the staff immediately after use.

- The maximum capacity of the recreational facilities will be decided based on the area available and physical distances permitted. Users beyond the capacity should not be entertained.
- Every user must take the minimum possible time inside the recreational facilities.
- Technical meetings by clubs shall be done through online mode, as far as possible.
- If required a small number of students may meet following protocols strictly.

5.9 Transport

- Sanitization of Universities transportation on regular basis at least twice a day - once before students board the bus and once after.
- Universities drivers and conductors should maintain physical distance at all times and ensure physical social distancing among students in the bus/cab.
- Physical distance should be maintained during seating. Staggering of Universities timings/days/shifts may be essential for ensuring this. Wherever possible, more buses may be arranged.
- All commuters to wear face cover/masks in the bus/cab. Universities transport should not permit students without masks to board buses.
- No curtains on windows in the bus.
- Preferably keep all windows open.
- Students may be oriented not to touch surfaces unnecessarily. If possible, hand sanitizer may be kept in the bus
- Students may be advised to patiently wait for their turn to board or alight from the vehicle keeping a safe distance.
- Students commuting through public transport should be adequately guided by Universities to take all precautions such as - physical/social distancing, covering nose and mouth with up masks, sanitizing hands when touching any surface etc