# ARKA JAIN UNIVERSITY

# INDUCTION PROGRAM REPORT 2019 5<sup>TH</sup> AUGUST – 8<sup>TH</sup> AUGUST, 2019

SCHOOL OF HUMANITIES | B.Sc. BIOTECHNOLOGY | B. OPTOMETRY

COMPILED BY USHA KIRAN BARLA ASSISTANT PROFESSOR





#### **Arka Jain University**

### 4 Day Induction Program for the Batch 2019-2022

5<sup>th</sup> - 8<sup>th</sup> August, 2019

School of Humanities - BA English, BA Economics, BA Fashion Design, BA Journalism and Mass Communication, School of Health and Allied Science - B.Sc. Biotechnology, B.

Optometry.

Induction day is where the students get the first feel of the college, which will be their home for the coming years. It is in the hands of the team managing the induction day to generate a certain picture of the college in the minds of the new students on this day.

The new session started with the 4-day "Pahel" orientation program. The aim of the orientation program was to familiarize the students with the campus and prep them up before the commencement of the regular classes. Prof. Dr. S. S. Razi, Vice Chancellor of Arka Jain University addressed the students with his motivational speech. The students were exposed to the different aspects of the university by an elaborate presentation "Glimpse of the University". The presentation

was designed so as to help the students be at ease with the new life that they would be spending at the university. They were guided with the **Rules and Regulations** of the University. We also briefly introduced every department - their respective heads and faculties along with few interesting visuals of what each department represented. Towards the end of Day 1, various documentation work – issue of IDs, registrations were done by the administration team.

From Day 2 onwards we conducted a mix of activities which created a well balance of learning and fun in an engaging and interactive manner. Through "Jugaad Workshop", "Story Telling", "Therapeutic Yoga", "Art of Living", "Cross Introduction", "Movie



**Screening - The Man Who Knew Infinity"** and other creative activities, the students learnt various life skills. The induction program was very enriching in terms of content as well as diversity. In addition to the talks, there were games like **"Every Drop Counts"** which instilled the idea of teamwork in the students.

The event was organized by the Fashion Design Department in collaboration with the other departments.

Day 1 - PEHAL 2019 - 5th August, Monday

Day 1		
Time	Event	Faculty / Guest
8:00 AM - 9:00 AM	Registration	Anup Kr. Singh
		Santosh Kumar Singh
		Usha Kiran Barla
9:00 AM - 10:00 AM	Glimpse of the University	Usha Kiran Barla   Faculty
		Introduction by respective PCs
		and team
10:00 AM - 11:00 AM	Documentation	Administration Team
11:30:00 AM - 12:00 PM	Cross Introduction	Anup Kumar Singh
		Usha Kiran Barla

The Day 1 of Pehal started off with the process of Registration. The students were also handed over a "Welcome kit – Agenda of the Event, Event poster, stationary and a confectionary". 70 students had registered for the Induction program.

The day 1 event was at the University auditorium. The program was initiated with a Welcome Note and Prof. Dr. S. S. Ravi, Vice Chancellor, Arka Jain University graced the occasion with his presence. He addressed the students with his motivational speech and the students were introduced to the University by the presentation – Glimpse of the University.

Various topics were discussed briefly to familiarize the new students to the campus and the rules and regulations as well. The various topics were – Dignitaries at AJU, Different schools and courses, Campus Infrastructure, Rules and Regulations and Examinations. Apart from these, the students were introduced to various clubs and cells within the University – NSS and Rotaract, Toastmaster club, English – Literary Club, IT Club, and Women's Cell.

Students were given a peak into the various events at AJU through still images - AARAMBH COMMENCEMENT DAY, FRESHERS – CAMPUS WELCOME FOR THE 1ST YEAR STUDENTS, ROSHNI – DIWALI CELEBRATIONS, NAVOOTSAV – CULTURAL FEST, AAGAAZ – UNIVERSITY FEST, TECHNIKA – TECHNICAL FEST, RUNBHOOMI – SPORTS WEEK.

Post this, the respective Program Co-ordinators of different departments - School of Humanities - BA English, BA Economics, BA Fashion Design, BA Journalism and Mass Communication, School of Health and Allied Science - Bsc. Biotechnology, B. Optometry introduced themselves and their teams.

The administration team then took over the documentation process where they verified the documents and issued various IDs.

For the next day event – the students were introduced to "Cross Introduction" where they would be introducing not themselves but a peer. They were given the task to interact with each other especially interdepartmentally and prepared for the next day!



Event Standee at the Entrance



Day 1 – Registrations

Day 2 - PEHAL 2019, 6th August, Tuesday

Day 2				
Time	Event	Faculty / Guest		
8:00 AM - 9:30 AM	Cross Introduction	Anup Kumar Singh		
		Usha Kiran Barla		
		Santosh Kumar Singh		
		Dr. Manoj Pathak		
		Dr. Santosh Singh		
		Saheli Bhoumik		
9:30 AM - 10:00 AM	Jugaad - Tool of Opportunities	Usha Kiran Barla		
10:00 AM - 10:30 AM	BREAK			
10:30 AM - 11:30 AM	Workshop on Jugaad	Anup Kumar Singh		
		Usha Kiran Barla		
		Saheli Bhowmik		
		Santanu Ray		
11:30 AM - 12:00 PM	Art of Living Session	Phani Samhith IIT Dhanbad		
		co-ordinated by Anup Kumar		
		Singh		

We began Day 2 – Pehal with cross introduction of the students. Though the students were hesitant and shy at the beginning, they soon started to enjoy. It was an interesting and a fun way to be introduced to each other. Since it was also an interdepartmental interaction, it would further benefit then while their tenure at the University.

Jugaad – A tool of Opportunities was an interactive session taken by Ms. Usha Kiran Barla, Assistant Professor, BA Fashion Design Department. It was an interactive session on how we improvise things and daily objects in our lives. Through various visuals an idea was put forth in front of the students that – nothing is impossible but if there is a will to make things work out, you can, and that is the essence of Jugaad – improvising. It is a trait that especially Indians have in their blood. This session was to be followed by an interesting workshop. The workshop focussed on - team work, improvisation and creative learning. The students in groups had to create a 2 ft. tall tower using newspaper and stationary items - fevicol, rubber band etc. and suspend AJU logo on top in a group of 5. The winning team would also win movie tickets from BookMyShow which was an added incentive for the students.

The day ended with a meditation session by Art of Living foundation and hosted by Phani Samhith, IIT Dhanbad. After a long energetic day, the meditation session sure relaxed the mind, body and soul to be ready for Day 3.



**Cross Introduction** 



Jugaad workshop

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Day 3 - PEHAL 2019, 7th August, Wednesday

Day 3		
Time	Event	Faculty / Guest
8:00 AM - 10:00 AM	Team Building Game - Every	Anup Kumar Singh
	Drop Counts	Usha Kiran Barla
		Dr. Rupa Sarkar
		Dr. Santosh Singh
		Santanu Ray
		Shyam Kumar
10:00 AM - 12:00 PM	TheStoryMunch - Story Telling	presented by Ms. Richa Sinha
	Workshop	from TheStoryMunch
		Anup Kumar Singh
		Usha Kiran Barla
		Dr. Rupa Sarkar

We started the day with some games that would energize the students. The main focus of these games were team building and group work. It would create bonding between the students and also a learning on how to work as a team.

Every drop counts – Various teams were created and two buckets were given to each team. The team had to fill water in 1 bucket, keep at the start point, and stand in a queue, the first person would pick the water in his palms and pass on to the next, the last person drops the water in the empty bucket. The team with max water content wins. This game surely was full of great enthusiasm and excitement.

The second event was about storytelling hosted by Ms. Richa Sinha of TheStoryMuch, a story telling start-up of Jamshedpur. It was and Interactive and immersive session where the students experienced the power of stories and learned to use them as a new currency of the world. The workshop comprised of not just presentations but also small interactive games and freebies.



Fun filled – Every Drop Counts



The Story Munch Session

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Day 4 - PEHAL 2019, 8th August, Thursday

Day 4		
Time	Event	Faculty / Guest
8:00 AM - 9:00 AM	Start the Day with Yoga	Nandamudi Kamal Kumar
9:30 AM - 12:00 PM	The Man Who Knew Infinity -	Anup Kumar Singh Usha Kiran
	Movie Screening and	Barla Dr. Rupa Sarkar Santosh
	Appreciation	Kumar Singh

## "Yoga is the journey of the self, through the self, to the self." -- The Bhagavad Gita

As rightly quoted in our one of our religious texts, Yoga is more than just a form of exercise. Day 4 – Pehal started with Yoga as we wanted the students to understand the discipline and the importance of power of mind. The session was conducted by Therapeutic Yoga Instructor, Jamshedpur - Nandamudi Kamal Kumar. It was a session where not just the students but faculties were also a part.

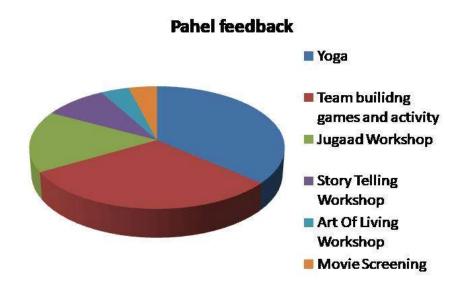
The last phase of the event was to mentally make the students ready for the educational journey ahead. Hence a special movie screening was done to motivate them. The movie screened was - The Man Who Knew Infinity, Story on the great mathematician - Ramanujan to inspire the youth. The movie was followed by Movie appreciation to discuss the different learnings.





We concluded PEHAL - 2019 by taking the feedback from the students and our Best wishes for their LIFE at Arka Jain University.





**MOST LIKED WORKSHOPS – FEEDBACK BY THE STUDENTS** 

#### **ACKNOWLEDGEMENT**

I wish to express our deep sense of gratitude to ...

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- Director Mr. Amit Kumar Shrivastav
- Chief Financial Officer Mrs. Richa Garg
- Registrar Mr. Jasbir Dhanjal
- Controller Of Examination Mr. Angad Tiwary
- Dean Health and Allied Sciences
- Program Coordinators of School of Humanities, Biotechnology, and B. Optometry
- All faculty members of School of Humanities, Biotechnology, and B. Optometry
- Pehal Core Team
- All Non-Teaching Staff of School of Humanities, Biotechnology, and B. Optometry
- IT and Facilities Team
- Administration Department
- Team of Students

**Usha Kiran Barla** 

**Assistant Professor** 

**BA Fashion Design** 

School of Humanities

